

# focus

CITY OF CLEVELAND HEIGHTS

A PUBLICATION OF CITY NEWS AND PARKS & RECREATION



 **2020**  
ISSUE #1

JOIN US FOR THE ANNUAL  
SPRING EGG HUNT ON APRIL 4!

# 2020

## Your Current Elected Officials

### Cleveland Heights City Council

#### **Jason S. Stein, Mayor**

3510 Severn Road  
440-253-9613  
mayorstein@clvhts.com

#### **Kahlil Seren, Vice Mayor**

2352 Demington Drive  
216-307-7090  
kseren@clvhts.com

#### **Mary Dunbar**

2880 Fairfax Road  
216-691-7135  
mdunbar@clvhts.com

#### **Melody Joy Hart**

2976 Monmouth Road  
216-202-4396  
mhart@clvhts.com

#### **David Russell**

3691 Fenley Road  
216-333-3137  
drussell@clvhts.com

#### **Michael N. Ungar**

2596 Fairmount Boulevard  
216-291-3737  
mungar@clvhts.com

#### **Melissa Yasinow**

2964 Washington Blvd.  
216-395-4629  
myasinow@clvhts.com

### Municipal Court

#### **Judge J.J. Costello**

40 Severance Circle  
216-291-4901  
judge@clvhts.com

### Cuyahoga County Council District 10

#### **Cheryl Stephens**

2079 East 9th Street, 8th Floor  
Cleveland, OH 44115  
216-698-2022 (Office)  
clstephens@cuyahogacounty.us

### State Representative, 9th District

#### **Janine R. Boyd**

77 S. High Street, 10th Floor  
Columbus, OH 43215  
614-644-5079 (Office)  
district109@ohr.state.oh.us

### State Senator 21st District:

#### **Senator Sandra Williams**

Senate Building  
1 Capital Square, Ground Floor  
Columbus, OH 43215  
614-466-4857  
williams@ohiosenate.gov

### U.S. House of Representatives, 11th Congressional District

#### **Honorable Marcia Fudge**

2344 Rayburn House Office Building  
Washington, D.C. 20515  
202-225-7032

*Local:* 4834 Richmond Road, Suite 150  
Warrensville Heights, OH 44128  
216-522-4900

### U.S. Senator of Ohio,

#### **Sherrod Brown**

503 Hart Senate Office Bldg.  
Washington, D.C. 20510  
202-224-2315

*Local:* 801 West Superior Ave, Suite 1400  
Cleveland, OH 44113  
216-522-7272

### U.S. Senator of Ohio,

#### **Rob Portman**

448 Russell Senate Office Building  
Washington, D.C. 20510  
202-224-3353

*Local:* 1240 East 9th Street, Room 3061  
Cleveland, OH 44199  
216-522-7095

# CONTENTS

*We regret any omissions  
in the publication.  
Please contact  
publicrelations@clvhts.com.*

## CITY NEWS

City News	4
Census 2020	6
Block Parties	7
At Your Service	8
The Early Years	11
We Are Proud	12
Our Schools	14
At The Library	16
Home to the Arts	18
Around Town	20
Business	23
Historic Heights	24
Dates To Remember	25

## CAIN PARK

2020 Season Preview	26
Friends of Cain Park	27

## COMMUNITY CENTER

Registration Information	28
Payment Options	29
Department Policies	29
Parks & Facilities Map	29
Room Rentals	30
Shelter & Field Reservations	30

## FITNESS CENTER

Passes / Rates / Hours	31
Personal Training	32
Fitness Special Offer	33

## AQUATICS/POOL

Indoor Pool	34
Cumberland Pool	35
Special Programs	36

## ICE RINKS

Schedule & Fees	37
Learn-to-Skate	38
Hockey	39

## PRESCHOOL PROGRAMS

Special Interests & Programs	40
Sports	41

## YOUTH PROGRAMS

Special Interest	41
Summer Camps	42
Sports	42

## ADULT PROGRAMS

Walking & Running	44
Special Interest	44
Sports	46

## SENIOR CENTER PROGRAMS

Art & Exercise	47
Language & Music	48
Special Interest	49
Sports	50

# CITYNEWS

## Special Congratulations to

- **Home Repair Resource Center**, celebrating their 50th anniversary of providing an array of programs and services for residents in the Noble Monticello Business District and the 20th Annual Home Remodeling Fair on April 25;
- **Appletree Books**, an independent bookstore in the Cedar Fairmount neighborhood, celebrating its 45th anniversary;
- **The Stone Oven Bakery & Café**, celebrating its 25th year in the Cedar Lee Business District;
- **Heights Arts**, celebrating 20 years of inspiring all ages to engage in the arts and supporting local artists in the Cedar Lee Business District;
- **Reflections Interior Design**, celebrating its 10th anniversary in the Cedar Fairmount Business District;
- Heights High alum **Travis Kelce** and his Kansas City Chiefs for winning Super Bowl LIV! He joins brother Jason and the Philadelphia Eagles, who won Super Bowl LII.

## Memorial Day Ceremony Monday, May 25 – 10:30am



The Annual Cleveland Heights Memorial Day Ceremony will take place at the Veterans Memorial in Cumberland Park (on Mayfield Road, across from the Community Center). As always, veterans are our special guests and will be recognized. Veterans groups, street clubs, Boy Scouts, Girl Scouts, youth sports teams and other community organizations are encouraged to take part. Call 216-291-2323 for more information.



## 7<sup>th</sup> Annual Safety Forces Night Out

The Seventh Annual Safety Forces Night Out with our Police & Fire departments will take place on Tuesday, August 4 from 6:00 to 9:00pm. It is held in conjunction with the Police National Night Out, which is designed to strengthen relationships in neighborhoods and raise crime prevention awareness. Participants will be able to meet the police, get a close-up view of police vehicles and learn how to protect themselves and their property from crime. Fire personnel will have fire trucks and ambulances on site. Children will learn about bike safety and maintenance; register their bikes; hear about gun safety; and have their fingerprints taken. The K-9 Unit will be in attendance: the dogs are trained to detect drugs, do building searches, and track for suspects or lost children and adults. There will also be demonstrations by the Police Swat Team and the Bomb Squad Robot.

## access Cleveland Heights



Your Connection to City Hall – the Cleveland Heights Mobile App!

- Free and easy to use 24/7!
- Submit and track service requests, such as potholes, tall grass, graffiti, etc.
- Include a photo of the issue if you wish!
- You'll be notified when it's completed.

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## CITY NEWS UPDATES

*We Are Your Home*  
**City of Cleveland Heights**

Keep up to date on what is happening with the City's bi-weekly newsletter!

Sign up by visiting [www.clevelandheights.com](http://www.clevelandheights.com)

You can also sign up for info on Parks & Recreation and even job announcements



Like us on Facebook  
Follow us on Twitter  
Watch us on YouTube



## Meet Your Police

Meet the Police is held every Thursday evening 6:00 to 8:00pm, the first Thursday of the month at the Police Academy (2595 Noble Road) and on subsequent Thursdays on the lower level of City Hall (40 Severance Circle). This forum is designed to provide direct contact opportunities with a ranking member of the department. Residents may come with specific issues, neighborhood concerns or just to interact with an officer. Scout groups are also welcome to attend.

## If You See Something, Say Something!

Chief of Police Annette Mecklenburg reminds residents to be alert for any unusual activities. Call the police at **216-321-1234**; they want to hear from you no matter how minor or insignificant you may think a situation is. Trust your gut instincts and report any suspicious activity. Tip Line # **216-291-5010**. In case of an emergency, of course call 9-1-1.

## And please don't forget to remove valuables from your car and lock it before leaving it!

Community Safety Tips are posted on [www.clevelandheights.com/safetytips](http://www.clevelandheights.com/safetytips) and are also available in the Community Relations office at City Hall.

For any questions or concerns, you can directly access Chief Mecklenburg at **216-291-4974** or [chief@clvhts.com](mailto:chief@clvhts.com).



## Local Heroism

State Fire Marshall Jeff Hussey presented Officer Joshua Robertson with an award for heroism on January 15, 2020 for saving a child's life last year. On July 6, 2019, Officer Robertson responded to an active house fire on Greyton Road. Upon arriving, Officer Robertson learned that a six-year-old boy was still inside the home. Without hesitation he crawled inside the residence, located the child and pulled him to safety. After receiving medical treatment, the child made a full recovery. Officer Robertson's quick and courageous actions were nothing short of heroic. The child is alive today because of Officer Robertson.

## Away-From-Home Form

The Cleveland Heights Police Department can keep an eye out on your residence while you are away from home for a short period of time.

Just go to [www.clevelandheights.com/away-from-home](http://www.clevelandheights.com/away-from-home), fill out the form and submit it online. Or you can download the form and email it to [oic@clvhts.com](mailto:oic@clvhts.com).

With the submission of this form, the Cleveland Heights Police Department will conduct periodic security checks for those residents who have no one staying or checking on their home. This form is solely for occupied homes that will be unoccupied for a short time due to vacation or work travel.

# PASSPORT Parking App



**USE YOUR SMARTPHONE  
TO PAY FOR PARKING**

Download the PassportParking app now !

## Overnight Parking Request

Residents can request overnight parking online by going to [www.frontlinepss.com/chpd](http://www.frontlinepss.com/chpd). Permission to park on the street is only for the 3:00-6:00am restriction. This does not include permission to park in municipal lots, private property, prohibited zones, rush hour lanes, parking meters or for any other restriction by posted signs. Rush hour lanes are strictly enforced. No overnight parking permission is granted on Hampshire Road from Coventry Road west to Hampshire Lane. There is a maximum of nine requests per month, and a restriction of 36 requests per year. Any driveway repair longer than 3 days requires contacting the police department directly at **216-291-4619**. Requests must be submitted before 3:00am to obtain permission.

## 2020 Census

A new school to ease overcrowded classrooms. A new road to ease overcrowded commutes. There are many ways the 2020 Census can shape our community. The results, collected once a decade, help determine how billions of dollars in federal funding flow into states and communities each year.

**What is the census?** Every 10 years, everyone living in the United States is asked to complete a simple but very important constitutional task: respond to the census. The 2020 Census

is a questionnaire that asks a few basic questions, like the age, sex and number of people who live or stay in your home, including young children and newborn babies. This decennial census starts in March of 2020 and responding is easy, safe, and important. The census is a count of every person who lives in the United States and its territories. It happens every 10 years. In early 2020, you will be asked to count everyone who lives in your home as of April 1. Responding to the 2020 Census is a chance to shape your future.

**What's in it for me?** Your responses inform where over \$675 billion is distributed each year to communities nationwide for clinics, schools, roads, and more. Census data gives community leaders vital information to make decisions about building community centers, opening businesses, and planning for the future. Responding also fulfills your civic duty because it's mandated by the U.S. Constitution. The United States has counted its population every 10 years since 1790. Your responses are used to redraw legislative districts and determine the number of seats your state has in the U.S. House of Representatives.

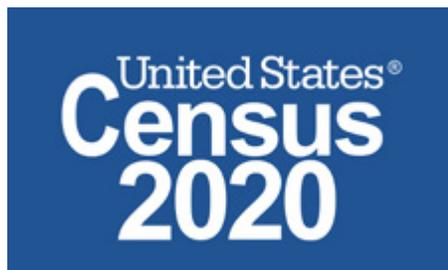
**Is my information safe?** Your responses to the 2020 Census are safe, secure, and protected by federal law. Your answers can only be used to produce statistics. They cannot be used against you by any government agency or court in any way—not by the FBI, not by the CIA, not by the DHS, and not by ICE.

**When can I respond to the census?** In early 2020, every household in America will receive a notice to complete the census online, by phone, or by mail. April 1 is Census Day 2020. In May, the U.S. Census Bureau will begin following up in person with households that have yet to respond.

**What will I be asked?** You will be asked a few simple questions, like age, sex, and the number of people who live in your home, including children. What won't be asked? The census will never ask for Social Security numbers, bank or credit card numbers, money or donations, or anything related to political parties.

**Why is counting young children important?** Newborn babies and young children under five are often missed in the census. The 2020 Census helps determine which areas qualify for the critical resources that children and families depend on for the next 10 years—basically, an entire childhood! Examples of resources that could be impacted include food assistance, Head Start, childcare, housing support, public schools, early intervention services for children with special needs, children's health insurance, and more. Knowing how many children there are and where they live is essential to getting those services and programs to them. That's why it's so important that every child be counted, even newborn babies.

For more information, visit [2020CENSUS.GOV](http://2020CENSUS.GOV).



There are places where neighbors barely know each other.

But sometimes you find an oasis. Where the people of a community are connected because of their diversity. Where different cultures, ideas, and architecture inspire us every day.

This is Cleveland Heights. And you're invited to join us.

[www.clevelandheights.com](http://www.clevelandheights.com)



### Plan a Block Party

Summer is a great time to plan a block party for your street! Having a block party, whether it is highly organized or very casual, is a wonderful way to meet new neighbors and renew old friendships. The City will provide street barricades and a volleyball and net for use at your block party. We'll print your flyers and street newsletters free of charge. To reserve your barricades or get ideas for your block party or special street event, call **Community Relations at 216-291-2323**. Please note: streets are never blocked for single household, private parties. (i.e. birthdays, graduations, etc.)

### Help With Home Repairs

Spring is just on the horizon and the City's Housing Preservation Office may have the program that you're looking for to help with those home improvements & repairs!

#### Get the Lead Out

The City of Cleveland Heights, in partnership with the Cuyahoga County Board of Health and the Department of Development, wants to help make homes lead safe. Many homes built before 1978 contain lead-based paint. Grants up to \$9500 are available to those meeting household income limits for items such as new windows, doors, painting, and other repairs. Minimum homeowner contribution is 10% of the project cost and to qualify, you must have children ages 5 years or younger in the home.

#### Deferred Loan/Emergency Loan/ Exterior Paint & Violation Repair Grants

Cleveland Heights homeowners age 62 and older or permanently disabled are eligible for loans and grants that can really help keep their home looking and running well. These programs can provide improvements for items such as new roofs, windows (lead remediation), heating/cooling systems, plumbing, electrical, carpentry repairs, new kitchens, and baths. The maximum exterior paint grant is \$3500 to prepare/paint the house and garage; if paint costs exceed \$3500, the homeowner must pay the difference. The violation repair program provides assistance or correction of exterior violations; homeowners are eligible for a maximum benefit of \$1000 with a maximum lifetime benefit of \$3000.

The homeowner must be current on property taxes and have a total household income that does not exceed the 2019 federal income guidelines\*: 1 person: \$41,300, 2 persons: \$47,200, 3 persons: \$53,100, 4 persons: \$58,950. \*subject to change

*All of these programs are federally funded and have application income & home equity requirements. For more information, call Lori Sanford of the Housing Preservation Office at 216-291-4869.*

# Abracadabra!

Bill Hann

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Chris Hann

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## Holiday Collection Schedule

The collection schedule for the holiday weeks is below. Please note that regardless of the conditions (bad weather, holidays, etc.), there is never a refuse collection on Sunday.

### Easter Sunday

**Sunday, April 12 is Easter.** Refuse and recycling collection will be on the regular schedule the week before and the week after Easter.

### Memorial Day & Labor Day

**Monday, May 25 is Memorial Day &**

**Monday, September 7 is Labor Day:**

Monday collection will be on Tuesday, Tuesday collection will be on Wednesday, Wednesday collection will be on Thursday, Thursday collection will be on Friday, and Friday collection will be on Saturday.

### Independence Day

**Saturday, July 4 is Independence Day:**

Refuse and recycling collection will be on the regular schedule the week before and the week after Independence Day.

## YARD WASTE RECYCLING

**Loose leaf collection will run from April 1 through April 30**

However, after April 30, the following methods of preparation **must** be followed to ensure collection:

- Leaves, weeds, grass and small twigs must be placed in a Kraft paper yard bag **weighing less than 40 pounds** each. Kraft bags will be collected on your regular refuse collection day beginning April 6.
- Branches and limbs should not exceed two inches in diameter, should be cut to three feet in length, bundled with string/twine and **weigh less than 40 pounds** per bundle.
- Small logs must be cut in lengths of no more than 18 inches and no more than six inches in diameter. Please stack logs in a pile for collection. *Please note that weight limits are established in the interest of employees' safety and are strictly enforced.*

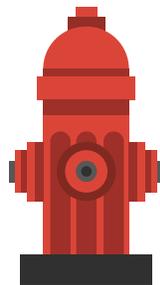


**Tree Lawn Planting** Each spring and fall, the Forestry Division plants trees on tree lawns for property owners who request it. Those interested in this service can call the Service Department at **216-691-7300**.

## Building Department

### Don't Forget Your Permit!

Spring is the time many people think about home repair projects, including remodeling, new windows, siding, concrete, replacing roofs, etc. The Building Department would like to remind everyone to be sure their contractor is registered with the City of Cleveland Heights Building Department. The contractor is responsible to obtain a permit for whatever work is being done. Visit [www.clevelandheights.com/building-permits](http://www.clevelandheights.com/building-permits) for more information.



## Fire Hydrant Flushing

The Fire Department will be flushing fire hydrants throughout the community beginning Wednesday, April 1.

This activity, which is necessary to maintain our vital fire protection system, will last through May. It will take place Mondays through Fridays throughout the day. Check your water daily for rust before drinking or washing clothes. Rust remover will be available at Fire Station #1, 3445 Mayfield Road.



## Rx Drug Drop-off Program

A prescription drug drop box is located in the entranceway to the Cleveland Heights Police Department (at back of City Hall). Only pills should be dropped into this box (needles and liquids cannot be accepted). Preferably, empty the pills into a ziplock bag before dropping it in the box and then recycle the pill bottle.

## Recycling Reminder

Please remember to place cans, cartons, glass, paper, plastic bottles and jugs in a clear or blue bag and set it out a distance from your trash on your collection day. Cardboard boxes need to be flattened. But not everything can be recycled. Please place the following items in the trash: styrofoam and takeout containers; hoses and ropes; durable plastic; cups, lids and utensils; and broken ceramics.

## Technotrash

Safely recycle items that may contain personal information: old CDs, DVDs, diskettes, audio and videotapes, cell phones, pagers, PDAs, digital cameras, and rechargeable batteries. Residents wishing to recycle their unwanted items may bring them to the top of the ramp at the Transfer Station; the driveway is on Mayfield Rd. next to MotorCars. *You may drop off items Monday through Friday 7:00am to 3:30pm.*

## Proper Disposal of Yard Waste

Grass clippings. Leaves. Sticks. Wood chips. These and other yard waste may not sound like they would be harmful to creeks or the animals that live in them. Homeowners and landscapers may even think that dumping these natural, organic materials on streambanks helps to slow erosion. But in reality, they cause major problems, especially when they are dumped in smaller backyard streams and roadside ditches.

As these materials decompose, they consume oxygen, depleting the oxygen supply for fish, frogs and salamanders. Additionally, streams with low levels of oxygen often have a foul odor. Wood chips and pine needles can increase the acidity of the water. As these materials pile up on the streambank, they smother and kill vital streamside vegetation, making streambanks more susceptible to erosion.

While logs and branches in the stream can provide beneficial habitat and channel stability, smaller sticks, leaves and grass clippings often float downstream and clog culverts or bridges, leading to localized flooding or new erosion. For this same reason, yard waste should never be dumped or blown into a storm drain or roadside ditch.

Besides participating in the City's recycling program, you can reduce the amount of yard waste you generate. Consider using a mulching mower so that grass clippings are chopped up small, making bagging or otherwise disposing of them unnecessary. This has the added benefit of adding organic material back into your lawn soil. Leaves can often be mulched and incorporated into your lawn using this technique as well.

Grass clippings, weeds, leaves and many other yard and garden wastes can be composted right in your own backyard, along with plant-based kitchen scraps. Techniques range from a simple backyard compost pile to bins or even digesters that can also handle pet waste. Finished compost can then be used to add fertility to lawn, garden and landscaped areas.

Visit [cuyahogarecycles.org](http://cuyahogarecycles.org) for more information about backyard composting.

## Shredded Paper Recycling

Shredded paper should not be placed in your curbside recycling because the shreds are too small to be sorted properly at the materials recovery facility that handles recyclables.

Instead, make sure it gets recycled by placing shredded paper in paper bags and dropping off at a mixed paper recycling bin such as the ones typically located in the parking lots of schools and places of worship. Look for the green and yellow public containers operated by Paper Retriever or River Valley Paper.

Or you can save your papers to be shredded and come to Community Shredding Days!

COMMUNITY SHREDDING DAYS  
Saturday, June 20 and October 17  
9:00am-12:00 noon  
Cleveland Heights City Hall  
Parking Lot  
40 Severance Circle

Don't risk throwing it all away! Bring your old financial statements, receipts, invoices or other personal, unwanted documents to be shredded on site.

Limit of 10 boxes per person, please.

Questions? Call Community Relations, **216-291-2323**.

## STEMS FLEUR

2495 Lee Boulevard  
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# FLORAL ART





### We Are Noble: May 15-17

Noble Neighbors is hosting We Are Noble, the annual celebration of the neighborhoods along Noble Road, on May 15-17. Every resident is invited to host a yard sale at their property. Every business is encouraged to attract new customers with specials, signs and sidewalk sales. Every institution is invited to showcase its great gifts to the neighborhood. Every citizen of Cleveland Heights (and beyond!) is invited to enjoy the charms and delights of the Noble Neighborhood.

Look for a school family festival, sporting activities, food, Bhutanese cultural displays, Noble Library special programs, church bake sales, yard sales, chalk walks and real estate open houses. Visit Barbara H. Boyd Park, Denison Park, school playgrounds, the old fire station and the public perennial gardens. Watch for details, the schedule of events and maps at [www.nobleneighbors.com](http://www.nobleneighbors.com)

### Noble Gardeners' Market: August 1-September 19

Noble Gardeners' Market (10:00am-12:00 noon) is an opportunity to sell fruit, vegetables, cut flowers and potted plants that were grown in the seller's home gardens or in community gardens. Sellers (and buyers) do not need to be Cleveland Heights residents, but may not be market farmers. Processed food is not permitted at this time, only freshly picked produce.

Sellers may commit to the entire market season, or to just a few dates. They need to arrive with their own table or ground cloth to set up their own "seller's stand." Most sellers were home gardeners and had only one basketfull of extra tomatoes or peppers to sell. This is exactly who the Market is created for! Do join us with your overflow.

During inaugural season for the Noble Gardeners' Market in 2019, most sellers had tomatoes, peppers and garlic. Buyers eagerly bought these but looked for a wider variety of edibles. Consider planting extra squash, beans, greens, potatoes, melons and cabbage to add variety to our market in 2020.

Cut flowers in bouquets sold well. The thought of having fresh, colorful flowers to bring home to a favorite vase was delightful to many buyers. Divided perennials were in demand as was the advice of the gardener who dug them up. House plants were a hit, too.

Sellers will need to make change for their customers. The mini-park site at the corner of Roanoke and Noble Roads (one block north of Monticello) does not have water or electric utilities.

Join us as both a seller and a buyer. Even more, join us for the wonderful sense of community that grows from the Noble Gardeners' Market. Watch for details at [www.nobleneighbors.com](http://www.nobleneighbors.com). Contact [NobleNeighbors@gmail.com](mailto:NobleNeighbors@gmail.com).



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## *Kitchens, Additions and Bath Remodels*

Norman & Lisa Muskal, Owners  
Ruth Kronick, Project Co-ordinator

Storefront in Cleveland Heights  
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# 216.321.4444

# theearlyyears

Support Family Connections by attending  
**Dads Day Run on Father's Day, June 21.**  
A fun and healthy morning for the entire family!  
Call 216-321-0079 for more information.

Located in the former  
Coventry School Building  
2843 Washington Blvd.

[www.familyconnections1.org](http://www.familyconnections1.org)  
216-321-0079

Our programs are designed to offer parents a variety of opportunities to enhance their parenting experience, build their confidence as parents, play with their kids and provide resources for them to become the parents they strive to be. Play is the best way for kids to learn, grow and develop all of the important early skills.

- **Baby & Me:** Parents and caregivers of infants, 0-12 months, meets every Wednesday 9:30–11:30am.
- **Family Playroom:** Parents and caregivers play and learn with their young children and share with each other.
- **Large Muscle Room:** A great space for developing coordination and confidence, as well as burning off energy.
- **Parenting Classes:** An 8-week series of parent education sessions is offered twice a year. Spring session begins April 8.
- **Parent Café:** Free parent/caregiver-led conversations about the joys and challenges of raising children and sharing ways to strengthen our families. Contact Family Connections for opportunities to participate or to collaborate as a partner (collaborative partnerships may be held off site).
- **Birthday Parties:** Call for details.



## Family Literacy Playroom

Heights Main Library  
2345 Lee Rd:

- Little Heights is a free, early literacy program designed to support the development of school-readiness skills through interactive adult-child play.

**The School-Readiness Program is offered in families' homes or other community locations. The following programs are in all seven CH-UH elementary schools:**

- **Family Liaisons** are based in elementary schools in the district to connect with families, involve and engage parents in the school community, and support parents with information and resources to help promote their children's literacy development and school success.
- **SPARK:** Now extended to Cleveland Heights! A free kindergarten readiness program designed for families with preschoolers. Monthly home visit with a SPARK parent partner will bring fun literacy games, activities, and resources to ensure a smooth transition to kindergarten. Participants will learn what to expect in kindergarten, gather ideas for learning at home, etc. Family Connections is a proud provider of SPARK in partnership with Heights Libraries and CH-UH schools.



# weareproud...

## Dr. Martin Luther King, Jr. Celebration

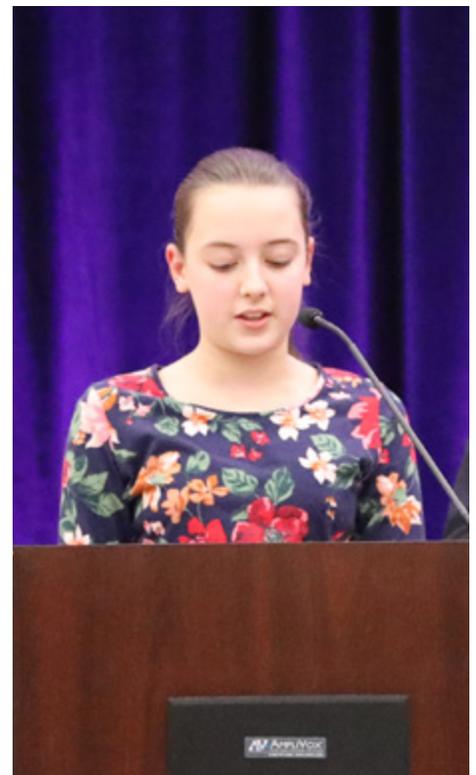
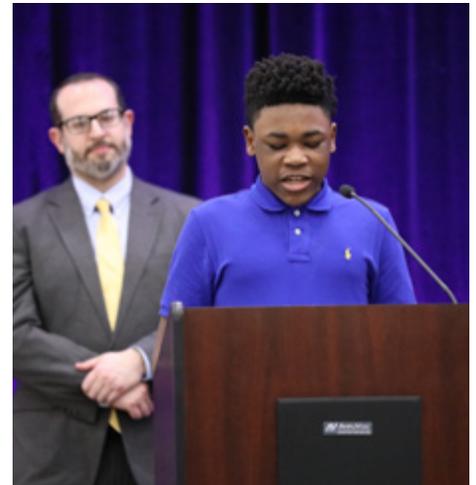
As part of the 22nd Annual MLK Celebration, the City sponsored essay, poetry and poster contests for Cleveland Heights students. This year's topic was "If Dr. Martin Luther King, Jr. was still with us, what advice would he have for you and how would you follow it?" The entries were thoughtful, creative and impressive. Students read their essays and poems and proudly displayed and explained their posters during the celebration. And the talented Heights Barbershoppers under the direction of Jesse Lange, entertained with a selection of inspiring songs.

Congratulations to all the winners, who were announced by Mayor Jason S. Stein, Vice Mayor Kahlil Seren, Council Members Mary Dunbar, Melody Joy Hart, Michael N. Ungar, and Cuyahoga County Council Member Cheryl Stephens:

Essays – **Jordyn E. Davis** (Noble Elementary, Grade 4), **Bailey Evans** (Boulevard Elementary, Grade 3), **Tatyana Taylor** (Oxford Elementary, Grade 5), **Greg Williams III** (Oxford Elementary, Grade 5), **Beth Manning** (Communion of Saints, Grade 8), **Kieran Q. Monroe** (Communion of Saints, Grade 8), **J'amonte Davis** (Heights High, Grade 12), **Rajani Tabor** (Heights High, Grade 12), **Amaya Myles** (Heights High, Grade 12), **Keira Britt-Hunt** (Monticello Middle, Grade 8), **Seth Johnson** (Monticello Middle, Grade 8), **Xavier Moore** (Monticello Middle, Grade 8), **Alyssa McGowan** (Monticello Middle, Grade 8), **Christopher Williams** (Monticello Middle, Grade 8).

Poetry – **Sophia Pesta** (Communion of Saints, Grade 8), **Marvion Atkins** (Oxford Elementary, Grade 5), **Rain Wilson** (Communion of Saints, Grade 8), **Jaysun Wright** (Oxford Elementary, Grade 5), **Ashlei Collier-Amison** (Boulevard Elementary, Grade 5), **J'Mear Collins** (Boulevard Elementary, Grade 5), **Gabriel McKay** (Monticello Middle, Grade 8), **De'Vonne Williams** (Monticello Middle, Grade 8), **Jayla Putnam** (Monticello Middle, Grade 8), **Ella Boyles** (Monticello Middle, Grade 8), **Helen Gann** (Communion of Saints, Grade 8).

Posters – **Harrison Kehrer** (Fairfax Elementary, Grade 3), **Declan Lubbers** (Fairfax Elementary, Grade 2), **Eddie Martin** (Fairfax Elementary, Grade 5), **Aubree Tomalka** (Fairfax Elementary, Kindergarten), **Isabella Ambeau** (Fairfax Elementary, Grade 5), **Janae Burton** (Oxford Elementary, Grade 5), **Christianna Lynn Johnsonn** (Oxford Elementary, Grade 5), **A'Lisca Pipkins** (Oxford Elementary, Grade 5), **Mariah Ward** (Monticello Middle, Grade 8). Winning posters were hung in the City Hall Atrium (upper level) through February.





# our schools

## 2020 College Fair at Heights High

Heights High will host the 26th Annual Cleveland Northeast Suburban College Fair on Thursday, March 19 from 7:00 to 8:30pm. The event is open to all northeast Ohio students and families.

Representatives from more than 100 colleges, universities and technical schools will host tables at the event with financial aid, career and admissions information.

Before the event, the guidance department will host a college presentation for parents of 11th graders in the Mini Auditorium, students welcome.

For more information, contact Michelle Phelps, 216-320-7149 or [M\\_Phelps@chuh.org](mailto:M_Phelps@chuh.org).

## Annual HSF Pancake Breakfast is April 5

The annual Heights Schools Foundation Community and Alumni Pancake Breakfast is Sunday, April 5 from 9:00am until 12:00 noon in the Heights High cafeteria. Enjoy a delicious all-you-can-eat pancake breakfast including gluten-free options and a fresh fruit toppings bar. We'll provide self-guided tour maps so you can look around the building at your own pace, along with a tiger gear pop-up shop to stock up on your favorite items. The Pancake Breakfast funds classroom grants for every school in the Cleveland Heights-University Heights City School District as well as scholarships for graduating seniors.

Tickets sold at the door are \$8 for standard admission, \$5 for seniors (65 and older) and kids ages 4-12. Children 3 and younger are free. To become a sponsor of the event, contact the Foundation at [info@heightsschoolsfoundation.org](mailto:info@heightsschoolsfoundation.org).

## CH-UH Makes Annual AP District Honor Roll

The Cleveland Heights-University Heights City School District is one of 250 school districts in the U.S. and Canada, and one of nine in Ohio, being honored by the College Board with placement on the 10th Annual AP® District Honor Roll.

To be included on the Honor Roll, Cleveland Heights High School had to, since 2017, increase the number of students participating in AP while also increasing or maintaining the percentage of students earning AP Exam scores of 3 or higher. Reaching these goals shows that this district is successfully identifying motivated, academically prepared students who are ready for AP.

"Equity is a major, defining factor in the work we do in CH-UH City Schools, so this honor proves to me that we are on the right track in preparing all of our students for success," said Superintendent Elizabeth Kirby. "I'm so proud of the clear dedication our staff and students have to academic achievement."





### CH-UH State of our Schools Address March 4

Superintendent Elizabeth Kirby will deliver the State of our Schools Address on March 4 at 7:00pm at Heights High. Additionally, each school and several clubs will display their accomplishments and strengths in a walk-through showcase from 6:00 to 7:00pm.



### Roxboro Middle School Students Raise Money For South Sudan

Sixth graders at Roxboro Middle School braved the cold to walk outside on the track in honor of people halfway across the globe who walk in much harsher conditions. After reading the novel *A Long Walk to Water*, the students were inspired to raise money for the Water for South Sudan Project, a non-profit founded by a Sudanese Lost Boy.

*A Long Walk to Water* by Linda Sue Park weaves together the lives of two eleven-year olds in Sudan, one a Lost Boy caught up in the civil war of the 1980s and the other a modern girl unable to attend school because she spends eight hours a day fetching water for her family.

The sixth graders raised over \$2000 to donate to the Water for South Sudan Project, which builds wells in rural villages, improving health and allowing girls to attend school.

## Summer Ruffing It!

Summer camps for ages 18 months - Grade 8

**June 15- July 24, 2020**

For more information or to register online please go to:  
[www.ruffingmontessori.net](http://www.ruffingmontessori.net) or 216.321.7571

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**Call today to schedule a tour!**

2160 Stillman Road • Cleveland Heights, OH 44118  
[www.communionsaintschool.org](http://www.communionsaintschool.org) | 216.932.4177

# at the library



Here's a sampling of library programs taking place in the spring. For a full listing of programs, visit the library's website at [www.heightslibrary.org](http://www.heightslibrary.org) or look for a copy of the library program guide *Check Us Out* in your mailbox.

## Create and Connect: Heights Has HeART

Inspired by the art and artists of our community, Heights Libraries presents Create and Connect: Heights Has HeART, which fosters community-wide engagement with the arts. This spring, we invite you to come together to experience visual art, drama, film, literature, music, and dance. With programming designed for all ages, Create and Connect will culminate in a June performance of *Caliban Ascendant*, a ballet interpretation of Shakespeare's *The Tempest*, performed by the Cleveland Chamber Collective and Inlet Dance Theatre. Open dress rehearsals and two free performances will be held at Ensemble Theatre this June.

## For Kids

### 3rd Annual Peeps Display Contest

Tuesday, April 14, 1:00pm  
University Heights Branch  
13866 Cedar Road  
Recreate a movie, book, or anything else you can imagine using the classic candy, Peeps! Deadline for submissions will be April 14 and winners will be announced one week later. Prizes will go to the top three creations. All dioramas will be displayed at UH library. Categories: Grades K-5 and 6-12.

### Lil' Librarian Week

Monday-Friday, April 20-24, All Day  
Noble Neighborhood Branch  
2800 Noble Road

Can you sing a storytime song, shelve books, check out materials, answer a trivia question? Celebrate National Library Week by completing these library-related tasks and more to earn a lil' librarian certificate. For families and kids of all ages.

### Free Comic Book Day

Saturday, May 2, 2:00pm  
Lee Road Branch, 2345 Lee Road

Nine is fine, and this year we are celebrating our 9th Annual Free Comic Book Day by playing a variety of games, activities, and crafts. Come in super-hero gear, a costume or a t-shirt to show off your favorite heroes. And of course, be sure to get your FREE COMICS!!! For kids ages 3 to 12.

### Bike Maintenance 101 for Families

Sunday, May 3, 2:00pm  
Lee Road Branch, 2345 Lee Road

Bring your family for an introductory course to learn the basics of bicycle maintenance and repair. At this two-hour class, participants will have the opportunity to take apart and put together some of the bicycle's major mechanical systems. Bicycles and tools provided. Presented by Two One Fix. Registration begins April 19.

### Calvinball

Saturday, May 16, 10:00am  
Coventry Peace Park

What is Calvinball? It is the favorite game of legendary cartoons Calvin and Hobbes. No game is ever the same since rules and regulations may be added, altered or removed at any point. Come to Coventry P.E.A.C.E. Park to participate in this fun and spontaneous game. All ages are welcome.

## For Adults

Author Evenings on Thursdays, 7:00pm  
Coventry Branch, 1925 Coventry Road

### March 19: Lisa Koops

Join Dr. Lisa Koops in a discussion of her book, *Parenting Musically*, which portrays the musicking of eight diverse local families and how they use music in their everyday lives. Book signing to follow.

### March 26: Judah LeBlang

Writer, teacher and storyteller Judah LeBlang reads from his memoir *Echoes of Jerry: One Man's Search for His Deaf Uncle and His Own Voice*. Interpreter provided. Book signing to follow.

### April 16: Doug Bahniuk

Local author and bicycle enthusiast Doug Bahniuk shares his memoir, *The White Line to Denver*, which focuses on his ride from Boise, Idaho, to Denver, Colorado, a ride his doctor did not want him to take. Join Bahniuk as he overcomes difficulties, conquers his fears and travels great distances.

### May 28: Bill Arthrell

Poet and activist Bill Arthrell reads from his bilingual poetry book, *Ukrainian Heart*, inspired by his experiences in Ukraine. Book signing to follow.





## Graphic Novel Discussion Group

Fridays, 7:00pm

Lee Road Branch, 2345 Lee Road

### March 13: *Strong Female Protagonist*

Do superheroes go to protest marches or attend college courses? Alison Green does both, although she's mostly retired from the superhero gig these days. Celebrate Women's History Month with this thought-provoking volume that explores what the world would be like if superheroes walked among us.

### April 10: *X-Men: God Loves, Man Kills*

Because you have no right to live... Enjoy one of the most powerful X-Men stories ever told as the Uncanny X-Men team up with their long-time adversary Magneto to fight against a new enemy who threatens both them and the entire world in the name of God and religious freedom.

### May 8: *They Called Us Enemy*

Join us during Asian Pacific American Heritage Month as we discuss George Takei's moving memoir, in which he recalls the years that he spent in the Rohwer War Relocation Center with his family, and how this experience impacted his future views on America, democracy, and political activism.

## Hit Baseball Movies

Tuesdays, 6:30pm

University Heights Branch, 13866 Cedar Road

Put these movies in, Coach, baseball season is back!

March 10: *Major League* (1989, 107 min, R) The new owner of the Cleveland Indians puts together a purposely horrible team so they'll lose and she can move the team.

April 14: *A League of Their Own* (1992, 128 min, PG) Two sisters join the first female professional baseball league and struggle to help it succeed amidst their own growing rivalry.

May 12: *Field of Dreams* (1989, 107 min, PG) An Iowa corn farmer, hearing voices, interprets them as a command to build a baseball diamond in his fields.

## Music that Brings Us Together with Shari Hunter

Thursday, May 7, 7:00pm

Noble Branch, 2800 Noble Road

Everyone has one of those songs which bring back fond memories. Join us as Shari will perform popular songs that everyone can relate to including Armstrong's "What a Wonderful World," the Beatles' "Got to Get You into My Life," and Lulu's "To Sir, With Love." Registration begins April 23.

## Summer Reading at Heights Libraries

### Summer Reading Kickoff Concert:

#### Jim Gill's Sing-a-thon of Celebrated Songs!

Sunday, May 31 at 200pm

Lee Road Branch, 2345 Lee Road

Kick off our summer reading program with a special musical guest! Get ready to sing, clap, dance and sing along during this concert by award-winning musician and author, Jim Gill. Jim's distinctive music play creates the spirit of a family room in your library and is an invitation to children, parents and grandparents to sing and play together!

Look for more Summer Reading programs in our summer Check Us Out! Our summer reading program helps kids and teens keep their reading skills sharp over the summer break while they have fun and win great prizes! For more information about summer reading and related programs, visit [www.heightslibrary.org](http://www.heightslibrary.org) starting in May. Details will also be available in the summer issue of our Check Us Out program guide. Watch your mailbox!

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# home to the arts

## APOLLO'S FIRE BAROQUE ORCHESTRA

216-320-0012 • [www.apollosfire.org](http://www.apollosfire.org)

### O Jerusalem! Crossroads of Three Faiths

Tuesday, March 10, 7:30pm • Temple-Tifereth Israel, 26000 Shaker Blvd.

Wednesday, March 11, 7:30pm  
Cleveland Museum of Art, 11150 East Blvd.  
Jeannette Sorrell's evocation of Old Jerusalem blends music and poetry from the Jewish, Christian, Arab and Armenian quarters of the Old City.

### Bach's St. Matthew Passion

Friday, April 3, 7:30pm  
Severance Hall, 11001 Euclid Ave.  
Bach's masterpiece is rarely performed live due to the extraordinary forces required: two orchestras, two choirs, soloists and a children's choir.

### Virtuoso Fireworks

Friday, May 1 and Saturday, May 2, 8:00pm both nights • St. Paul's Episcopal Church, 2747 Fairmount Blvd.  
Bach *Brandenburg Concertos Nos. 4 and 5*, Telemann *Concerto for Flute and Recorder*, and the Northeast Ohio period-instrument premiere of Bach's exhilarating cantata, *Jauchzet Gott in allen Landen*.

## BURNING RIVER BAROQUE

917-754-5549

[www.burning-river-baroque.org/](http://www.burning-river-baroque.org/)

### "Witches: Revered and Reviled"

In a program that weaves together rich musical works with gripping social commentary, Burning River Baroque takes audiences on a bewitching journey through early modern Europe. "Witches: Revered and Reviled" features 17th-century repertoire about Circe, the Witch of Endor and the Furies as well as the premiere of a newly-commissioned work by Alexis Bacon.

Wednesday, March 18, 7:30pm  
Blank Canvas CLE, 2174 Lee Rd.

Sunday, March 22, 1:00pm  
First Unitarian Church of Cleveland, 21600 Shaker Blvd.

## CHORAL ARTS CLEVELAND

216-381-4608 • [choralartscleveland.org](http://choralartscleveland.org)

Brian Bailey, music director  
WORLD PREMIERE *Mass in C for Choir and Orchestra* by George Bristow  
Friday, March 13, 7:30pm  
Fairmount Presbyterian Church  
2757 Fairmount Blvd.

*Handel's Messiah, Parts 2 and 3*  
Friday, May 15, 7:30pm • Shaker Heights High School, 15911 Aldersyde Dr.

## CITY MUSIC

216-632-3572 • [www.citymusicleveland.org](http://www.citymusicleveland.org)  
Amit Pefed, music director

*Clayton New World Revisited* for solo bass and chamber orchestra, Dvorak *Symphony No. 9 "From the New World,"* Jazz selections by The Spirit of the Groove.  
Thursday, March 12, 7:30pm  
Maltz Performing Arts Center, 1855 Ansel Rd.

**Beethoven in Jeans:** *Fidelio Overture, Romance No. 1 for Violin in G Major Romance No. 2 for Violin in F Major Symphony No. 7*  
Thursday, May 7, 7:30pm  
Temple-Tifereth Israel, 26000 Shaker Blvd.

## DOBAMA THEATER

2340 Lee Rd. • 216-932-3396  
[www.dobama.org](http://www.dobama.org)

### Dance Nation

By Clare Barron, March 6-29  
Directed by Shannon Sindelar  
*Regional Premiere*  
A play about ambition, growing up and how to be ourselves in the heat of it all told through the story of a group of thirteen-year-olds played by a cast of adult actors. This groundbreaking exploration of girlhood is full of humor, suspense and high-energy dancing. Winner, Susan Smith Blackburn Prize 2017. Pulitzer Prize finalist 2019.

### The Other Place

By Sharr White, April 24-May 24, directed by Nathan Motta *Cleveland Premiere*  
A brilliant and distressed scientist serves as the narrator in this thriller wrapped in a mystery disguised as a memoir.  
2011 Outer Critics' Circle Nomination for Outstanding New Off-Broadway Play.

## ENSEMBLE THEATRE

2843 Washington Blvd. • 216-321-2930  
[www.ensembletheatrecl.org](http://www.ensembletheatrecl.org)

### Kindertransport

By Diane Samuels, March 6-29, directed by Katia Schwarz *Cleveland Premiere*  
*Kindertransport* depicts the agony of separating a child from her parents and wrestles with the consequences of that choice, an act of sacrifice that also wreaks devastating results. Starring Cleveland's own Dorothy Silver and Laura Perotta Ford.

### Fun Home

By Lisa Kron, Jeanine Tesori & Alison Bechdel, April 24-May 17  
Directed by Joanna May Cullinan  
When her father dies unexpectedly, graphic novelist Alison dives deep into her past to tell the story of the volatile, brilliant, one-of-a-kind man whose temperament and secrets defined her family and her life. Tony Award winner for Best Musical, Best Score, Best Book. Finalist Pulitzer Prize for Drama.

## HEIGHTS ARTS

2175 Lee Rd. • [www.heightsarts.org](http://www.heightsarts.org)  
216-371-3457

### IN THE GALLERY

Spotlight:

**Sean Jason Kelly** Through March 15  
Tattoo and mixed media artist Sean Jason Kelly debuts new work.

**Stephen Calhoun** March 20-May 3  
Self-taught artist Stephen Calhoun uses photography, mixed process photography and generative art in his most recent work centering on geometric symmetry.

**Joseph Van Kerkhove** May 8-June 21  
Printmaker and ceramic artist Joseph Van Kerkhove debuts new work.



### Members Show 2020

March 6-April 19  
The second Members Show features 40 local artists. Artists from this show speak about their work, followed by invited poets reciting original poems inspired by this artwork in Ekphrastic: Artists Speak + Poets Respond on April 2.

### **Evolution – Heights Arts 20th Anniversary** April 24-June 7

Twenty past exhibiting artists reflect on their career and the evolution of Heights Arts. Ekphrastacy: Artists Speak + Poets Respond takes place on May 21.

**Intern Led Exhibition** June 12-July 5  
Heights High interns curate an exhibition featuring Heights High students' work.

**Posing the Question** July 10-August 23  
An exhibition to generate political discussion during the conventions.

### **CLOSE ENCOUNTERS CHAMBER MUSIC**

**Heights Arts and Beethoven Birthday Bonanza** Sunday, March 11, 3:00pm  
Heights Arts celebrates its 20th anniversary with an all-Beethoven program performed by Cleveland Orchestra members in a private residence.



**The Forgotten Builders of Musical Cleveland and their Teacher Antonin Dvorak** Sunday, May 3, 3:00pm  
Three young, talented Cleveland kids studied music with famous teacher Antonin Dvorak and came back to become famous composers and create the foundation for the Cleveland Orchestra.

### **GALLERY CONCERTS**

**Red Champion** including Lara Troyer (soprano), Denise Milner-Howell (mezzo-soprano), Timothy Culver (tenor), Brian Keith Johnson (baritone) and Judith Ryder (pianist) perform March 14 at 7:00pm.

**No Exit** (part of NEO Sonic Fest) once again joins in Cleveland's annual celebration of new music April 3 at 8:00pm.

**Cavani String Quartet** performs their electrifying multi-discipline program, COLLAGE: Music and Poetry, with Guest Poet and Professor of Pan African Studies, Mwatabu Okantah on April 11, 7:00pm.

**No Exit: Season Finale** performs a program of all world premiere music by current and former Cleveland-area composers on May 15, 7:00pm.

## **HEIGHTS CHAMBER ORCHESTRA**

216-751-7816  
www.heightschamberorchestra.org  
Sunday, March 29, 3:00pm • St. Paul's Episcopal Church, 2747 Fairmount Blvd.  
*P.D.Q. Bach/Beethoven Symphony No. 5 Sportscastr: New Horizons in Music Appreciation*, with announcer Eric Kisch and color man Jim Mehrling. Beethoven *Egmont Overture, Op. 84* and *Symphony No. 3 "Eroica."* Yoon Jae Lee, conductor.

Sunday, May 10, 3:30pm • St. Paul's Episcopal Church, 2747 Fairmount Blvd.  
Debussy *Petite Suite*, Neruda *Trumpet Concerto in Eb major*, Rameau *Ballet Suite*, Gluck *Ballet Suite No. 1*. Jungho Kim, conductor, Michael Miller, trumpet.

## **HEIGHTS YOUTH THEATRE**

216-923-1583 • Monticello Middle School  
3665 Monticello Blvd.  
www.heightsyouththeatre.com

"The Magic of Theater and the Transformative Impact of Inclusion" is the theme of the 2019-20 season.

*Matilda* March 13-22  
Directed by Treva Offutt  
Music Directed by Stacy Bolton

*School House Rock Jr.* May 2020  
For youth in grades 1-5  
Directed by Kelly Monaghan  
Music directed by Stacy Bolton

## **LAKE ERIE INK**

2843 Washington Boulevard  
(former Coventry Elementary School)  
www.lakeerieink.org  
216-320-4757

### **Teen Open Mic**

Friday, April 24, 6:30-9:00pm at Phoenix Coffee, 1793 Coventry Rd.

A series of monthly open mics for teens to speak their mind, share their stories and poetry, perform their songs or write while there at the final open mic of the year. No registration is required.

### **Young Novelists Summer Program**

This popular program for children grades 3-5 gives budding authors the chance to develop in a guided creative environment.

### **Creative Expression Summer Camps**

Weekly camps throughout the summer, 1:00-5:00pm, provide a fun, stimulating environment where youth explore their imaginations, develop writing skills, and collaborate with peers. They explore creative nonfiction, bookmaking, comics and graphic storytelling, novel writing, comedy for the stage, puppetry and more.

## **Summer Programs for Teens**

### **Write, Read, Volunteer!**

Drop-in weekly writing workshops, open mic nights, summer camps, and volunteer opportunities are available. Visit lakeerieink.org for details and to register.

Bring Lake Erie Ink to your school or organization for creative writing fun! For more information, contact Jill Levin at jlevin@lakeerieink.org or call 216-320-4757.

## **LITERARY CLEVELAND**

2515 N. Taylor Rd (office visits by appt only)  
216-632-0839 • litcleveland.org

### **Classes and Workshops for Writers**

Whether you're a beginning writer, a seasoned author or somewhere in between, you can find fascinating classes, workshops and presentations by connecting with Literary Cleveland. Our classes cover all types of writing genres (fiction, non-fiction, memoir, poetry, etc.) as well as the business of writing (finding an agent, getting published). Our classes are scheduled at multiple venues around greater Cleveland at various days and times, all year long.

### **Programs for Readers**

If you love reading and would like to do a deeper dive into the works of a particular author or a certain topic, check out our Reader Series. These three-session classes cover three books--either by a particular writer or by different writers exploring a specific topic. It's like a book club on steroids, and a wonderfully immersive experience.

For more information about these programs and to register for them, visit litcleveland.org or call 216-632-0839.

## **WESTERN RESERVE CHORALE**

216-282-4022 • westernreservechorale.org  
David Gilson, artistic director

Sunday, March 22, 3:00pm  
Church of the Gesu, 2470 Miramar Blvd.  
**The Great Mass**, Mozart *Mass in C minor (K 427)* with soloists and orchestra

Sunday, June 7, 3:00pm  
Church of the Gesu, 2470 Miramar Blvd.  
**In Her Voice: Celebrating the Poetry of Women**

Funded in part by a grant from Cuyahoga Arts and Culture

Freewill offering and reception to follow at both concerts.

# around town



## Future Heights

### FutureHeights Neighborhood Mini-Grant Deadline is March 15

FutureHeights, Cleveland Heights' nonprofit, community development corporation, offers several tools to help residents leverage their neighborhood assets and enable creative projects to improve their quality of life. One of those tools is the Neighborhood Mini-Grants

Program, which awards grants of up to \$1000 to citizen-led neighborhood projects, events, and activities.

Since the program's launch in 2015, FutureHeights has awarded 35 grants totaling \$23,386 to projects that improve the physical and social environment of Cleveland Heights neighborhoods. In 2019, FutureHeights awarded \$6,000 in grants to eight projects, including efforts to support pollinator and learning gardens, a neighborhood play yard, neighborhood asset identification, and the creation of a pocket park.

The program is guided by a grant-making committee comprising seven Cleveland Heights residents with a history of community involvement. Two grant application rounds are held each year, one in the fall and one in the spring.

If you have an idea to improve your neighborhood, FutureHeights invites you to apply for a mini-grant. The next application deadline is March 15 at 5:00pm.

### Home Repair Resource Center

HRRC enters its fiftieth year in 2020 with a continued array of programs and services for residents of Cleveland Heights. Their 20th Annual Home Remodeling Fair will take place at Cleveland Heights City Hall (40 Severance Circle) on Saturday, April 25 from 10:00am to 2:00pm. Featuring dozens of experts in the fields of home improvement and repair, finance, sustainability, home-buying and much more, this is their biggest event of the year and gives residents a chance to get all their home improvement questions answered.

The agency offers workshops on home repairs for men and women alike throughout the year. Their popular Women's Home How-To series includes four distinct six-week series of classes on Plumbing Repairs, Carpentry & Interior Repairs, Exteriors & Landscapes, and Electrical Repairs. Additionally, individual classes cover anything inside or outside your home that could use repairing: plaster walls, roofs, ceramic tile, organic lawn care, and much, much more. And after taking one of their classes, participants can sign up for their Tool Library which has over 1000 tools and offers week-long loans.

HRRC also holds a monthly Homebuyer series which is a first-rate tool for those considering buying a home as they learn the ins and outs of homebuying including all the terminology, the different types of loans, financial assistance programs, post-purchasing responsibilities, and much more.

And, Home Repair Resource Center offers an array of home repair financing options to Cleveland Heights residents. From grants for seniors to non-seniors alike and low-interest loans for larger emergency projects, HRRC is there to help when the unexpected happens. The Home Repair Resource Center is located at 2520 Noble Road (216-381-6100). Visit [hrcc-ch.org](http://hrcc-ch.org) for more details.



Sara Kraber, owner of Wood Trader

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To learn more, visit [www.futureheights.org/programs/community-building-programs](http://www.futureheights.org/programs/community-building-programs), e-mail Sruti Basu at [sbasu@futureheights.org](mailto:sbasu@futureheights.org), or call FutureHeights at 216-320-1423. In addition to the Neighborhood Mini-Grant Program, FutureHeights offers a series of workshops for neighborhood leaders, public forums on topics of interest or concern to the community, and one-on-one mentoring for community leaders. All Cleveland Heights residents are welcome and encouraged to become involved in FutureHeights' mission to create a vibrant and sustainable future for our community. Learn more by attending the FutureHeights annual meeting on April 22 at Cleveland Heights High School or by visiting [www.futureheights.org](http://www.futureheights.org).



## Heights Heritage Home & Garden Tour September 13

The members of the Heights Community Congress Board and Tour Committee worked for months to prepare to showcase the “Timeless Elegance” of the homes and gardens of Cleveland Heights last year on September 15, 2019. The Tour Committee had the beautiful Tucker Hall at St. Paul’s Episcopal Church decorated and everything was ready for the Tour Preview Party kickoff that was to begin the night before.

And then on Friday night, September 13, Cleveland Heights was hit with severe thunderstorms, including a tornado-like phenomenon called a “microburst,” that laid waste to major portions of Cleveland Heights and to all of HCC’s best laid plans and preparations. Because of the scale of the damage and power outages throughout the wider community, and to a majority of the locations featured on the tour, HCC had to cancel the entire Tour weekend’s festivities for the first time in its 42-year history.

The loss of revenue from the Tour (which is the major fundraiser supporting the mission of Heights Community Congress) could have been a major setback for our future community event plans. But, just like the broader Heights community, the HCC board, volunteers, and supporters rallied to ensure HCC continues its important work in the community. Many Sunday tickets holders, businesses and Preview Party sponsors chose to donate their tickets and some services to help support HCC and ensure that the organization is able to host the 43rd Annual Heights Heritage Home & Garden Tour which is set to take place on Sunday, September 13 with the Preview Party scheduled for Saturday night, September 12. Plans are already underway to ensure that this year’s tour continues the great tradition of showcasing the glory of Cleveland Heights. The theme for this year’s tour will be “Our Beloved Community,” which seeks to celebrate the many different neighborhoods of Cleveland Heights and the community’s continued commitment to diversity and access to fair housing for all people. We are already recruiting volunteers to help us bring the event to fruition and select homes and gardens that will help us showcase what makes Cleveland Heights special. If you would like to be a part of the planning committee or have suggestions for properties to feature please contact us at [www.heightscongress.org](http://www.heightscongress.org).



**PawsCLE**  
 DOGGY DAYCARE & BOARDING

Cleveland Heights Premier  
 Dog Boarding and DayCare Facility

PawsCLE is a canine center in Cleveland Heights that your pup will consider a second home. Whether for daycare or for overnight stays, we offer a fun and safe environment for your dogs. We offer wide-open indoor and outdoor spaces for the dogs to stretch their legs, play, use the restroom, and even just bask in the sun for a nap. As a newly remodeled and modern facility, you can expect safety and cleanliness to be the primary facilities' focus.

### Get In Touch:



[www.pawscle.com](http://www.pawscle.com)



216.713.0585



1970 Lee Road  
 Cleveland Heights



@pawscle



@pawscle



### Heights Community Dinners

The theme of this year’s Heights Heritage Home and Garden Tour, “Our Beloved Community” was chosen in alignment with “The Heights Community Dinners,” a new programmatic effort for 2020 to be held on Saturday, April 25 or Sunday, April 26. The goal of “The Heights Community Dinners” is to host 50 small groups dinner conversations throughout The Heights.

A trained facilitator will guide the 8-10 participants at each dinner through conversations that will focus on issues present in the Heights area through the lens of racial equity and inclusion. Heights Community Congress is partnering with Reaching Heights, Future Heights, The Cleveland Heights-University Heights City School District, and The Heights Libraries.

These anchor institutions will be actively recruiting facilitators, hosts, and participants from the community to make these meals an important tool for community dialogue and relationship building focused on the belief that the Heights are stronger because of the gifts of our diversity. HCC hopes Heights residents will sign up to participate in one of these dinner conversations; call **216-321-6775**. And mark your calendar now to attend the 43rd Annual Heights Heritage Home & Garden Tour on September 13.

**The Wine Spot—**  
we love keeping  
Cleveland Heights  
in good spirits!



thewinespotonline.com  
2271 Lee Road  
Cleveland Heights  
216.342.3623

Gather, relax and unwind... your happy place.

# business

## 2019 Another Strong Year for New Businesses

The City welcomed over 50 new businesses last year, showing that our diverse business districts continue to be a destination of choice, especially for locally-owned small businesses. New businesses of note that joined the Cleveland Heights community in 2019 include:

- Cilantro Taqueria** (Coventry)
- The Boujie Bakery** (Lee Road)
- Proximity Golf Lounge** (Heights Rockefeller)
- Zhug Restaurant** (Cedar Fairmount)
- Blank Canvas CLE** (Cedar Lee)
- Foodhisattva** (Cedar Taylor)
- Melange Motif** (Noble Nela)
- Voodoo Brewery** (Cedar Lee)
- Kensington Pub** (Cedar Lee)
- Rising Star Coffee** (Cedar Lee)

This year looks to be another exciting year for new businesses coming to Cleveland Heights with several projects currently underway for openings later in the year including **Cleveland Tea Revival** in the former Silsby Firehouse, **Marchant Manor Cheese** and **Culinary Occasions** (Cedar Lee), and **Happy Bees Ice Cream & Coffee** (Coventry).

## Make Home Improvement Projects More Affordable

Spring is here, and that means the start of the home improvement and construction season. Whether you're trying to decide whether to finally move forward in 2020 with adding that second bathroom, installing central air conditioning and retiring the window units, or any type of significant home renovation, the City's Grow Tax Savings Plan can make that decision a little easier.

There are a lot of factors that go into whether a homeowner moves forward with a major investment: getting the necessary permits and approval, the time associated with getting and comparing quotes from contractors, the monetary costs of the project, etc. Another factor is the possibility of completing major improvements to your home also resulting in an increased property tax bill if the project is going to increase its market value.

Grow is the City's tax abatement program that offers tax savings for homeowners that complete significant remodeling or renovation projects that also increase the value of their property, and, hopefully,

make it a little easier to decide to move forward with that home improvement project this construction season without the fear of a major increase to your tax bill.

Grow offers tax savings benefits to properties throughout the City; residential and commercial properties for both renovation and new construction projects. For owner-occupied single-family homes, renovation projects must document a minimum investment of \$10,000. Savings levels start at seven years and 50% abatement and go up to 12 years and 100%.

The exact benefit level your home is eligible for is determined by location. Different areas of the City are eligible for different levels of savings based on a variety of variables. A mapping tool on the City's website can show which of three incentive categories your property falls into.

*More information about the Grow Tax Savings Plan can be found at [www.clevelandheights.com/grow](http://www.clevelandheights.com/grow). Questions about the program and whether your project may benefit from it can also be directed to Brian Anderson at 216-291-2617 or [banderson@clvhts.com](mailto:banderson@clvhts.com).*

# Lower the ceiling on raising your roof.

Introducing Grow. The Cleveland Heights Tax Savings Program.

With Grow, you can receive cost-saving tax exemptions when you build or remodel your home. To find out if your project qualifies, call Brian Anderson 216-291-2617 or visit [clevelandheights.com/grow](http://clevelandheights.com/grow)



# historicheights



## Lower Lake Park, Past and Present

Tuesday, April 28 at 7:00pm

Heights Library, Lee Road branch

Speakers: Peggy Spaeth and John Barber,  
Friends of the Lower Lake

Friends of Lower Lake, a volunteer program of the Doan Brook Watershed Partnership, started out removing invasive species at Lower Lake Park to improve habitat for migrating and resident birds and insects. They inadvertently discovered a rich history of a canoe club, wildlife sanctuary plans, and maps by A.D. Taylor, among others. Join us for a look back at why this park was a regional destination in the early 1900s, and still is today.

## Preservation is Good for the Neighborhood!

Wednesday, April 29 at 7:00pm

Heights Library, Lee Road branch

Speaker: Margaret Lann, Cleveland Restoration Society  
Come learn why preservation is good for YOUR neighborhood. Cleveland Restoration Society will present the economic and architectural benefits of preservation. Learn about the differences between national and local landmarks, and see how these tools contribute to our sense of place, preserve cultural heritage, and benefit the community.

## Stadium Square National Register Historic District

Saturday, May 9, 10:00-11:00am

Meet at the corner of S. Taylor Road and Superior Park Drive

Tour guide: Kara Hamley O'Donnell,  
Cleveland Heights Planning Dept.

Tour the City's latest historic district, consisting of Tudor Revival commercial, apartment and single-family homes constructed mostly in the 1920s and 1930s. Learn about this neighborhood's unique history and architecture.

## The Fascinating Saga of our Hidden Pioneer Streams

Tuesday, May 19 at 7:00pm

Heights Library, Lee Road branch

Speaker: Korbi Roberts,  
Cleveland Heights Historical Society

So much has been forgotten about the beauty and importance of the Heights-area streams and water springs. Suburban development left them unrecognizable, polluted and unable to carry on their natural processes. Flowing under our neighborhoods today mostly in underground pipes, there is renewed interest in bringing the waters back to light and life.

## Stadium Square to be added to National Register of Historic Places

This past fall, Stadium Square was submitted for nomination to become Cleveland Heights' 13th historic district listed on the National Register of Historic Places. Like districts before it, a National Register listing acknowledges the architectural, historic and planning importance of yet another Cleveland Heights neighborhood. It is expected to be listed this spring.

The Stadium Square Historic District is a combination of commercial and residential development on about seven acres located at South Taylor Road and Superior Park Drive, just north of Cain Park. The buildings are primarily in the original Tudor Revival-style and maintain intact architectural details and materials of the style — brick walls with stone appointments, wood and stucco half-timbering on projecting bays and roof dormers, crenelated parapets, ornamental chimneys, and steep gabled slate roofs.

Developer Benjamin D. Roseman began the development in 1926 when ten houses on Superior Park Drive were designed by Cleveland architectural firm Brooke & Burrows in the Tudor Revival style. Commercial buildings followed in the development, with architect Maxwell Norcross designing Barclay Courts, the first apartment building and architect Max Weis, designing three mixed-use buildings and the Morley Hall and Essex Hall apartments. All of these buildings constructed between 1926-1931 used the characteristics of the Tudor Revival style. This commitment to the style mostly continued with remaining houses built between 1937-1952 but the Colonial Revival and Minimal Traditional styles were also introduced to the neighborhood.

### Why was it called Stadium Square?

The area was called Stadium Square because of efforts originally proposed by the Cleveland Heights Kiwanis Club to build a stadium. A bond issue was voted on three times in elections in 1927 and 1928 but was abandoned after not winning the majority of votes needed to pass. The area where the stadium was proposed is now known as the Cain Park sledding hill.

National Register listing is a time-consuming process, often undertaken by consultants. Cleveland Heights has been fortunate to have many active and dedicated residents complete nominations with assistance from the City's Historic Preservation Planner. For this application, an Ohio Historic Preservation Tax Credit Pipeline Grant was awarded by the Ohio Development Services Agency to pay for a consultant's time to complete the intensive application. With 12 National Register Historic District listings and one pending, Cleveland Heights has more historic districts in state than any similarly sized community. Only Cleveland, Cincinnati, Columbus, Dayton and Toledo have more historic districts than Cleveland Heights — quite a testament to our community's rich history.

*For more information on Cleveland Heights and the National Register, go to [www.clevelandheights.com/Historic-Places](http://www.clevelandheights.com/Historic-Places) or for general National Register information, see [www.cr.nps.gov/nr](http://www.cr.nps.gov/nr).*

# datestoremember

- Tuesday, March 10** Spring Indoor Swimming begins, Cleveland Heights High School, ends 5/22
- Thursday, March 19** 26th Annual Cleveland Northeast Suburban College Fair, 7:00-8:30pm, Cleveland Heights High School
- Saturday, April 4** Spring Egg Hunt, 10:00am, Forest Hill Park Meadow
- Sunday, April 5** Annual Heights Schools Foundation Community and Alumni Pancake Breakfast, 9:00am-12:00 noon, Heights High cafeteria
- Wednesday, April 22** 12th Annual Earth Day Run, 7:00pm, Forest Hill Park
- Saturday, April 25** Home Remodeling Fair, 10:00am-2:00pm, City Hall
- Sunday, May 3** WOW Kickoff, 2:00pm, Community Center
- Monday, May 4** American Red Cross Blood Drive 2:00-7:00pm, Community Center South Atrium
- Wednesday, May 20** Safety Town mass registration, 6:00-7:30pm, Community Center South Atrium
- Monday, May 25** Memorial Day, City Hall, Cain Park, and Community Center closed
- Monday, May 25** Memorial Day Ceremony, 10:30am, Cumberland Park
- Saturday, May 30** Residents Day at the Cain Park Ticket Office, 9:00am-5:00pm
- Saturday, June 6** Cumberland Pool opens, closes 9/7
- Saturday, June 13** Cain Park Splash Pad opens (closed 7/10-12), closes 8/25
- Saturday, June 20** Community Shredding Day 9:00am-12:00 noon, Cleveland Heights City Hall Parking Lot
- Friday, July 3** City Hall, Cain Park, and Community Center closed for Independence Day
- Saturday, July 4** Cain Park and Community Center closed for Independence Day
- Monday, July 6** American Red Cross Blood Drive 2:00-7:00pm, Community Center South Atrium
- Friday-Sunday, July 10-12** Cain Park Arts Festival
- Tuesday, July 28** Water Show, 8:30pm, Cumberland Pool
- Saturday, August 1** Noble Gardeners' Market, 10:00am-12:00 noon, Mini-Park at Roanoke and Noble, every Saturday ending 9/19
- Tuesday, August 4** Safety Forces Night Out, 6:00-9:00pm, Community Center
- Monday, August 31** American Red Cross Blood Drive 2:00-7:00pm, Community Center South Atrium
- Monday, September 7** Labor Day, City Hall and Community Center closed
- Sunday, September 13** Heights Heritage Home & Garden Tour, 12:00 noon-6:00pm

~ 2020 ~

# CAINPARK

## ticket office opens May 30 for residents only!

- 9:00am-5:00pm, in person only at Cain Park Ticket Office, (no phone or fax orders)
- Limited quantities and no guarantees that ticket requests will be filled from designated block of seats
- Bring photo ID and two proofs of current residency (e.g. mail, utility bill, CH Rec ID)
- Register with Cain Park staff on May 30 outside Main Ticket Office
- Credit card purchases require a photo ID that must match the name on the credit card
- Name on credit card or check MUST MATCH the name of the resident making purchase
- After registering, get a number that represents your place in the ticket-buying queue

If you do not wish to take a number for the ticket-buying queue, you have the option of filling out a ticket order form with method of payment attached and current phone number where you can be reached, and then leaving it with a Cain Park staff member. Ticket forms will be processed at the end of the day in the order they were received.

### ONLINE RESIDENTS DAY MAY 29

Last year's Online Residents Day was a big success so Cain Park will continue this option in 2020 for those who do not wish to purchase tickets in person at Residents Day on May 30. Instructions for participating in this online purchase will be emailed on May 22 to all who are registered as Cleveland Heights residents on Cain Park's email list. Deadline to sign up for those who aren't currently on the Cain Park email list is May 21 at noon. Click on "Email Updates" at [www.cainpark.com](http://www.cainpark.com) to sign up for the email list. **You can buy resident tickets either online on May 29 OR in person at the Cain Park Ticket Office on May 30 but not on both dates.**

Cain Park staff does not accept responsibility for ticket requests not able to be filled from the special block of seats due to high demand. Cain Park staff reserves the right to limit tickets per resident household for certain events.

The Cain Park Ticket Office will open to the general public on Tuesday, June 2 (in person, by phone, mail or fax). The special block of resident seats will not be available on June 2.

**Below is a list of the 2020 Cain Park events that have been confirmed as of this publication date. Booking the season has only begun, so please check for calendar updates on [www.cainpark.com](http://www.cainpark.com)!**

**Bela Fleck and the Flecktones June 7**

**Dancing Wheels June 13**

**Free Sundays in the Park June 14, 21, July 19**

**Free Chamber Music Series June 16, July 14, 21, August 11**

**Judy Collins & Arlo Guthrie June 19**

**Michael Stanley and the Resonators June 20**

**Verb Ballets June 26**

**Workmen's Circle Yiddish Concert June 28**

**Cain Park Arts Festival July 10-12**

**GroundWorks DanceTheater July 17-19**

**The Singing Angels July 26**

**Inlet Dance Theatre July 30, 31**

**Jim Brickman August 2**

**Rufus Wainwright & Jose Gonzalez August 12**

**14th Annual MultiMusic Fest: Spyro Gyra, Avery Sunshine, Norman Brown, Lindsey Webster featuring Hubbs Groove August 15**

**Wine Tastings (in partnership with The Wine Spot): June 12, July 10, August 7, plus other TBA**



# COMMUNITY CENTER

Cleveland Heights Community Center, 1 Monticello Boulevard 44118  
[www.chparks.com](http://www.chparks.com) Follow us on Facebook

## Important Phone Numbers

Community Center: 216-691-7373  
Office on Aging: 216-691-7377  
Recreation Sports Hotline: 216-691-7385  
Cain Park: 216-371-3000 (April-August)  
Ice Rinks: 216-691-7434  
Cumberland Pool: 216-691-7390  
Summer Camp by Jump Start Sports: 330-656-0090

## Registration Information

All Dates Are Subject to Change  
Registration is on a first-come, first-served basis.  
All fees are due at the time of registration.  
All Cleveland Heights residents must first purchase a \$5 Recreation ID card and provide proof of residency, such as a utility bill (or other piece of mail), in addition to a driver's license or photo ID in order to register. All classes have a minimum enrollment and will be cancelled if they have not met minimum enrollment before the first class. Participants will be notified by phone and/or email in the event of a class cancellation due to insufficient enrollment.  
Families with more than one person enrolled in the same general recreation class will be eligible for the family discount. The first person in the same class will pay full price and a \$10.00 discount for each additional family member in the same class. A family is defined as adult head of household and his/her spouse or partner and dependent children occupying same household age 18 and under.  
Please note that sometimes excellent courses are canceled when too many people wait until the last minute to register. To avoid disappointment, try to register as soon as possible or at least one week before the course begins.

## Registration Hours

M-F 9:00am-7:00pm  
Sat. 9:00am-4:00pm  
Sun. 11:00am-4:00pm

Closed: Sunday, April 12  
Monday, May 25  
Saturday, July 4  
Monday, Sept 7

Spring Program Registration begins March 2  
Summer Program Registration begins May 4

## Benefits of a Recreation ID Card

Use of the Community Center track, fitness center and basketball courts.\*  
Free use of the lighted tennis courts, outdoor basketball courts and skate park.  
Use of six outdoor picnic shelters (permit required at a fee of only \$25).  
Free use of the Cain Park Splash Pad and Cumberland Wading Pool.  
Reduced rates for all Community Center programs.  
Reduced rates for public ice skating sessions and other skating programs.  
Reduced rates for daily swimming admission and aquatics programs.  
Reduced rates for youth/adult sports programs.  
**\*Note: Residents must first purchase a Recreation ID Card in order to purchase a Community Center Field House Pass or to pay daily Field House usage fee.**

## For Your convenience, There are Four Ways to Register:

### Online (24/7)

Registration available at [www.chparks.com/register](http://www.chparks.com/register)

### In Person

Register in person at the Community Center during the office hours listed above. In-person registration is an option for most programs with the exception of Jazzercise and Jump Start Sports.

### Phone

Registration by phone is only an option for some senior programs and general recreation classes if the participant has a current Rec. ID Card.

### Mail

Mail completed registration form(s) to City of Cleveland Heights  
Department of Parks and Recreation – 40 Severance Circle – Cleveland Heights, OH 44118 – Attn: Registration, with check made payable to **City of Cleveland Heights.**



# parks & facilities

## Payment Options

Included are cash, VISA, MasterCard, debit cards, money orders or personal checks. (Do not mail cash). Checks should be made payable to **City of Cleveland Heights** and should include your phone number.

**There is a returned check service fee of \$25.**

## Refund Policy

Because the decisions to maintain classes are based on the enrollment at the first class, no refunds are granted after the first class. Participants assume the risk of changes in personal affairs or health. Special programs are exempt from this policy and are dealt with on a case-by-case basis. Those entitled to a refund will have a \$5 processing fee deducted. There is no refund for materials purchased.

## Disability Policy

The Cleveland Heights Department of Parks and Recreation is sensitive to the needs of the physically challenged and encourages participation of all individuals. All of our facilities meet ADA requirements.

## Non-Endorsement Policy

The City of Cleveland Heights does not necessarily endorse the opinions or philosophy of the instructors who teach its classes and programs.

## Weather Cancellation Policy

When the Cleveland Heights-University Heights City Schools are closed, all Senior Center activities and activities held in school facilities will be cancelled. The Community Center will remain open and activities will be handled on a case-by-case basis.

## Youth Recreation Fund

The Youth Recreation Fund provides financial assistance to those Cleveland Heights children who might otherwise be unable to participate in recreation programs and activities. The Youth Recreation Fund offers reduced rates for those residents who qualify. Applications are available at the Community Center.

## Volunteer Opportunities

Volunteer coaches are needed and welcome for youth sports programs such as basketball, baseball, flag football, soccer, softball, T-ball, programs and special events. Please contact Mike Discenzo at [mdiscenzo@clvhts.com](mailto:mdiscenzo@clvhts.com) to become a volunteer coach or contact Dee Marsky at [dmarsky@clvhts.com](mailto:dmarsky@clvhts.com) for program and special event opportunities.

### 1 BARBARA H. BOYD PARK

- Ravine Road (near Noble)
- Playground
- Picnic Shelter
- Multi-purpose Field
- Ball Field

### 2 DENISON PARK

- Bluestone and Quarry (Monticello Blvd)
- Ball Field
- Multi-purpose Field
- Pickleball/Tennis Courts
- Basketball Courts
- Playground
- Picnic Shelter
- All-purpose Pathway
- Patio/Grass Recreation Area

### 3 CITY HALL

- 40 Severance Circle

### 4 FOREST HILL PARK

- Lee and Monticello
- Softball & Baseball Fields
- Tennis Courts
- All-purpose Pathway
- Picnic Shelters
- Playground
- Multi-purpose Field
- Nature Trail

### 5 COMMUNITY CENTER

- Mayfield and Monticello
- Fitness Center
- Ice Rinks
- Track
- Senior Center
- Basketball Courts/Gym
- General Rec Programs
- Meeting Rooms
- Seasonal Camps
- All-purpose Pathway
- Grass Recreation Area

### 6 CUMBERLAND PARK

- Cumberland and Mayfield
- Swimming Pool
- Wading Pool
- Basketball Courts
- Playground
- Grass Recreation Area
- All-purpose Pathway
- Veterans Memorial
- Historical Center
- \* Picnic Shelter

### 7 CAIN PARK

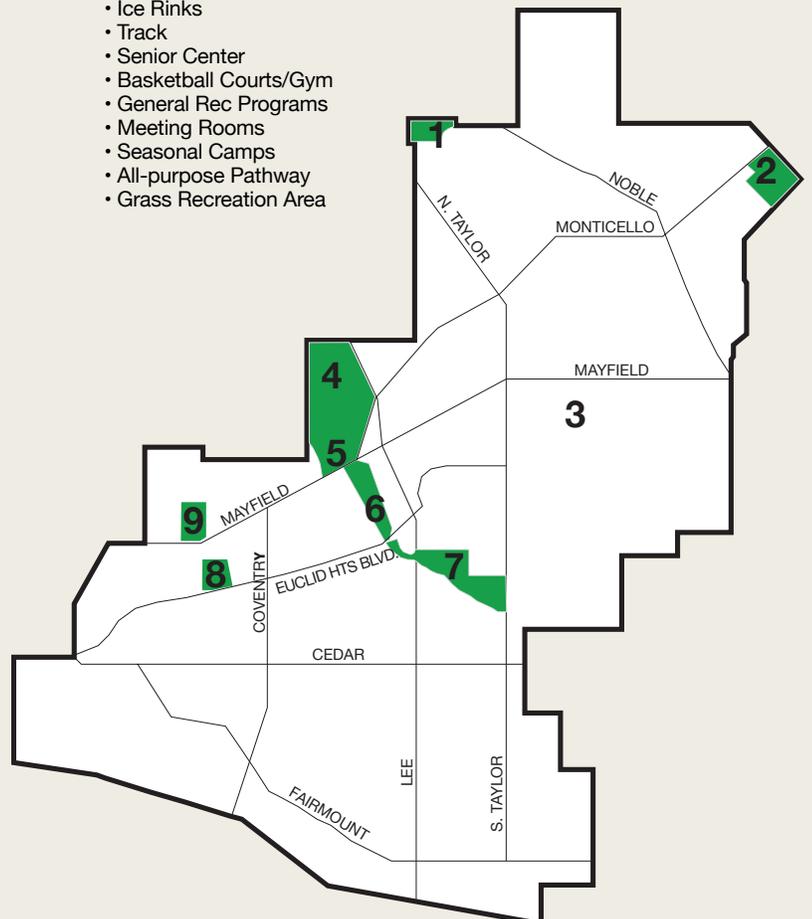
- Lee and Superior
- Tennis Courts
- Basketball Court
- Skate Park
- Playground
- Summer Performing Arts Center
- All-purpose Pathway
- Grass Recreation Area
- Sledding Hill
- Splash Pad

### 8 EUCLID HEIGHTS TOT LOT

- Euclid Heights Blvd and Hampshire
- Turtle Park Playground

### 9 KENILWORTH PARK

- Kenilworth and Overlook
- Playground



## Room Rentals

Are you planning a party or hosting a business event/seminar for an organization? If so, then the Community Center is just the place to service your needs. The Community Center has several rooms to accommodate your event no matter how big or small, including a large activity room with a warming kitchen. Tables and chairs are also available for your specific function. Please feel free to visit the Community Center and view our rooms. If interested in reserving a room, please contact 216-691-7373 and let the Community Center make your event one to remember!

### Small Activity Room

Maximum capacity: 25

Cost: \$25.00/hour CH RES or CH nonprofit\*

\$50.00/hour NON RES or NON RES nonprofit

\*(Note: No fee, meetings only up to two times per year.)

### South Atrium

Maximum capacity: 50

Cost: \$35.00/hour CH RES or CH nonprofit

\$70.00/hour NON RES or NON RES nonprofit

### Activity Room 1A & 1B

Maximum capacity: 50

Cost: \$55.00/hour CH RES or CH nonprofit

\$110.00/hour NON RES or NON RES nonprofit

Security Deposit: \$110.00

### Activity Room 7 (Kitchen Availability)

Maximum capacity: 100

Cost: \$110.00/hour CH RES or CH nonprofit

\$220.00 hour NON RES or NON RES nonprofit

Security Deposit: \$220.00

### Senior Activity Center Multi-Purpose Room

Maximum capacity: 150

Cost: \$150.00/hour CH RES or CH nonprofit

\$300.00/hour NON RES or NON RES nonprofit

Security Deposit: \$300.00

### Summer Field House (South Rink)

Trade Show: \$250.00/hour or \$1,000.00/day

### Guidelines:

- Room reservations with a deposit need to be made 30 days before your event.
- The individual who signs the contract needs to be present during the entire event.
- Any resident signing on behalf of a non-resident agency will be charged the non-resident rate.
- Resident who signs must give the check in his/her name.
- Availability of rental space is subject to other events and programming being held in the facility and is subject to change or cancellation.
- The Community Center must be vacated by the close of regular business hours.
- Rooms cannot be rented for religious activities.
- Rooms can only be scheduled for a group one month at a time.
- Smoking or alcoholic beverages are not permitted in the facility.
- Cancellations must be received 30 days prior to your event in order to receive a refund.
- Live animals are not permitted in the facility.
- The Community Center is unable to accommodate rentals for any teen parties (ages 13-19).

## Athletic Field Reservation

Recreation ID card holders can also reserve baseball/softball and other athletic fields for a fee. The Department of Parks and Recreation limits availability of its athletic fields. Please contact Mike Discenzo at 216-691-7383 to inquire about field availability.

## Picnic Shelter Reservation

Cleveland Heights has six covered picnic shelters available for use by Cleveland Heights residents with a current Recreation ID Card only. The Barbara H. Boyd Park picnic shelter is also available to East Cleveland residents with proper proof of residency. Picnic shelters are located in the following parks:

**Barbara H. Boyd Park:** one single shelter

**Cumberland Park:** one single shelter

**Denison Park:** one single shelter

**Forest Hill Park:** one single and one double shelter

All are available to holders of a current Recreation ID Card for a cost of only \$25.00 on a first-come, first-served basis. An application needs to be completed in order for a permit to be issued. Non-permit use is allowed, however, permit holders will have priority for picnic shelter use. Permits are enforced by the Cleveland Heights Police Department. Applications for 2020 can be submitted beginning Thursday, January 2, 2020.

The Department of Parks and Recreation handles all reservations for picnic shelters. Please call the Community Center at 216-691-7373 to request a picnic shelter reservation packet which includes all pertinent information and forms.



Cleveland Heights has six covered picnic shelters available for use by Cleveland Heights residents with a current Recreation ID Card only.



# FITNESS CENTER

## information

### Annual Fitness Center Passes/30-Day Passes/Daily Admission

Use of the Fitness Center, Track and Gym is available to Cleveland Heights resident adults and students (through high school) who live within the boundaries of the Cleveland Heights-University Heights City School District. Cleveland Heights residents need to purchase a Recreation ID Card for \$5.00. Residents with a current Recreation ID Card then have the following three options: **1)** pay \$6.00 per day to use the Fitness Center, **2)** purchase an annual Fitness Center pass (see below), good for one year from the date of purchase for unlimited usage of the Field House, or **3)** purchase a 30-day unlimited Fitness Center pass. **Note: management reserves the right to confiscate membership cards and revoke all privileges for misbehavior or misuse, including, but not limited to, sharing membership cards, inappropriate language, etc. (minimum 30-day suspension).** See page 43 for classes offered for free with your fitness center membership.

### Resident Field House/Fitness Center Pass Rates:

Category	30-Day Pass	Annual Pass
Youth (K-age 11)	\$10.00	\$84.00
Student (age 12-HS or equiv)	\$18.00	\$110.00
Young Adult (19-24)	\$27.00	\$180.00
Adult (25-59)	\$33.00	\$220.00
Senior (60+)	\$17.00	\$115.00
Family	\$55.00	\$345.00

### Annual Non-Resident Fitness Center Passes / 30-Day Passes Available

Adult non-residents age 18+ who:  
 Live in University Heights, or  
 Live within the boundaries of the Cleveland Heights-University Heights City School District, or  
 Have children participating in Community Center programs, or  
 Are employed within the boundaries of Cleveland Heights, including their families (must present recent pay stub).

### Non-Resident Field House/Fitness Center Pass Rates:

Category	30-Day Pass	Annual Pass
Youth (K-age 11)	\$15.00	\$126.00
Student (age 12-HS or equiv)	\$27.00	\$165.00
Young Adult (19-24)	\$39.00	\$248.00
Adult (25-59)	\$45.00	\$299.00
Senior (60+)	\$25.00	\$165.00
Family	\$79.00	\$499.00



### Fitness Center Guest Policy

Field House pass holders may bring a non-resident guest (maximum two) at a cost of \$8.00 per guest. Guest books of 3 for \$16.00 are available for purchase.

### Fitness Center/Track Policy

You need to be age 16 or older to use the Fitness Center and Track. Youth ages 12-15 may use the Fitness Center and Track accompanied by a paying adult/guardian. Infants and toddlers are permitted in strollers or in infant front/back pack carriers on the inside lane of the Track only. Infants and toddlers are not permitted in the Fitness Center.

### Fitness Center Hours | Through May 17

Monday-Friday: 6:00am-9:00pm  
 Saturday: 7:00am-6:00pm  
 Sunday: 9:00am-6:00pm

### Fitness Center Hours | May 18-September 20

Monday-Friday: 6:00am-8:00pm  
 Saturday: 7:00am-5:00pm  
 Sunday: 9:00am-5:00pm

### Fitness Center Hours

Closed: Sunday, April 12  
 Monday, May 25  
 Saturday, July 4  
 Monday, Sept 7  
 Closed: Monday, August 31-Monday, September 7  
 For Annual Maintenance

### Gym

Open gym times for youth and adults have been scheduled. Please call 216-691-7373 for information. For sports leagues, exercise programs and other general recreation programs, please refer to the specific activity sections of this magazine for program times and other information.

# PERSONAL TRAINING

at the Fitness Center

**NEW OFFER!**  
**1 free 30 minute  
personal training  
session for  
new members**  
**Ask Ty for Details**

**"Orlando is the best  
male trainer that I've  
ever had. He is very  
knowledgeable and  
pushes me safely in  
our workouts"**  
**J. Gross**



## Personal Training Services

Individualized personal training programs adapted to fit your goals and needs by certified experts. All of our expert trainers design your individual program to make your goals a reality. All ages and fitness levels welcome. One-on-one, Couples and Small Group training sessions available. 60-minute and 30-minute sessions available.

Time: Available by appt.

Location: Activity Room 6

Cost: Trainers set their own rates within an affordable range

Contact: Ty Richardson at **216-694-8414** or at [rapidresultsworks@gmail.com](mailto:rapidresultsworks@gmail.com)



## About Our Trainers Specialties

Their specialty areas include dietary management, weight loss, fitness plans for individuals with physical and medical disabilities, athletic training, strength training, muscle toning, power lifting, senior strength training and mobility.

- All our personal trainers are college educated and certified fitness professionals with years of experience in the field.
- Free consultation to discuss your health and fitness goals and any injuries/limitations.
- Programs incorporate strength, cardiovascular, mobility and flexibility training plus injury prevention and wellness education.
- Morning, afternoon, evening, and weekend appointments.
- Large variety of training equipment including a private training room with specialized equipment.
- Affordable payment options to fit your budget and a results-oriented exercise plan regardless of your budget.
- Discounted rates for those who train as couples or in small groups.



# THREE FREE CLASSES

with an active CH Fitness Center Membership



Choose and use as often as you like.

Go once or go often.

All you need is an active membership to the Cleveland Heights Fitness Center.

\*Pre-Registration is required for all classes\*

\*Space can be Limited\*



## Guns and Buns

Participants will use a variety of equipment and perform each exercise for 30 seconds with little to no rest between exercises. Complete the # of circuits for your fitness level. Pump up your arms and tighten those buns.  
Instructed by: Alisa Henry  
Day: Saturday

Dates: Feb 29–April 18 Spring  
(no class 3/28 & 4/11)  
Dates: May 2–June 13 Summer 1  
(no class 5/23)  
Dates: June 27–Aug 8 Summer 2  
(no class 7/4)  
Time: 11:00am–12:00noon  
Location: Aerobic Room  
Cost: \$38 CH RES / \$44 NON RES

1



## Cardio Dance

An hour of aerobic intervals, incorporating beginner to advanced dance moves to a wide genre of music.  
Instructed by: Sha'Ran  
Day: Thursday

Dates: Feb 20–April 2 Spring  
(no class 3/26)  
Dates: April 23–June 4 Summer 1  
(no class 5/21)  
Dates: June 18–July 30 Summer 2  
(no class 7/2)  
Time: 7:30–8:30pm  
Location: Aerobic Room  
Cost: \$38 CH RES / \$44 NON RES

2



## Interval Mix

This class will have four 15-minute segments working the whole body with cool down. A variety of equipment will be used to spice up the workout. Bring your own water bottle.  
Instructed by: Lori Blum  
Day: Tuesday

Dates: Feb 25–April 7 Spring 1  
(no class 3/24)  
Dates: April 21–May 26 Spring 2  
Dates: June 9–July 14 Summer 1  
Time: 9:30–10:30am  
Location: Aerobic Room  
Cost: \$38 CH RES / \$44 NON RES

3

# AQUATICS POOLS

## spring swimming Indoor pool

**Cleveland Heights High School**  
13263 Cedar Road

**2020 Spring Indoor Season Schedule**  
Tuesday, March 10 – Friday, May 22

### **Monday-Friday**

Adult Lap Swim | 6:00-7:30am

### **Monday-Thursday**

Adult Lap Swim | 5:30-8:00pm

### **Friday**

Adult Lap Swim & Family Swim  
5:00-8:00pm

### **Saturday**

Adult Lap Swim | 8:00-10:00am  
Adult Lap Swim & Family Swim  
12:45-2:00pm

### **Sunday**

Pool Closed

The pool will be closed Monday, March 23 through Saturday, March 28 & April 10-13. Proper swimwear is required to swim at Cleveland Heights High School. Schedule subject to change.

## **Spring Season Passes**

Went on sale Monday, February 3. Available to those residing in the CHUH City School District.  
Family: \$70.00  
Adult (19-59) \$32.00  
Senior (60+) \$25.00  
Punch Card: \$20.00  
(good for 10 general admissions)

## **American Red Cross Swimming Lessons**

Swimming lessons are taught by American Red Cross certified lifeguards. The pool staff reserves the right to test the swimming ability of any swimmer to ensure proper skill placement and to limit class size or to combine classes when necessary. Participants must register at least one week before each session for all group lessons.

## **Parent/Child Group Lessons**

Ages 6-36 months. Builds basic water safety skills for parents and helps children become more comfortable in the water. Adults are in the water with their child.

Day: Saturday

Dates: March 14-May 16  
(no class 3/28 & 4/11)

Time: 11:00-11:30am & 11:35-12:05pm

Location: Cleveland Heights High School

Cost: \$30.00

Class Size: 10

## **Preschool/Level 1 Introduction to Water Skills**

Ages 3-5

Day & Time: Sat | 11:35-12:05pm

Day & Time: Sat | 12:10-12:40pm

Dates: March 14-May 16  
(no class 3/28 & 4/11)

Location: Cleveland Heights High School

Cost: \$30.00

Class Size: 6

## **Level 2-Fundamental Water Skills**

Ages 5+

Day & Time: Sat | 11:35-12:05pm

Day & Time: Sat | 12:10-12:40pm

Dates: March 14-May 16  
(no class 3/28 & 4/11)

Location: Cleveland Heights High School

Cost: \$30.00

Class Size: 6

## **Level 3-Stroke Development**

Ages 5+

Day & Time: Sat | 11:35-12:05pm

Day & Time: Sat | 12:10-12:40pm

Dates: March 14-May 16  
(no class 3/28 & 4/11)

Location: Cleveland Heights High School

Cost: \$30.00

Class Size: 6

## **Level 4-Stroke Improvement**

Ages 5+

Day & Time: Sat | 12:10-12:40pm

Dates: March 14-May 16  
(no class 3/28 & 4/11)

Location: Cleveland Heights High School

Cost: \$30.00

Class Size: 6

## **Level 5/6**

### **Stroke Refinement & Proficiency**

Ages 5+

Day & Time: Sat | 11:00-11:30am

Dates: March 14-May 16  
(no class 3/28 & 4/11)

Location: Cleveland Heights High School

Cost: \$30.00

Class Size: 6

## **Water Aerobics**

Ages 18+. A vigorous 40-minute workout done in the water incorporating cardio along with calisthenics. Participants need to be comfortable in the water.

Instructor: Margaret Hall

Day: Tues & Thu

Date: March 10-May 7  
(No class 3/24 & 3/26)

Time: 7:00-7:45pm

Location: Cleveland Heights High School

Cost: \$59.00

Class Size: 20

## **Tigersharks Swim Team**

Ages 6-18. Pre-requisite: must have completed level 4.

Head Coach: Dan Budin

Day/Time: Tue & Thu 4:00-5:30pm / Sat 10:00-11:30am

Dates: March 10-May 21  
(no practice 3/24, 3/26, 3/28 & 4/11)

Location: Cleveland Heights High School

Cost: \$35.00 (spring session only)

\$55.00\* CH RES (spring & summer)

\*Others Eligible in CHUH School District

Special note: Practice times are determined by skill level. Coaches reserve the right to place/remove swimmers based on skill or other factors. Please refer to the Tigersharks information packet for details. Additional team fees may be required.

# cumberland pool

CELEBRATING 93 YEARS!

1740 Cumberland Road 44118

216-691-7390

## 2020 Regular Season Schedule\*

Saturday, June 6 – Monday, Sept 7

### Monday-Friday

Adult Lap Swim / 6:45am-8:00pm

Parent/Tot Swim / 9:00am-5:00pm

Open Swim / 1:00-5:00pm

Family Swim / 5:00-8:00pm

Wading Pool / 10:00am-8:00pm

### Saturday

Adult Lap Swim / 9:00am-6:00pm

Open Swim / 11:00am-6:00pm

Wading Pool / 11:00am-6:00pm

### Sunday

Adult Lap Swim / 11:00am-6:00pm

Open Swim / 1:00-6:00pm

Wading Pool / 1:00-6:00pm

\* Proper swimwear is required to swim at Cumberland Pool. Management reserves the right to make adjustments in daily operating hours, close due to cold or inclement weather or when the air temperature falls below 65° F. Cumberland Pool will go to a reduced schedule Monday, August 24-Friday, September 4.

## Holiday Schedule

Date /Time:

Saturday, July 4 / 12-6:00pm

Saturday, Sept 5 / 12-6:00pm

Sunday, Sept 6 / 12-6:00pm

Monday, Sept 7 / 12-6:00pm

## Special Events

### Family Fun Nights

Friday, June 19 & 26 / 5:00-8:00pm

### Women Only Swim Night

Sunday, June 28 / 6:30-8:00pm

### Family Fun Nights

Friday, July 10, 24 & 31 / 5:00-8:00pm

### Carnival Night

Friday, July 17 / 5:00-8:00pm

### Women Only Swim Night

Sunday, July 26 / 6:30-8:00pm

### Water Show

Tuesday, July 28 / 8:30pm

### Family Fun Nights

Friday, Aug 7, 14 & 21 / 5:00-8:00pm

### Tigersharks Movie Night

Wednesday, August 12 / 8:30pm

### Men Only Swim Night

Sunday, August 16 / 6:30-8:00pm

### Women Only Swim Night

Sunday, August 23 / 6:30-8:00pm

## General Admissions

A current Recreation ID Card is required for use of Cumberland Pool.

**Daily Rates:** Preschooler - FREE

w / Adult Recreation ID Card holder

Student (K-12) \$3.00

Adult (18-59) \$4.00

Senior (60+) \$3.00

Guest \$7.00 w/ Adult

Recreation ID Card holder

Guest Book\* \$25.00 (book of 5)

\* Purchased by Adult ID Card holder

## Season Passes

On sale beginning Monday, May 4.

A current Recreation ID Card is required to purchase resident season passes.

### Purchased on/before June 5:

Family \$115.00 CH RES

\$172.00 NON RES

Adult (19-59) \$49.00 CH RES

\$75.00 NON RES

Senior (60+) \$39.00 CH RES

\$75.00 NON RES

Student (K-18) \$35.00 CH RES

\$52.00 NON RES

### Purchased after June 5:

Family \$135.00 CH RES

\$172.00 NON RES

Adult (19-59) \$59.00 CH RES

\$75.00 NON RES

Senior (60+) \$49.00 CH RES

\$75.00 NON RES

Student (K-18) \$45.00 CH RES

\$52.00 NON RES

## Pool Rentals

Cumberland Pool is available for rental on select Saturday & Sunday evenings throughout the summer. Groups that wish to rent the pool need to consist of no less than 60% CH residents and need to be sponsored by an adult with a current Recreation ID Card. Rental applications will be available at the Cumberland Pool beginning Saturday, June 6. Full payment is due with the completed application. Only ONE rental per group per season. Refunds will only be granted in the event of inclement weather.

Day: Saturday

Dates: June 27; July 25; Aug 15 & 22

Day: Sundays

Dates: June 14, 21; July 5, 12 & 19;  
Aug 2 & 9

Time: 6:30-8:30pm

Location: Cumberland Pool

Cost: \$350.00

Group Size: 75+

# swimming lessons

## American Red Cross Swimming Lessons

The Cumberland Pool learn-to-swim program is taught by Cumberland Pool American Red Cross certified lifeguards.

The pool staff reserves the right to test the swimming ability of any swimmer to ensure proper skill placement and to limit class size or to combine classes when necessary. Participants must register at least one week before each session for all group lessons. No class July 4.

## Adult Group Lessons

Ages 18+ with little or no swimming experience.

Instructor: Cumberland Pool Lifeguards

Day: Saturday

Dates: June 13-Aug 8 (no class 7/4)

Time: 12:00 Noon-1:00pm

Location: Cumberland Pool

Cost: \$35.00

Class Size: 12

Registration begins 5/4

## Parent/Child Group Lessons

Ages 6-36 months. Builds basic water safety skills for parents and helps children become more comfortable in the water.

Adults are in the water with their child.

Instructor: Cumberland Pool Lifeguards

Day, Date & Time: Monday,

June 15-Aug 3 | 5:15-5:45pm

Day, Date & Time: Wednesday,

June 17-Aug 5 | 5:15-5:45pm

Day, Date & Time: Saturday, (no class 7/4)

June 13-Aug 8 | 11:15-11:45am

Day, Date & Time: Saturday, (no class 7/4)

June 13-Aug 8 | 12:00 Noon-12:30pm

Location: Cumberland Pool

Cost: \$30.00

Class Size: 10

Registration begins 5/4

## Preschool, Youth, Teens & 'Tweens Group Lessons

Session 1: June 15-25 | registration begins 5/4

Session 2: June 29-July 9 | registration begins 6/24

Session 3: July 13-23 | registration begins 7/8

Session 4: July 27-Aug 6 | registration begins 7/22

Evening Session: June 15-July 22 |

Registration begins 5/4

**Cain Park Splash Pad** Preschoolers and children under 48 inches in height are permitted when accompanied by a parent/guardian/adult (18 & older) with a Recreation ID Card. Adults need to present their Recreation ID Card to staff. **Free at Cain Park!**  
**Closed July 10-12.**

Day, Date, Time: M-F, June 15-Aug 21 | 12:00 Noon-6:00pm

Day, Date, Time: Sat, June 13-Aug 22 | 12:00 Noon-6:00pm

Day, Date, Time: Sun, June 14-Aug 23 | 12:00 Noon-6:00pm

### Preschool

Ages 3-5. Skills are age appropriate and emphasize water safety, survival and foundational swimming concepts.

Instructor: Cumberland Pool Lifeguards

Day & Time: M-TH | 10:00-10:30am

Day & Time: M-TH | 10:35-11:05am

Day & Time: M-TH | 11:10-11:40am

Day & Time: M-TH | 11:45-12:15pm

Day & Time: M-TH | 12:15-12:45pm

Location: Cumberland Pool

Cost: \$30.00

Class Size: 8

### Level 1-Introduction to Water Skills

Ages 5+. Basic water skills including blowing bubbles, bobbing, front and back glides, and water safety skills are taught.

Instructor: Cumberland Pool Lifeguards

Day & Time: M-TH | 10:00-10:30am

Day & Time: M-TH | 10:35-11:05am

Day & Time: M-TH | 11:10-11:40am

Day & Time: M-TH | 11:45-12:15pm

Day & Time: M-TH | 12:15-12:45pm

Day & Time: M/W | 5:15-5:45pm

Day & Time: M/W | 5:50-6:30pm

Location: Cumberland Pool

Cost: \$30.00

Class Size: 8

### Level 2-Fundamental Water Skills

Ages 5+. Children learn to float and swim independently, to roll over, change direction while swimming and begin treading water with a continued emphasis on water safety.

Instructor: Cumberland Pool Lifeguards

Day & Time: M-TH | 10:00-10:30am

Day & Time: M-TH | 10:35-11:05am

Day & Time: M-TH | 11:10-11:40am

Day & Time: M-TH | 11:45-12:15pm

Day & Time: M-TH | 12:15-12:45pm

Day & Time: M/W | 5:15-5:45pm

Day & Time: M/W | 5:50-6:30pm

Location: Cumberland Pool

Cost: \$30.00

Class Size: 8

### Level 3-Stroke Development

Ages 5+. Children learn front crawl with rotary breathing and elementary backstroke, dolphin & scissors kick and diving with continued work on water safety.

Instructor: Cumberland Pool Lifeguards

Day & Time: M-TH | 10:00-10:30am

Day & Time: M-TH | 10:35-11:05am

Day & Time: M-TH | 11:10-11:40am

Day & Time: M-TH | 11:45-12:15pm

Day & Time: M-TH | 12:15-12:45pm

Day & Time: M/W | 5:15-5:45pm

Day & Time: M/W | 5:50-6:30pm

Location: Cumberland Pool

Cost: \$30.00

Class Size: 8

### Level 4-Stroke Improvement

Ages 5+. Children learn front and back crawl, elementary backstroke, sidestroke, breaststroke and butterfly. Diving and underwater swimming are taught. Treading water and water-safety skills continue.

Day & Time: M-TH | 10:00-10:30am

Day & Time: M-TH | 10:35-11:05am

Day & Time: M/W | 6:30-7:00pm

Location: Cumberland Pool

Cost: \$30.00

Class Size: 8

### Level 5-Stroke Refinement

Ages 5+. Children learn shallow angle dives, tuck & pick surface dives and back flip turns are taught with an emphasis on water safety skills for the swimmer and others.

Day & Time: M-TH | 9:00-9:30am

Day & Time: M/W | 6:30-7:00pm

Location: Cumberland Pool

Cost: \$30.00

Class Size: 8

### Level 6-Stroke Proficiency

Ages 5+. Work on stroke refinement to increase endurance, culminating in a 500-yard swim. Focus is on preparing swimmers for a life of fitness and safety.

Day & Time: M-TH | 9:00-9:30am

Day & Time: M/W | 6:30-7:00pm

Cost: \$30.00

Class Size: 8

### Teens and 'Tweens

For older swimmers with little or no swimming experience. Class will be divided into groups of six to maximize learning.

Instructor: Cumberland Pool Lifeguards

Day & Time: M-TH | 12:15-12:45pm

Location: Cumberland Pool

Cost: \$30.00

Class Size: 12

## special programs

### Water Aerobics

Ages 18+. A vigorous 40-minute workout done in the water incorporating cardio along with calisthenics. Participants need to be comfortable in the water.

Instructor: Margaret Hall

Days: Tuesday & Thursday

Date: June 16-Aug 11  
(no class 7/28)

Time: 6:30-7:15pm

Location: Cumberland Pool

Cost: \$59.00

Class Size: 20

### Deep Water Aerobics

Age 18+. For experienced swimmers.

This program is challenging, intense—an alternative workout for lap swimmers.

Participants need their own deep water belts.

Instructor: Joyce Braverman

Day: Saturday

Date: June 13-Aug 15 (no class 7/4)

Time: 12:15-1:15pm

Location: Cumberland Pool

Cost: \$39.00

### Diving Team\*

Prerequisite: must successfully pass the deep water test. No practice July 4.

Instructor: Cumberland Pool Lifeguards

Day, Date & Time: Advanced,

M-F | June 8-July 28 | 10:00-10:45am

Day, Date & Time: Intermediate,

M-F | June 8-July 28 | 11:00-11:45am

Day, Date & Time: Beginner,

M-F | June 8-July 28 | 12:00 Noon-12:45pm

Location: Cumberland Pool

Cost: \$49.00 CH RES

\*Coaches reserve the right to move or consolidate divers and groups.

### Synchronized Swim Team\*

Prerequisite: must successfully pass the deep water test. No practice July 4.

Instructor: Cumberland Pool Lifeguards

Date & Time: Advanced, M-F

June 8-July 28

8:00-8:45am

Date & Time: Beginner, M-F

June 8-July 28

9:00-9:45am

Location: Cumberland Pool

Cost: \$49.00 CH RES

\* Three weeks into the season, swimmers will be evaluated and split into three groups based on skill level in order to enhance learning. The advanced group will practice 8:00-8:30am, the intermediate group 8:45-9:15am and the beginner group 9:30-10:00am.

### Summer Swim Team Heights Tigersharks\*

Ages 6-16. Prerequisite: must have completed level 4. No practice July 4.

Head Coach: Cumberland Pool Staff

Day, Date & Time Group 1:

M-F, June 8-July 25 | 7:00-8:15am

Day, Date & Time Group 2:

M-F, June 8-July 25 | 8:15-9:15am

Day, Date & Time Group 3:

M-F, June 8-July 25 | 9:15-10:00am

Location: Cumberland Pool

Cost: \$55.00\* CH RES

\*Others Eligible in  
CH-UH School District

\*Groups based on age and/or swimming ability

Special note: Practice times are determined by skill level. Coaches reserve the right to place/remove swimmers based on skill or other factors. Please refer to the Tigersharks information packet for details. Additional team fees may be required.

# ICERINKS

## Ice Rink Schedule

216-691-7434 [www.chparks.com](http://www.chparks.com)

Learn-to-Skate Questions email: [learntoskate@clvhts.com](mailto:learntoskate@clvhts.com)

## Ice Schedule

The Cleveland Heights Community Center is fortunate to have two ice rinks and, due to the amount of patrons that we accommodate during the months of March through August, a comprehensive rink schedule is not available at this time. Please contact 216-691-7434 or go to [www.chparks.com](http://www.chparks.com) for up-to-date Learn-to-Skate USA information, daily schedules and additional rink information.

## Ice Rink Special Event List

### March-May

March 15: South Rink Closes

April 12: Community Center Closed

May 1-31: Rink maintenance,  
reduced schedule

### June-August

June 10: Summer Learn-to-Skate begins

July 4: Community Center closed for  
Independence Day

July 3-5: Rink closed

## Ice Skating Fees

### Daily Skating Sessions

Preschoolers accompanied by an Adult (limit 2 children per adult) charged only for skate rental.

Youth (5-18) w/Recreation ID Card: \$2.00

Adult w/Recreation ID Card: \$3.00

Admission w/o Recreation ID Card: \$5.00

Skate Rental: \$2.00

### Miscellaneous Skating Fees

Skate Rental Book (10 rentals): \$16.00

Guest Admission Books (10): \$45.00

## Group and Hourly Rentals

If you have a rental request, please call Kelly Taylor at 216-691-7395 or email [ktaylor@clvhts.com](mailto:ktaylor@clvhts.com).

## Cool as Ice Summer Camp

Stay cool this summer by participating in our Learn-to-Skate camp. For beginner and experienced skaters. Camp will consist of on-ice lessons and off-ice activities. Before and after care available.

Days: Monday-Friday

Dates: TBD

Time: 9:00am-4:00pm

Cost: \$230 CH RES per week  
\$300 NON RES per week

Before Care: \$10.00 per day  
(drop off at 8:00am)

After Care: \$15.00 per day  
(pick-up by 6:00pm)

## Cleveland Heights Birthday Party Planning

Let us take the stress out of planning your child's next birthday party. We will provide decorations, pizza, drinks, birthday cake and a skating instructor to assist your group in learning basic skating concepts.

Cost: \$290.00 CH RES

\$360.00 NON RES

## Birthday Parties

For ages 8-12, you may reserve the North Atrium for a small group (maximum: 20 children) to enjoy your provided refreshments and skate during a public session. Please call for available days and times. The cost is \$140.00 if reserved by a Cleveland Heights resident or \$210.00 if reserved by a non-resident; the cost includes admission and skate rental. Reservations must be made in advance.

## Private Lessons

In addition to group lessons, the professional skating staff is available for private instruction. A list of professionals is available at the ice rink counter or online. Please contact individual instructors directly. The cost of a 15-minute lesson ranges from \$10.00-\$17.00; additional ice fees apply.

LEARN TO  
**SKATE**  
USA

endorsed by



**\$5.00  
OFF**

**Any  
Learn-to-Skate  
Class or  
50% off  
2<sup>nd</sup> LTS Class  
Good for one skater**

Must be present  
at time of registration.

Not valid  
with any other offers.

Expires 06/09/2020

## Learn-to-Skate USA

Offering the best skating program in the US, our Learn-to-Skate USA program is geared for ages 3-Adult. Learn-to-Skate USA works in collaboration with US Figure Skating, USA Hockey and US Speedskating offering basic skating concepts as well as helping those skaters looking to progress to the sports of figure skating, ice hockey or speedskating. Please go to [www.clevelandheights.com/learntoskate](http://www.clevelandheights.com/learntoskate) for program overview.

Please contact Erin Sklarek, Learn-to-Skate Coordinator at 216-691-7434 or [learntoskate@clvhts.com](mailto:learntoskate@clvhts.com) with questions.

## Learn-to-Skate

Our Learn-to-Skate levels correspond to USFS Basic Skills Standards.

We offer Snowplow 1-4 ages 3-5, and Basic 1-Freeskate ages 6 and up. If you have questions or concerns regarding the level of class your child should sign up for, please contact Erin Sklarek at [learntoskate@clvhts.com](mailto:learntoskate@clvhts.com).

## Session Dates and Fees for Group Lessons

**Session 5 - Summer 8 weeks**  
Wednesday, June 10-July 29  
Registration begins May 4

### Learn-to-Skate Fees\*\*

Cost: \$64.00 CH RES  
\$80.00 NON RES

\*\*Price does not include skate rental. Each skate rental is \$2.00; a book of ten rental tickets for \$16.00 is available at the ice rink counter. Please understand that late registrations alter class sizes and change the scheduling of our Ice Professionals.



## Registration Procedures

There are two ways to register for group lessons: in person (Please see the Parks and Recreation registration office hours on page 28) and online.

## Registration Reminders

You need to present your Rec ID card in order to receive reduced rates on lessons. Classes canceled due to inclement weather cannot be rescheduled. Classes with insufficient enrollment may be canceled or combined with other classes.

It is important to register early to prevent cancellations and to insure proper instructor-to-student ratios. Registration will not be accepted after the second class.

Although no make-up lessons are available for those who miss a lesson, (between 100-200 skaters participate in each Learn-to-Skate session), ask for Erin Sklarek or an instructor to help find a make-up option.

A complete schedule of Learn-to-Skate classes is available at the Community Center registration desk, ice rink counters, and online.

Classes are once a week for 30 minutes. Each session has a different schedule but classes are available on both weekdays and weekends (except in summer).

## Preschool Lessons (Tots)

Ages: 5 & Under

Classes offered: Snow Plow 1, 2, 3, 4

Note: Four or five lessons may not be enough class time for your skater to master the skills required to pass. It may take more than one session to pass all skills. We suggest bringing your skater to a public skate or two between lessons to practice or schedule a private lesson with an instructor to help your skater's chances of passing on the first try. Another option is to register your child for two classes per week, rather than just one, ensuring them more ice time and instruction.

Note: Tots must wear knitted hats and mittens or gloves to all classes. Warm clothing is advised (but bulky "leggings" are hard to move in). The professionals would appreciate parents not giving their skaters gum or candy while on the ice and suggest parents sit in the bleachers during lessons. Double runners are not allowed for lessons.

## Youth Lessons

Ages: 6+

Classes offered: Basic 1-6,  
Pre-Freeskate and Freeskate 1-6

## Adult Lessons

Ages: 18+

Classes offered: Basic 1-6,  
Pre-Freeskate and Freeskate 1-6

## Speedskating

If you are interested in learning how to speedskate, please contact Barb Rosenbaum: [bkrosenbaum97@gmail.com](mailto:bkrosenbaum97@gmail.com) Information about the Cleveland Heights Speedskating Club can be found at [clevelandheightsspeedskating.org](http://clevelandheightsspeedskating.org)

## City Freestyle

Skaters of all levels who want to develop their skating skills may skate during City Freestyle sessions for a \$10.00 walk-on fee (punch cards also available). These sessions are for the more serious skater who is practicing jumps, spins, backward skating, moves, etc. A seven (7) session card may be purchased for \$63.00. Private lessons can be taught during these sessions. Skaters must check in at the ice rink counter and pay before joining the session. A schedule of these sessions is available at the ice rink counter and online.

## Pavilion Skating Club

The Pavilion Skating Club (PSC) is an organization developed to provide opportunities for skaters to continue building upon the skills learned in the City's "Learn-to-Skate USA" program. PSC is now able to offer year-round ice, as well as off-ice programming. The club caters to individuals who love skating and wish to continue building on their skill level as well as those who desire to achieve Olympic fame. If you have questions about figure skating or the Pavilion Skating Club, please email [pscoffice@pavilionfsc.com](mailto:pscoffice@pavilionfsc.com) and your questions will be answered promptly or check out [pavilionfsc.com](http://pavilionfsc.com).



## Pre-Season Youth Hockey Camp

Instructor: Mike Bauman, EST  
Coaching Coordinator  
Levels: ADM-Bantam  
Dates: TBD  
Location: North Rink  
Cost: FREE for EST Players /  
\$20 All Others per session

## Eastside Tigers

The EST is the parent organization that works with the City to encourage and teach as many children as possible to play and enjoy hockey. Please visit [www.heightshockey.com](http://www.heightshockey.com) for 2020-21 season information.

## Adult Lunch Time Pick-Up Hockey

Ages: 18 and over  
Days: Tuesday & Thursday  
Dates: Through April 14  
Times: 11:30am-1:00pm  
Location: North Rink  
Cost: \$5.00

Contact the rink desk at 216-691-7434 or visit [www.chparks.com](http://www.chparks.com) for program updates, schedule updates and summer dates and times.



# PRESCHOOL PROGRAMS

## Spring Egg Hunt

The City of Cleveland Heights will hold the Annual Spring Egg Hunt for children ages 1-9 Saturday, April 4, at 10:00am (SHARP!) in the Forest Hill Park Meadow (near the playground). The event is FREE! Children should wear old clothes and boots in case of inclement weather and must bring their own bags or egg baskets. Registration deadline is April 3, call 216-691-7373. Please bring a nonperishable food item to be donated to the Heights Emergency Food Center. (Please note if the weather is severe the day of the hunt, the program may be moved to the Forest Hill Tennis Courts or inside the Community Center. Call 216-691-7373 the day of the event for information).



## Safety Town

Safety Town, traffic safety program sponsored by the Cleveland Heights Parks and Recreation, and is open to children who will be attending kindergarten in the fall and who live in Cleveland Heights or within the CH-UH School District boundaries. Each session will run Monday-Thursday and is limited to 20 children on a first-come basis. The program will be held at the Cleveland Heights Community Center at One Monticello Boulevard. Registration will take place at the Cleveland Heights Community Center, 1 Monticello Blvd. (corner of Mayfield and Monticello Blvd.) in the South Atrium on Wednesday, May 20 from 6:00-7:30pm. No early registration will be accepted. The cost is \$25.00 for the program (Please pay with cash or check – VISA or MasterCard available). Please contact Dee Marsky at 216-691-7372 for class information.  
 Session 1 June 8-11 (1:00-3:00pm)  
 Session 2 June 15-18 (10:00am-Noon)  
 Session 3 June 22-25 (1:00-3:00pm)  
 Session 4 July 6-9 (10:00am-Noon)

## special interest

### NEW! A Little Song & Dance

Ages 3-5 (Must be 3yrs old & potty-trained!). A creative movement and song class designed for ages 3 to 5. Through an engaging class of organized song and dance participants will enhance their large and fine motor skills and social development. Perfect for your back-car singers, and grocery aisle performers to have a weekly outlet. Adults do not stay with children during class, and children should be dressed in comfortable clothes (no tutus). Parent Observation day is the last class of each session.  
 Instructed by: Maya Curtis  
 Day: Saturday  
 Dates: March 21-May 2 Spring (no class 3/28 & 4/11)  
 Dates: May 16-June 20 Summer (no class 5/23)  
 Time: 1:00-1:45 pm  
 Location: Aerobic Room  
 Cost: \$38 CH RES / \$48 NON RES

### NEW! Pre-Dance Class

Ages 3-5 (Must be 3yrs old & potty-trained!). Have a child who loves to dance, but not quite sure what type of dance he/she likes? Join us Mondays at 1:00pm, for 45 minutes of a different format every week; Ballet, Jazz, Soft Shoe Tap, Hip Hop, Acro, Props, and More! Children should wear Ballet or Jazz shoes. Clothing should fit secure; nothing should be distracting. No Bare Feet, Socks, or Tennis Shoes. Parent Observation day is the last class of each session.  
 Instructed by: Sha'Ran  
 Day: Monday  
 Dates: Feb 24-April 6 Spring (no class 3/23)  
 Dates: April 20-June 1 Summer (no class 5/25)  
 Time: 1:00-1:45pm  
 Location: Aerobic Room  
 Cost: \$38 CH RES / \$48 NON RES

# YOUTH PROGRAMS

## sports

### Preschool open gym

Parent and little ones ages 1-5. Parents/guardians must stay with their children.

Days: Monday, Wednesday & Friday

Ends: Friday, April 3

Time: 10:00am-12:00 Noon

Location: Gymnasium

Cost: \$5.00 per family each time or  
\$20.00 for a 6-class pass

### Jump Start Sports T-Birds T-Ball

Players learn the basics then apply skills in fun, non-competitive games. Jump Start Sports Staff conducts the program.

Ages: 3-4, Boys and Girls

Day: Wednesday

Dates: June 10-July 22

Time: 5:30-6:30pm

Location: Denison Park Turf Field

Cost: \$80.00

Register: [www.jumpstartsports.com](http://www.jumpstartsports.com)

### Tiger Cubs Soccer

Instructor: Sean Sullivan, 216-849-4505  
[www.heightsunitedsoccer.com](http://www.heightsunitedsoccer.com)

Ages: 3-4

Day: Saturday

Dates: April 18-May 23

Time: 10:00-11:00am

Location: Denison Park Turf Field

Cost: \$65.00

### USTA Group Tennis Lessons

Ages: 4-6

Level: Beginner

Days: M/W 10:00-11:00am  
or 11:00am-Noon

Dates: June 1-July 8

Days: T/TH 10:00-11:00am  
or 11:00am-12:00 Noon

Dates: June 2-July 9

Location: Cain Park Tennis Courts

Cost: \$35.00 CH RES  
\$50.00 NON RES

## martial arts

### Mini Kids Kuk Sool Won™(WKSA)

The Traditional Martial Art of Korea  
Ages 5 & 6. Class includes: Etiquette (Respectful Behavior); Rolling & Acrobatics; Safety Falls; Meditation Practice; Hand/Foot Striking & Blocking; Forms Training (Hyung); and Self Defense Techniques.

Instructed by: David Pritts, 3rd Degree Black Belt and School Owner

Days: Tuesday and Thursday  
(15 classes a session)

Time: 6:00-6:30pm

Dates: May 5-June 30 Spring  
(no class 5/21 & 5/26)

Dates: July 14-Sept 8 Summer  
(no class 9/1 & 9/3)

Location: Tue. Rm 7/Thur. Senior Center

Cost: \$51 CH RES / \$58 NON RES

### Youth Kuk Sool Won™(WKSA)

The Traditional Martial Art of Korea  
Ages 7-13. Class includes: Etiquette (Respectful Behavior); Rolling & Acrobatics; Safety Falls; Meditation Practice; Hand/Foot Striking & Blocking; Forms Training (Hyung); and Self Defense Techniques.

Instructed by: David Pritts, 3rd Degree Black Belt and School Owner

Days: Tuesday and Thursday

Time: 6:30-7:30pm

Dates: May 5-June 30 Spring  
(no class 5/21 & 5/26)

Dates: July 14-Sept 8 Summer  
(no class 9/1 & 9/3)

Location: Tue. Rm 7/Thur. Senior Center

Cost: \$87 CH RES / \$102 NON RES

### Tai Shin Doh

All the following are Instructed by:  
David Jones, 5th Degree Black Belt

### Youth-Beginners Self-Defense

Ages 6 & up. Children are taught control, discipline, awareness, and responsibility and consideration in a martial arts environment.

Day: Saturday

Dates: March 7-May 16 Spring  
(no class 3/28 & 4/11) (9 weeks)

Time: 10:30am-12:00 Noon

Location: Activity Rm 7

Cost: \$59 CH RES / \$68 NON RES

### Youth-Advanced Self-Defense

For students who have achieved a green belt in Tai Shin Doh and above. Students will learn to master the art of Tai Shin Doh.

Day: Saturday

Dates: March 7-May 16 Spring  
(no class 3/28 & 4/11) (9 weeks)

Time: 9:00am-10:30am

Location: Activity Rm 7

Cost: \$59 CH RES / \$68 NON RES

### Youth & Adult Summer Workout

For adults already in our TSD program and the youth who have achieve a yellow belt or above. Continuation of the Tai Shin Doh curriculum will be taught.

Day: Friday

Dates: June 5-July 31 Summer  
(no class 7/3)

Time: 7:00-8:30pm

Location: Activity Rm 7

Cost: \$72 CH RES / \$80 NON RES

### Tai Shin Doh Summer Camp

Enjoy TSD in the summer. Learn new skills (techniques, sparing, Kata's) or improve your skills, and possibly take a belt test. All are welcome from beginners to accomplished belts. For ages 6-14.

Day: Thursday

Dates: June 11-August 13 Summer  
(no class 7/2) (8 weeks)

Time: 7:00-8:30pm

Location: Summer Field House

Cost: \$70 CH RES & NON RES

# special interest

**Spring Egg Hunt** See page 40

## NEW! Level 1 Dance

Ages 6-8. You've got a DANCER!!!! This age, the dancer wants to know a little bit more about formats like Ballet, Jazz, Lyrical, Hip Hop, and more. This hour-long class will begin with a warm up, followed by technique, ending with a combination. Each week we will explore a different format, in hopes to challenge your dancer. Dancers should wear Ballet or Jazz Shoes. Hip Hop week can wear tennis shoes that have not been worn outside. Clothing should fit secure; nothing should be distracting. Instructed by: Sha'Ran  
Day: Wednesday  
Dates: Feb 26-April 15 Spring  
(no class 3/25 & 4/8)  
Dates: April 29-June 3 Summer  
Time: 5:30-6:30pm  
Location: Aerobic Room  
Cost: \$38 CH RES / \$48 NON RES

# summer camps

## Youth Developmental Tennis Camp

Camp activities include drill stations, team play, tournament matches and individual evaluations. Camp T-shirt will be provided.  
Ages: 9-18  
Days: Monday-Friday  
Dates: July 13-17  
Time: 9:00am-4:00pm  
Location: Cain Park Tennis Courts  
Cost: \$150.00 CH RES  
\$180.00 NON RES  
(\$25.00 discount for multiple children)

## Jump Start Sports Cleveland Heights Summer Fun Camp

The Cleveland Heights Summer Fun Camps provide children with fun and worthwhile activities for the whole summer while providing parents with flexible options that can accommodate any schedule! Campers can choose to participate in a daily theme sport, a weekly crafts project, swimming and many other camp games and activities.  
Ages: Children entering grades K-6  
Days: Monday-Friday  
Dates: June-Aug  
Time: 9:00am-3:00pm  
Location: Community Center  
For complete camp information and to register please go to [www.jumpstartsports.com](http://www.jumpstartsports.com)

## HYTeens Broadway at the Park Summer Camp

(A Partnership between Heights Youth Theatre and Cain Park)  
HYT partners with Cain Park to offer a summer camp for teens that are passionate about musical theater. From audition techniques, scene work, character development, choreography and music intensives to interaction with professional actors, directors, tech people and stage managers, we will build a musical review in this professional setting, and culminate with a performance on the Alma stage! If this all sounds like what you've been waiting for, then please join us for HYTeens Broadway at the Park! No audition necessary!  
Ages: Grades 6-12  
Days: Monday-Friday  
Dates: June 8-26  
Time: 9:00am-3:00pm  
Contact: Pam Fine: [olyida78@gmail.com](mailto:olyida78@gmail.com)  
Location: Cain Park, 14591 Superior Rd, Cleveland Heights, OH 44118  
Cost: \$550  
*Please note: camp will culminate with a community performance on June 26 in the Alma Theater*

# sports

## USTA Group Tennis Lessons

Ages: 7-17  
Level: Beginner  
Days: M/W 10:00-11:00am or 11:00am-12:00 Noon  
Dates: June 1-July 8  
Days: T/TH 10:00-11:00am or 11:00am-12:00 Noon or Tuesday 6:00-7:30pm  
Dates: June 2-July 9  
Level: Intermediate  
Days: M/W 12:00 Noon-1:00pm  
Dates: June 1-July 8  
Days: T/TH 12:00 Noon-1:00pm  
Dates: June 2-July 9  
Location: Cain Park Tennis Courts  
Cost: \$45.00 CH RES  
\$60.00 NON RES

## Junior Competitive Skills Clinic

This program offers high level instruction and supervised match play in order to introduce and develop the skills you need to compete on your school's team or in tournaments.  
Ages: 12-18, Middle School and High School  
Days: M/W/F or T/TH/F  
Dates: June 1-July 10  
Time: 1:00-3:00pm  
Cost: \$80.00 CH RES  
\$110.00 NON RES

## Private Lessons

Call 216-691-7373 for assistance in contacting an instructor and setting up private lessons.

## Jump Start Sports Rookie League Baseball

Basic instruction of the sport. Kids begin playing T-Ball and are slowly introduced to Coach Pitch. Games are non-competitive. Jump Start Sports Staff conducts the program.  
Ages: 5-6 Boys and Girls  
Day: Wednesday  
Dates: June 10-July 22  
Time: 6:30-7:30pm  
Location: Denison Park Turf Field  
Cost: \$80.00  
Registration: [www.jumpstartsports.com](http://www.jumpstartsports.com)

## Jump Start Sports Major League Baseball

Basic instruction of the sport. Kids are introduced to Coach Pitch. Games are non-competitive. Jump Start Sports Staff conducts the program.  
Ages: 7-8 (ages as of 04/30/2020)  
Day: Monday  
Dates: June 8-July 20  
Time: 6:30-7:30pm  
Location: Forest Hill Meadow  
Cost: \$75.00  
Registration: [www.jumpstartsports.com](http://www.jumpstartsports.com)

## Heights Girls' Softball

Practices will begin in early May at Cleveland Heights Parks and Recreation fields.

Games are held in late May, June and July. (age levels as of 04/30/20)

### Coach Pitch

Ages: 7-8 teams will participate in South Euclid Pixie League

Cost: \$55.00 CH RES  
\$80.00 NON RES

### Fast Pitch

Ages: 9-10 fast pitch travel teams

Ages: 11-12 fast pitch travel teams

Ages: 13-14 fast pitch travel teams

Cost: \$75.00 CH RES  
\$85.00 NON RES

Scholarships are available for eligible Cleveland Heights residents.

## Heights Youth Baseball

### Recreation League

Practices will be held in early May.

Both practices and games are held in late May, June and July at Cleveland Heights Parks and Recreation Fields.

\*8-year-olds may try out for 9-10 division at player assessments

Ages: 9-10\* Player Pitch  
(age levels as of 04/30/2020)

Cost: \$85.00 CH RES  
\$115.00 NON RES

### Local Recreation Travel Leagues

Ages: 11-12 & 13-14

Player Pitch (age levels as of 04/30/2020)

Practices will be held in early May.

Both practices and games are held in late May, June and July at Cleveland Heights Parks and Recreation Fields. Games are also held in neighboring communities of South Euclid, Lyndhurst and Mayfield Heights.

Cost: \$85.00 CH RES  
\$115.00 NON RES

Player Assessments indoors at the Community Center.

Ages: 9-10\* includes 8-year-olds trying out for 9-10

Date: Saturday, April 25

Time: 10:00am-12:00 Noon

Ages: 11-12

Time: 12:15-2:00pm

Registration begins Monday, March 2 at The Cleveland Heights Community Center.

Call 216-691-7373 for information and a registration packet. Registration deadline is Friday, April 24.

## Challenger Baseball

Ages: 5-22 for those physically/mentally challenged.

Cost: \$30.00

Call 216-691-7373 for information and a registration packet.

## Summer Youth Basketball

### Boys Program:

Basketball Camp - Boys & Girls

Grades: 3-12

Days: Monday-Friday

Dates: June 1-5

Dates: June 8-12

Time: 9:00am-4:00pm

Location: Cleveland Heights Community Center

Cost: \$135.00 CH RES (1 Week)  
\$165.00 NON RES

Cost: \$240.00 CH RES (2 Week)  
\$300.00 NON RES

All participants in Basketball Camp receive Basketball League registration at no cost.

### Basketball League - Boys & Girls

Grades: K-12

Days: Monday-Thursday

Dates: June 15-July 30

Time: TBA

Location: Cleveland Heights Community Center

Cost: \$50.00 CH RES  
\$70.00 NON RES

### Teen Outdoor Basketball Program

Supervised outdoor basketball courts at Denison Park, Cumberland Park and Cain Park.

Days: Monday-Friday

Dates: June 1-August 14

Time: 6:00-9:00pm

Location: Denison Park, Cumberland Park and Cain Park

Cost: FREE

### Independent Youth Sports Programs

Several independent youth sports programs use Cleveland Heights facilities. Such use does not constitute sponsorship or endorsement of such programs by the City of Cleveland Heights.

## Eastside Kickers Premier Travel Soccer Club

Travel Soccer Program for ages 8-13 at Denison Park and school fields.

Contact: eastsidekickers.org, Dan Powell 216-213-6752, dapowell78@gmail.com.

## Spring Youth Soccer Academy

Day: Saturday

Dates: April 4-May 9

Time: Coed Grades K-1

11:30am-1:00pm

Coed Grades 2-3

1:00-2:30pm

Coed Grades 4-6

1:00-2:30pm

Location: Denison Park Turf Field

Cost: \$40.00 CH RES

\$60.00 NON RES

Registration begins Monday, March 2 at The Cleveland Heights Community Center. Call 216-691-7373 for information and a registration packet. Registration deadline is Friday, April 5.

## Heights United Soccer Academy

Independent, full-day soccer camp directed by Sean Sullivan, former

Cleveland Heights High School

soccer coach, member of the CHHS

Distinguished Alumni Hall of Fame

(inducted 2018) & skills instructor for the

Cleveland Heights Parks & Recreation

soccer programs.

Instructor: Sean Sullivan, 216-849-4505

Dates: June 8-July 10

Time: 9:00am-3:00pm

Location: Gearity Elementary

Cost: www.heightsunitedsoccer.com

### Summer Soccer Camp

Contact: Sean Sullivan 216-849-4505

www.heightsunitedsoccer.com.

## Heights Tigers Tackle Football & Cheerleading

Ages: 6-11\* (No weight limit) Football

Ages: 5-13 Cheerleading

Dates: Practices begin in June

Contact: Coach Mike Payne at

216-906-4168 or at

mcpayne74@gmail.com

\*age as of 08/01/2020

www.heightstigersyouthsports.org

## Heights Tigers Youth Track & Field (AAU)

Ages: 4-14

Dates: Practices begin March 2

Cost: TBA Competitive Level

(will run in meets)

TBA Non-Competitive Level

(does not run in meets)

Contact: Derrick Fair at 216-773-6075

www.heightstigersyouthsports.org

# ADULT PROGRAMS

Registration: mail, in person at the Community Center, and phone

*Note: All Dates Are Subject to Change*

*Families with more than one person enrolled in the same general recreation class will be eligible for the family discount.*

*The first person in the same class will pay full price and a \$10.00 discount for each additional family member in the same class.*

*(Family definition – Adult head of household and his/her spouse or partner and dependent children occupying same household age 18 and under.)*

Sometimes excellent courses are canceled when too many people wait until the last minute to register.

Please avoid disappointment and try to register as soon as possible or at least one week before the course begins.

## Forest Hill Park Nature Walk/History Walk

Forest Hill Park is a gem in our own backyard. Come and explore the park with a naturalist from North Chagrin Metro Park (Selby Majewski Bean). Dress to hike with sturdy shoes or boots.

**Forest Hill Nature Walk** – Join naturalist Selby Majewski Bean to explore the trails of Forest Hill Park. A rich display of wildflowers, waterfalls and massive trees dot the valleys of Dugway Brook.

Meet at Cleveland Heights Community Center main Entrance (1 Monticello Blvd.) Sunday, May 31 from 9:30am–11:30am.

Note: Terrain – natural surface, hilly trails, 3 miles.

**Forest Hill History Walk** – Join a naturalist to discover the past of the fascinating Forest Hill Park. The *Rockefellers* left many clues behind for us to follow. Meet at the Forest Hill Picnic Shelter #1 (2370 Lee Boulevard, Cleveland Heights) Thursday, August 13 from 6:30–8:00pm.

Note: Terrain – paved trails, some hills, 1.5-2 miles.

## 12th Annual Earth Day Run

City of Cleveland Heights will sponsor a 5K Run/Walk on Wednesday, April 22.

The 5K run (3.1 mile) will start at 7:00pm (Rain or Shine – no Rain Date). The event is a fundraiser for the Youth Scholarship Fund. The route is completely on the Forest Hill Park pathway in Cleveland Heights and East Cleveland. Cost: \$18 Pre-Registration and \$22 Day of the Race (Cash and Checks Only). Mail-in registration is Monday, April 20. Pre-Registration: Checks are made out to HMA Promotions. Mail to City of Cleveland Heights Earth Day Run, 40 Severance Circle, Cleveland Heights, OH 44118 or register on-line at [www.hmapromotions.net](http://www.hmapromotions.net)

## RETURNING! WOW (Women Out Walking) Program. Do you like to walk?

Last year 206 participants submitted a total of 28,803, 803 steps or approximately 14,402 miles. This year the program will kick off on Sunday, May 3 with a program from 2:00–4:00pm ending with a walk around Forest Hill Park. The twelve-week program will finish on Sunday, July 26. The program is free and participants will get a t-shirt and other goodies.

**HAPPY 5K/10K RUN & WALK  
SUNDAY, OCTOBER 4  
MARK YOUR CALENDAR AND  
GET YOUR TEAMS READY.  
6TH YEAR - BIGGER & BETTER**

special  
interest

## NEW! I'm Not Flexible... Beginner Yoga

Unfortunately, too often when we hear the word yoga we think of extreme pretzel-like poses. Yoga will meet you where you are. We will explore all classifications of poses to include variations with props. Additionally, discover the benefits of breath control and meditation.

Instructed by: Kimberly Archibald Russell

Day: Wednesdays (6 weeks)  
Dates: Feb 26-April 15 Spring  
(no 3/25 & 4/8)

Dates: April 29-June 3 Summer 1  
Dates: June 17-July 22 Summer 2  
Time: 6:00-7:00pm

Location: Activity Rm 1A&1B  
Cost: \$38 CH RES / \$44 NON RES

## NEW! Relax the Back Yoga

Too much sitting, posture habits and stress can all affect back comfort. We will explore gentle, mindful movement and breathe with a back focus.

Instructed by: Kimberly Archibald Russell

Day: Tuesdays  
Dates: Feb 25-April 7 Spring  
(no class 3/24)

Dates: April 21-May 26 Summer 1  
Dates: June 9-July 14 Summer 2  
Time: 1:00-2:00pm

Location: Aerobic Room  
Cost: \$38 CH RES / \$44 NON RES

## ZUMBA NEW Instructor!!

Start your weekend with Zumba®! Inspired by Latin dance and music, Zumba® uses a variety of styles in its routines, including Cumbia, Merengue, Salsa, Reggaeton, Mambo, Rumba, Flamenco, and Hip Hop. Music selection includes both fast and slow rhythms to help tone and sculpt the body. You'll see why Zumba® Fitness classes are often called exercise in disguise. Wear comfortable workout clothes and shoes that you can move in, bring water and a towel because you will sweat!

Instructed by: Gigi Romey

Day: Friday  
Dates: March 6-April 24 Spring 1  
(no class 3/27, 4/10 & 4/17)

Dates: May 8-June 5 Spring 2  
Dates: June 19-July 24 Summer 1  
(no class 7/3)

Dates: July 31-August 28 Summer 2  
Time: 6:00-7:00pm

Location: Aerobic Room  
Cost: \$38 CH RES / \$44 NON RES

## NEW! Aerobic Step with a Twist of Dance

Aerobic Step is a form of Physical Exercises that combines an Aerobic Step Board, ABS, and Rhythmic Aerobic Exercises with Stretching and Strength Training Routines with the goal of improving all elements of fitness (flexibility, muscular, strength and cardiovascular fitness). This class will be performed to high energy music.

Instructed by: Alisa Henry

Day: Wednesday  
Dates: Feb 5-March 11 Spring 1  
Dates: April 1-May 13 Spring 2  
(no class 4/8)

Dates: May 27-July 1 Summer 1  
Time: 6:30-7:30pm

Location: Aerobic Room  
Cost: \$38 CH RES / \$44 NON RES



# AMERICAN RED CROSS BLOOD DRIVES

**May 4, July 6 & Aug 18**  
Time: 2:00-7:00pm  
At The Community Center

Call 1-800-GIVELIFE to  
schedule an appointment.  
Walk-ins will be taken  
as schedule permits.

## NEW! Beginner's Chess

Join us for an introductory chess course. Participants will be taught step-by-step basics of the game of chess (how to set up the board, pieces and moves). The class will be an hour and for ages 15 and up are welcome. Learn the game and hopefully have some fun in the journey of this strategic thinking game.

Instructed by: Dashon Chandler  
Day: Tuesday (6 weeks)  
Dates: Feb 25-April 14 Spring  
(no class 3/17 & 3/24)  
Dates: April 28-June 2 Summer 1  
Time: 6:00-7:00pm  
Location: Activity Rm A in Senior Center  
Cost: \$38 CH RES / \$44 NON RES

## Guns and Buns (Free Class with Fitness Membership)

Participants will use a variety of equipment and perform each exercise for 30 seconds with little to no rest between exercises. Complete the # of circuits for your Fitness level. Pump up your arms and tighten those buns.

Instructed by: Alisa Henry  
Day: Saturday  
Dates: Feb 29-April 18 Spring  
(no class 3/28 & 4/11)  
Dates: May 2-June 13 Summer 1  
(no class 5/23)  
Dates: June 27-Aug 8 Summer 2  
(no class 7/4)  
Time: 11:00am-12:00pm  
Location: Aerobic Room  
Cost: \$38 CH RES / \$44 NON RES

## Cardio Dance (Free Class with Fitness Membership)

An hour of aerobic intervals, incorporating beginner to advanced dance moves, to a wide genre of music.

Instructed by: Sha'Ran  
Day: Thursday  
Dates: Feb 20-April 2 Spring  
(no class 3/26)  
Dates: April 23-June 4 Summer 1  
(no class 5/21)  
Dates: June 18-July 30 Summer 2  
(no class 7/2)  
Time: 7:30-8:30pm  
Location: Aerobic Room  
Cost: \$38 CH RES / \$44 NON RES

## Interval Mix (Free Class with Fitness Membership)

This class will have four 15-minute segments working the whole body with cool down. A variety of equipment will be used to spice up the work-out. Bring your own water bottle.

Instructed by: Lori Blum  
Day: Tuesday  
Dates: Feb 25-April 7 Spring 1  
(no class 3/24)  
Dates: April 21-May 26 Spring 2  
Dates: June 9-July 14 Summer 1  
Time: 9:30-10:30am  
Location: Aerobic Room  
Cost: \$38 CH RES / \$44 NON RES

## Argentine Tango Lessons & Practica

This drop-in class will emphasize the fundamentals of the Tango, the dance of Buenos Aires, and will focus on quality of movement, elegance, musicality, and connection. Lessons 1:00 - 2:30 pm and Practica 2:30 - 4:30 pm.

A dance session (Practica) will follow the class. No partner necessary.  
Days: Sunday  
Starts: Ongoing  
Time: 1:00-4:30pm  
Location: Aerobic Room  
Cost: \$5.00 drop in fee  
(Covers both sessions)

## Tai Chi for Mind Body & Spirit

Adults join our Tai Chi class for all fitness levels, experience whole body awareness for a healthy daily lifestyle! Tai Chi offers slow moving exercises as the class incorporates gentle stretching, emphasis on balance, and Qi Gong breathing for relaxation. The form(s) can be practiced seated or standing.

Please bring a spill proof water bottle; comfortable clothing and shoes advised, please no clogs, crocs or flip flops.  
Instructor: Lucky Caswell-Harris, Relaxation Strategist, Certified Arthritis Foundation Land & Tai Chi Instructor, Reiki Master, Whoga® Immersion Instructor, Healing Touch®  
Days: Monday (5 weeks)  
Dates: March 2-April 6 Spring  
(no class 3/23)  
Dates: April 27-June 1 Summer 1  
(no class 5/25)  
Time: 5:00-6:00pm  
Location: SAC Activity Rm A  
Cost: \$32 CH RES / \$37 NON RES

## Saturday Indoor Cycling

45 minutes of cycling, a warm up, and cool down. Be sure to bring your own water bottle and mat.

Instructed by: Michelle Sills  
Day: Saturday  
Dates: Feb 29-April 18 Spring  
(no class 3/28, 4/11)  
Dates: May 2-June 13 Summer 1  
(no class 5/23)  
Dates: June 27-August 8 Summer 2  
(no class 7/4)  
Time: 10:00-10:45am  
Location: Aerobic Room  
Cost: \$38 CH RES / \$44 NON RES

## Evening Barre Body Total Workout

Elements of dance with the principles of strength and safety in Pilates. This is a bare-foot workout. Wear comfortable workout clothes and bring an exercise mat, towel, and spill-proof water bottle.

Instructed by: Pia Alesci  
Days: Monday  
Dates: March 9-April 20 Spring  
(no class 3/23)  
Dates: May 4-June 15 Summer 1  
(no class 5/25)  
Dates: June 29-August 3 Summer 2  
Time: 6:00-7:00pm  
Location: Aerobic Room  
Cost: \$38 CH RES / \$44 NON RES

## Thursday AM Body Toning

This total body workout uses various equipment to help you strengthen and tone and will conclude with abdominal work and stretching. Bring your own exercise mat. All levels welcome.

Instructed by: Michelle Sills  
Day: Thursday  
Dates: Feb 27-April 16 Spring  
(no class 3/26 & 4/9)  
Dates: April 30-June 4 Summer 1  
Dates: June 18-July 23 Summer 2  
Time: 9:30-10:30am  
Location: Aerobic Room  
Cost: \$38 CH RES / \$44 NON RES  
Dates: Mini Summer Aug 6-Aug 27  
Cost: \$30 CH RES / \$36 NON RES

## Monday Morning Cycling

45 minutes of cycling, a warm up, cool down and 15 minutes of abdominal work and stretching. Be sure to bring your own water bottle and mat.

Instructed by: Michelle Sills

Day: Monday

Dates: March 9-April 20 Spring  
(no class 3/23)

Dates: May 4-June 15 Summer 1  
(no class 5/25)

Dates: June 29-Aug 3 Summer 2  
Time: 9:30-10:30am

Location: Aerobic Room

Cost: \$38 CH RES / \$44 NON RES

## Mat Pilates

Balances both stretching and strengthening. Wear comfortable clothing and bring a mat, towel and water.

Instructed by: Hope Schultz

Day: Tuesday and Thursday

Dates: Feb 25-April 14 Spring  
(no class 3/24, 3/26 & 4/9)

Dates: April 21-May 28 Summer 1

Dates: June 9-July 16 Summer 2

Dates: July 28-Sept 10 Summer 3  
(no class 9/1 & 9/3)

Time: 6:30-7:30pm

Location: Aerobic Room

Cost: \$66 CH RES / \$78 NON RES

## Karate Coed Men/ Women's Self Defense Tai Shin Doh

The Coed class will focus on the use of Tai Shin Doh in real life situations. Tai Shin Doh skills are learned and refined.

Instructed by: David Jones, 5th Degree Black Belt

Day: Friday

Dates: March 6-May 15 Spring  
(no class 3/27 & 4/10) (9 weeks)

Time: 7:00-8:30pm

Location: Activity Rm 7

Cost: \$59 CH RES / \$68 NON RES

## Youth & Adult Tai Shin Doh Summer Workout

For adults already in our TSD program and the youth who have achieve a yellow belt or above. Continuation of the Tai Shin Doh curriculum will be taught.

Instructed by: David Jones, 5th Degree Black Belt

Day: Friday

Dates: June 5-July 31  
(no class 7/3) (8 weeks)

Time: 7:00-8:30pm

Location: Activity Rm 7

Cost: \$72 CH RES / \$80 NON RES

## Adults Kuk Sool Won™(WKSA)

The Traditional Martial Art of Korea

Ages 14-75. Class includes: Etiquette (Respectful Behavior); Rolling & Acrobatics; Safety Falls; Meditation Practice; Hand/Foot Striking & Blocking; Forms Training (Hyung); and Self Defense Techniques.

Instructed by: David Pritts, 3rd Degree Black Belt and School Owner

Days: Tuesday & Thursday

Time: 7:30-8:30pm

Dates: May 5-June 30 Spring  
(no class 5/21 & 5/26)

Dates: July 14-Sept 8 Summer  
(no class 9/1 & 9/3)

Location: Tue. Rm 7/Thur. Senior Center

Cost: \$87 CH RES / \$102 NON RES

## DANCE MIXX CARDIO & STRENGTH by Jazzercise

The benefits of coming together and working out with friends and neighbors, doing something difficult while encouraging each other, helps your physical AND emotional health! We have new music & new moves every week, incorporating dance cardio, Pilates, yoga, kickboxing and strength training. Four different formats (including interval/HIIT) are taught every month to keep it fun and mix it up. Some other classes give you cardio, some give you strength – we give you both – every class!

All programs sound the same, so the only way to explain how we are different is to come in and see for yourself. Bring this ad with you to receive 50% off a day pass (you must present the ad to receive the discount).

M/T/W/Th. 6:30pm

Sat. 8:45am

Sun. 9:30am

(Unlimited workouts starting at just \$48.00/month!)

Call or text Mary Beth at 440-655-5394 or email at marybethmccnn@gmail.com.

# sports

## Indoor Pickleball

Pickleball is a combination of tennis, badminton and table tennis and is designed to be played by all ages.

Ages: 18+

Days: Tuesday & Thursday

Dates: October-April

Time: 9:00am-3:00pm

Location: Community Center  
Gym Court 1

Cost: \$3.00 / \$25.00 CH RES  
\$6.00 / \$50.00 NON RES  
per session /10 sessions

## Outdoor Pickleball

Ages: 18+

Days: Tuesday & Thursday

Dates: May-September

Time: 9:00am-12:00 Noon

Location: Denison Park

Tennis Courts

Cost: \$25.00 CH RES 10 sessions  
\$50.00 NON RES 10 sessions

## Coed Softball

Ages: 18+

Day: Monday

Dates: Beginning April 27

Location: Larry Shaw Softball Complex  
Forest Hill Park

Cost: \$400.00 CH RES Team  
\$475.00 NON RES Team

## Men's Slow Pitch Softball League

Ages: 18+

Days: Wednesday & Friday

Dates: Beginning April 29

Location: Larry Shaw Softball Complex  
Forest Hill Park

Cost: \$650.00 CH RES Team  
\$800.00 NON RES Team

Contact Chris Kendel at  
ckendel@clvhts.com for more info.

## USTA Group Tennis Lessons

Ages: 18-59

Instructor: Staff

Location: Cain Park Tennis Courts

Cost: \$60.00 CH RES  
\$80.00 NON RES

Level: Advanced Beginner

Days: Monday & Wednesday

Dates: June 1-July 8

Time: 9:00-10:00am

Level: Advanced Beginner

Day: Wednesday

Dates: June 3-July 15

Time: 7:30-9:00pm

Level: Intermediate

Day: Tuesday

Dates: June 2-July 14

Time: 7:30-9:00pm

## Raquettes

Doubles action for experienced female players. Round Robin tournaments and fun days are planned.

Days: Tuesday & Thursday

Dates: Beginning June 2

Time: 9:00am

Location: Cain Park Tennis Courts

Cost: \$45.00 CH RES  
\$60.00 NON RES

## Private Lessons

Call 216-691-7373 for information.

# SENIOR CENTER

Office on Aging  
1 Monticello Boulevard 44118  
8:30am-5:00pm Monday-Friday

Participation for CH residents age 60+. Senior Activity Center ID cards, cost \$5, can be purchased at the Community Center. Photo ID and proof of residency are required. Senior Programs are offered through the CH Office on Aging.

To register for classes or for medical van & SAC van rides or social services, call the Office on Aging at 216-691-7377.

## Artistic

### Arts & Crafts Wednesdays

Experience the satisfaction of creating simple but elegant projects designed to be finished in one day.

Instructors: Susan Roberts & Leonie Lee  
Day: 2<sup>nd</sup> & 4<sup>th</sup> Wednesdays  
Dates: ongoing  
Time: 1:00-3:00pm  
Cost: Free\* - registration is required  
\*nominal materials fee may apply

### Bead Weaving

Learn the exquisite art of bead weaving. Instructor Myriam Ribenboim teaches the introductory steps to create a beautiful beaded jewelry. Bring magnifying glasses (at least 3.5 magnification) and an LED lamp if you have one

Day: Tuesdays  
Time: 12:30  
Cost: Free

### Drawing & Watercolor

This class consists of instruction in drawing, design, and watercolor and will include some group assignments along with individual projects. Appropriate for all levels. Materials will be discussed at the first class.

Instructor: Susan Morse  
Day: Tuesdays  
Dates: April 7-May 26  
Time: 11:00am-1:00pm  
Cost: \$50.00

### Mixed Media Exploration

Think you don't have artistic talent? Think again! This class will expand your artistic repertoire using a range of materials and techniques. It will include instruction in drawing, special projects, and watercolor. Appropriate for all levels. Materials discussed at the first class.

Instructor: Susan Morse  
Day: Thursdays  
Date: April 2-May 21  
Time: 1:00-3:00pm  
Cost: \$50.00

### Quilting

Learn the basics of quilting. Materials are supplied by the instructor but bring fabric scissors and mechanical pencil if you have them.

Instructor: Martha Young  
Day: 2<sup>nd</sup>, 3<sup>rd</sup> & 4<sup>th</sup> Thursdays  
Time: 1:30pm  
Cost: Free

## Exercise

### Argentine Tango

Social dance based upon the natural walk, danced by adults of all fitness levels. Teaches the basics of the dance, its history and the culture in which it developed. No partner necessary.

Instructor: Ann Dobyans  
Day: Fridays  
Date: Feb 14-April 3  
Time: 9:30-11:00am  
Cost: \$25.00

### Arthritis Exercise Program

Gentle, joint-safe exercises, developed specifically for people with arthritis, help relieve stiffness and decrease arthritis pain. Low-impact class can be taken either standing or sitting.

Instructor: Rita Aber, P.T., Arthritis Foundation certified instructor  
Day: Mondays  
Dates: TBA  
Time: 2:00-3:00pm  
Cost: \$25.00

### Balance & Body Awareness

M Valentin instructs this six-week class designed to help improve body awareness and reaction time to reduce the risk of falling. Learn to use your eyes, stimulate your vestibular system and improve posture in this beginner's class. Bring a half filled water bottle to the first class. Fee \$30 RR

Day: Tuesdays  
Dates: TBA  
Time: 11:00am-12:00pm  
Cost: \$30.00

### Breathe Flow Yoga

Modified for seniors, this style of yoga links movement and breath, creating an opportunity to increase flexibility & balance.

Instructor: Deb Smith  
Day: Fridays  
Dates: April 17-June 5  
Time: 2:00-3:00pm  
Cost: \$25.00

### Dance Movement

The heart of dance is play, filled with moments of discovery and delight. Enjoy improved balance, flexibility, creativity and connection. No previous dance or exercise experience necessary. Free!

Instructor: Leslie Keller  
Day: Fridays  
Dates: Ongoing  
Time: 11:15-12:30pm  
Cost: Free

### Delay the Disease

An exercise program for those living with Parkinson's.

Instructor: Amalie Foundation  
Day: 2<sup>nd</sup>, 3<sup>rd</sup> & 4<sup>th</sup> Wednesdays  
Time: 2:00-3:00pm  
Cost: Free

### English Country Dance

Come learn and enjoy traditional English Country Dancing. No partner necessary.

Instructor: Wesley Senseman  
Day: Wednesdays  
Dates: Ongoing  
Time: 10:00-11:00am  
Cost: Free

### Gentle Yoga

Exercise program, designed specifically for seniors, can improve flexibility, strengthen muscles, promote better circulation and change how you feel.

Instructor: Dympna Ferrante  
Day: Wednesdays  
Dates: TBA  
Time: 11:15am-12:15pm  
Cost: \$50.00

## Line Dancing

Promotes physical fitness through dance exercise. All levels welcome, no partner required. Contemporary style.

Instructor: Gladys McGlothlin

Day: Mondays

Dates: April 6-June 1 (no class 5/25)

Time: 9:30-10:30am

Cost: \$25.00

## Pickle Ball

For recreation and fun, pickleball is a combination of tennis, badminton and table tennis. Designed to be played by all ages.

Days: Tuesdays & Thursdays

Dates: October-April  
(indoor at the Community Center)

May-September  
(outdoor at Denison Park)

Time: 9:00am-12:00 Noon

Cost: \$3.00 drop-in fee or  
\$25.00 for 10 sessions

## Pilates Primer

Course introduces Pilates principles, basic Pilates mat repertoire, with necessary modifications for some medical issues. Exercises are practiced in seated, kneeling and standing positions to provide a well-rounded use of major muscle groups. Wear comfortable clothing and bring your mat to class.

Instructor: M. Valentin

Days: Mondays or Wednesdays

Dates: TBA

Time: Mondays 11:30am-12:30pm

Time: Wednesdays 10:00am-11:00am

Cost: \$20.00 Per 4 wk session  
\$40.00 Both days

## Senior Strength Training

Exercising with weights increases muscle mass and strength, while benefiting balance, bone density and overall wellness.

Instructor: Orlando Vilella

Days: Tuesdays & Thursdays

Dates: March 24-May 14

Time: 1:30-2:30pm

Cost: \$40.00

## Table Tennis

For recreation and fun. Open to all levels of play. Bring your own paddle and ball.

Day: Mondays

Time: 12:15-2:15pm

Day: Fridays

Time: 10:00am-12:00 Noon

Cost: Free

## Tai Chi Chuan

A series of slow-moving exercises performed slowly to heighten individual awareness coupled with meditation to promote good health. This gentle form of exercise can also improve balance and coordination.

Instructor: Jeannie Koran

Day: Thursdays

Dates: March 12-April 30 Session 1

May 14-July 2 Session 2

Time: 10:00-11:15am

Cost: \$40.00 per session

## Walking Club

With your Senior ID card you can walk on the Field House track for exercise.

Days: Monday-Friday

Time: 1:00-2:00pm

Cost: Free

## Wii Bowling

Fun, non-competitive and healthy.

Give Wii Bowling a try!

Instructor: Group led

Days: 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> Wednesdays

Dates: Ongoing

Time: 1:00-3:00pm

Cost: Free

## Workout with Ms. Duck

A gentle workout with weights, bands, balls and more. Participate at your own level standing or seated. After class, join the Walking Club on the Community Center track to complete your workout.

Instructor: Ms. Duck

Days: Wednesdays

Time: 12:15-12:45pm

Cost: Free

## Zumba Gold

Zumba is a fun Latin-dance inspired workout. It incorporates moves and music from dances such as Cha-Cha, Salsa, Reggaeton, Rumba and more. Zumba Gold is a low impact version of Zumba meant to be gentle on aging joints, easy to learn and will have you burning calories without even realizing that you're working out!

Instructor: Anita Bartel

Days: Tuesdays

Dates: April 14-June 2

Time: 11:00am-12:00 Noon

Cost: \$25.00

# language

## Spanish II

Instruction in conversational Spanish. Increase your skills in conversational Spanish.

Instructor: M. Cristina Sempé

Day: Wednesdays

Dates: March 11-April 29

Time: 10:00-11:00am

Cost: \$25.00

## Spanish III

Increase your skills in conversational Spanish. Spanish II or equivalent is a prerequisite.

Time: 11:00am-12:00 Noon

## ¡Hablemanos!

A Spanish conversation group meeting weekly to listen, speak and understand the language. All levels are welcome.

Facilitated by Joanne and Mike Bailis

Day: Thursdays

Dates: Ongoing

Time: 3:00pm

Cost: Free

# music classes

## Hum & Strum

Bring a guitar or ukulele and learn the fundamentals of playing music in a group.

Instructor: Harry Spicknall

Day: Mondays

Dates: Ongoing

Time: 10:00am

Cost: Free

## Piano Lessons

Come learn to play the piano or increase your skills. Individual half-hour lessons by appointment. Call to arrange a lesson time.

Instructor: Joseph Bolek

Day: Thursdays

Dates: March 12-April 30 Session 1

May 14-July 2 Session 2

Time: 8-week sessions of  
arranged lesson times

Cost: \$100.00

## special interest

### **AARP (American Association of Retired Persons, Cleveland Heights Chapter 5018)**

Cleveland Heights residents age 50+ are welcome to join. Refreshments and social hour follow the meeting. Call 216-691-7377 for information.

Day: Last Thursday of the month  
Time: 1:00-3:00pm  
Cost: AARP Chapter Dues  
\$5 paid annually

### **Bid Whist**

Players meet every week to enjoy cards and good company.

Day: Mondays  
Time: 1:00-4:30pm  
Cost: Free

### **Blood Pressure Checks**

In cooperation with Case Western Reserve University.

Day: 2<sup>nd</sup> Tuesday of the month  
Time: 1:00-2:00pm  
Cost: Free

### **Book Discussion Group**

Read preselected books (Heights Library) and discuss in a group setting.

Instructor: CH-UH Library Staff  
Day: 1<sup>st</sup> Thursday of each month  
(unless otherwise noted)  
Time: 11:00-12:00 Noon  
Cost: Free

### **Chess with Leo**

Come and learn the fundamentals of playing chess or just increase your skills while enjoying time with friends.

Facilitated by Leo Johnson

Day: Mondays  
Time: 11:00am-1:00pm  
Cost: Free

### **Computer Center & Tutors**

The Computer Center is open for practice whenever the Senior Center is open and computer classes are not in session.

Practice time is free of charge.

Just drop in! Tutors are available to help during the following times:

Wednesdays: 11:00am-12:00 Noon  
Fridays: 12:00 Noon-1:00pm

### **Genealogy Group**

Meet with other genealogy enthusiasts to learn, share information and have fun.

Instructor: Jean Hoffman  
Day: 2<sup>nd</sup> Wednesday  
Time: 2:00-4:00pm  
Cost: Free

### **Mah Jong**

Come play Mah Jong with this ongoing group.

Day: Tuesdays  
Time: 1:00-3:00pm  
Cost: Free

### **Matinee Movie**

Each week enjoy a current movie on our big screen. Call 216-691-7377 for the feature of the week.

Day: Fridays  
Time: 1:00pm  
Cost: Free

### **Meet, Greet & Eat**

Share lunch with friends, old and new, at an area restaurant. Program meets every other month. Call 216-691-7377 for details and to register. Space is limited.

Day: Thursdays  
Dates: April 16, June 11, August 13  
Time: 11:30am  
Cost: Your own individual lunch

### **Newcomers Orientation**

Are you a new senior resident of Cleveland Heights or current resident who recently turned 60(+)? Come and learn about the activities and services that are offered! Visit and take a tour of the Cleveland Heights Senior Activity Center (SAC). Membership cards are \$5 annually and may be obtained with a picture ID. For more information call: 216-691-7377.

Day: Thursdays  
Time: 10:30am  
Cost: Free

### **Parkinson's Support Group**

Group is for Parkinson's patients and their families to assist in coping with the disease and in sharing information and research findings. For information call 216-691-7377.

Instructor: David Brandt

Day: 1<sup>st</sup> Wednesday of the month  
Time: 2:00pm  
Cost: Free

### **Party Bridge/Pinochle**

Participants meet weekly to play Bridge or Pinochle.

Days: Fridays  
Time: 12:45-3:45pm  
Cost: Free

### **Potluck**

Enjoy food and fellowship at the monthly Potluck. It's a great way to create and renew friendships and have wonderful food to eat. Please bring an entree, salad or dessert to share to feed 8 or more.

Day: 1<sup>st</sup> Thursday of each month  
Time: 12:00 Noon  
Cost: Free if you bring a dish to share, \$5.00 if you don't

### **Relaxation & Meditation**

Let go of stress and learn to relax by participating in this meditation group.

Instructor: Christine Valadon  
Day: Fridays  
Time: 10:00-11:00am  
Cost: Free

### **Scrabble Club**

Meet to play for competitive scrabble each week. Bring a scrabble board if you have one.

Day: Fridays  
Time: 12:30-4:30pm  
Cost: Free

### **Stitch Together**

Needle workers of all interests meet together to work on individual projects.

Day: Fridays  
Time: 1:00-4:00pm  
Cost: Free

# sports

## USTA Group Tennis Lessons

Ages: 60+  
Instructor: Staff  
Level: Beginner  
Days: Tuesdays & Thursdays  
Dates: June 2-July 9  
Time: 9:00-10:00am  
Location: Cain Park Tennis Courts  
Cost: \$35.00 CH RES  
\$45.00 NON RES

## Racquettes

For experienced women players focusing on doubles action. Round Robin planned.  
Days: Tuesdays & Thursdays  
Dates: Beginning June 2  
Time: 9:00am  
Location: Cain Park Tennis Courts  
Cost: \$25.00 CH RES  
\$30.00 NON RES

## Private Lessons

Call 216-691-7373 for information.

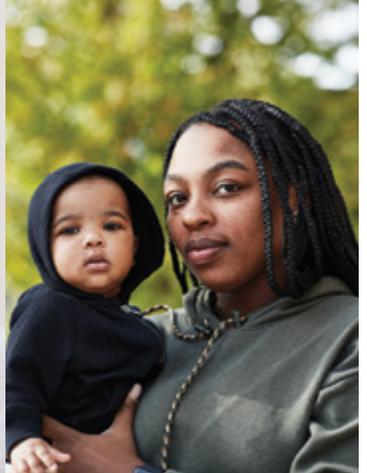


# Home-field advantage.

**Betsy Warner, Agent**  
2491 Lee Blvd  
Cleveland Heights, OH 44118  
Bus: 216-932-6900  
betsywarner.com

I understand you work really hard for your home and car, and I'm here to help protect them. Stop in or call me today.





All are welcome.



CLEVELAND HEIGHTS

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A PUBLICATION OF CITY NEWS  
AND PARKS & RECREATION



# focus

**INSIDE:**  
City News  
At Your Service  
Dates to Remember  
Recreation Class Schedule  
Fitness Center

## CLEVELAND HEIGHTS CITY COUNCIL

Jason S. Stein, Mayor  
Kahlil Seren, Vice Mayor  
Mary Dunbar  
Melody Joy Hart  
Davida Russell  
Michael N. Ungar  
Melissa Yasinow  
Tanisha R. Briley, City Manager

## COUNCIL MEETINGS

Cleveland Heights City Council usually meets on the first and third Mondays of each month in City Hall Council Chambers, 40 Severance Circle. For the latest information on Council and other City meetings, visit [www.clevelandheights.com](http://www.clevelandheights.com).

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[www.ClevelandHeights.com](http://www.ClevelandHeights.com)

City Hall: 216-291-4444  
Service Department: 216-691-7300  
Parks & Recreation: 216-691-7373

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