

City Council Application

Reference #	11750852
Status	Complete
First Name	Alan
Last Name	Federman
Phone Number	██████████
Cell Phone Number	██████████
Email Address	██████████
Street Address	██████ Euclid Heights Blvd.
Place of Employment	Self-employed
Position	psychotherapist
Length of residence in Cleveland Heights	64 years
Are you a registered Cleveland Heights voter?	Yes
What special qualities, abilities, skills, insights or perspectives do you possess which would be of value in serving on Cleveland Heights City Council?	I have a deep understanding of addiction and related treatment issues. which I feel could be valuable in helping Cleveland Heights expand its ability to educate our residents and deal with the addiction crisis. In addition, I have been studying and conducting workshops on developing dialogue between people of differing viewpoints for the past 10 years which I would like contribute with the aim of bringing diverse elements of our community together.

What educational training (formal or informal), employment and other life experiences have helped you develop the qualities, abilities, etc., described above?

I have a Master's degree in clinical/counseling psychology and have been a psychotherapist for over 30 years, with specialties in addiction counseling and couples counseling. In addition, I am a graduate of the Gestalt Institute of Cleveland and am on the faculty there. I have spent considerable time over the last 10 years first studying and then conducting dialogue groups, helping participants learn to connect to people whose background and worldview are different from their own.

Please list your recent community, professional or charitable involvements. List the most recent first.

I led a class at Kol Halev congregation on dialogue and am currently helping develop the curriculum for a similar class at Park Synagogue. Faculty member of the Gestalt Institute of Cleveland. Former board member of Cleveland Peace Action.

What are your goals for our community and are there areas in which you believe the City needs improvement? How would your service on City Council help achieve those goals and improve the City?

I would like to see Cleveland Heights improve on and expand its efforts to educate and address the opiate crisis. Also, Cleveland Heights could benefit from programs that promote dialogue skills among residents of diverse backgrounds. This entails more than just having forums for people to voice their complaints, but actually teaching people how to relate in ways that promote mutual understanding and a sense of belonging to a common community. My background and experience have given me expertise in both of these areas.

Do you have other responsibilities which would prevent you from participating in City Council and Council Committee work during certain hours or on certain days?

I am self-employed, so my hours are flexible.

State any additional information you would like to have considered.

Too often, a community's response to issues of concern, like the opiate crisis or a changing population demographic, is to look for timid solutions that don't enable the community to really address the hard questions and come up with innovative solutions. In Cleveland Heights, we have a tremendous resource in our citizens and in our diversity. Our problems, and there are many, can't be solved without our collective wisdom and buy-in from all corners of the community. For that to happen, we need interactions that are structured to produce positive and energized conversations. I'd like to be part of creating those conditions.

Would you like to upload a Resume?	Yes
Resume or CV Upload (5 MB Limit)	resume.doc (34k)
Item # 23	I agree to electronically sign this form.
Signature	Alan Federman
Last Update	2018-12-16 15:03:58
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IP	
Browser	Chrome
OS	Windows
Referrer	https://www.clevelandheights.com/1085/City-Council-Application

Alan Federman

Education:

B.A., University of Cincinnati

M.A., Clinical/Counseling Psychology
University of Akron

Gestalt Institute of Cleveland, 3 year program

Licenses/Credentials:

Licensed Social Worker

Licensed Independent Chemical Dependency Counselor (LICDC)

Professional Experience:

Trainer/educator. Have given numerous training programs to various professional and business audiences on topics of smoking cessation and stress management for general audiences and training in couples therapy for counseling professionals as well as instruction in Gestalt therapy theory and practice. On the faculty of the Gestalt Institute of Cleveland. Frequently guest-lectured at John Carroll University on the principles and practices of Gestalt therapy

Private Practice. January 1988 to present. Have maintained a private practice with wide-ranging clientele from early adolescents to seniors. Conduct individual, marital and group therapy. Specialties include addiction counseling, smoking cessation and couples therapy.

Instructor. Baldwin-Wallace College, Kent State University (Burton), Lakeland Community College, Cleveland State University, Cuyahoga Community College. Part-time lecturer, Case Western University on dialogue, 2007 to 2010. Taught on numerous occasions psychology courses, including Introductory Psychology, Developmental Psychology, Adolescent

Psychology, Abnormal Psychology, Study Skills and Stress Management, Theories of Personality.

Counselor, Kenyon College, September, 1994 to May, 1996.

Provided psychological counseling for students coming to the counseling Center. In addition to general counseling, was responsible for the alcohol and drug abuse counseling and education program on campus. Created and presented all alcohol and drug education programs on campus, including giving talks to dorms, classroom presentations, programming non-alcoholic social activities, and conducting chemical abuse education groups, and support groups for recovering students.

Counselor, Lake County Mental Health Center, October 1987 to September, 1994.

Responsible for providing individual, marital, family and group therapy for a diversified caseload. Assessed and screened prospective clients for agency services and gave referrals to various outside service providers. Member of the emergency team, assessing people in emergency situations and taking the necessary steps to resolve the immediate crisis. Worked one day a week on the day treatment team, leading groups teaching various coping, vocational, social and recreation skills to the severely mentally disabled. Coordinator of the profit-making section of the agency, supervising 12 therapists and handling the administrative duties involved.

Counselor. Lake-Geauga Center on Alcoholism and Drug Abuse. October, 1985 to September, 1987

Responsible for conducting individual and group counseling for Chemically dependent and co-dependent individuals, and performing assessments. Facilitated groups for adult children of alcoholics, marital and family therapy. Provided community outreach, which included speaking to business and civic organizations and writing a column for the Geauga Times-Leader on addictive behaviors.

Counselor. Merrick Hall for Adolescents. November 1984 to June 1985. Responsible for managing a caseload consisting of adolescents from wide-ranging backgrounds, assessing them for chemical dependency and developing and implementing a treatment plan. Position involved individual and group counseling, family work, art and recreational

therapy, educational lectures and planning aftercare.

Intern and Salaried Counselor. Glenbeigh Adolescent Hospital
February, 1984 to November, 1984.

Responsible for all aspects of the counselor position at a chemical dependency hospital for adolescents, including facilitating client group and family counseling sessions, individual client counseling, educational lectures, participation in creational and art therapy and charting progress notes.