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CITY OF CLEVELAND HEIGHTS

# focus

A PUBLICATION OF CITY NEWS AND PARKS & RECREATION



Spring & Summer  
2018

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# datestoremember

Monday, March 5	Spring Indoor Swimming begins, Cleveland Heights High School
Saturday, March 24	Spring Egg Hunt, 10:00am, Forest Hill Park Meadow
Saturday, April 14	Home Remodeling Fair, 10:00am-3:00pm, City Hall
Sunday, April 22	WOW Kickoff, 2:00pm, Community Center
Wednesday, April 25	10th Annual Earth Day Run, 7:00pm, Forest Hill Park
Monday, May 14	American Red Cross Blood Drive 2:00-7:00pm, Community Center South Atrium
Friday-Sunday, May 18-20	“We Are Noble” 2018 Community Celebration
Wednesday, May 23	Safety Town mass registration, 6:00-7:30pm, City Hall lower level
Monday, May 28	Memorial Day, City Hall, Cain Park, and Community Center closed
Monday, May 28	Memorial Day Ceremony, 10:30am, Cumberland Park
Saturday, June 2	Cumberland Pool opens
Saturday, June 2	Residents Day at the Cain Park Ticket Office, 9:00am-5:00pm
Saturday, June 9	Cain Park Splash Pad opens
Wednesday, July 4	Independence Day, City Hall, Cain Park, and Community Center closed
Monday, July 9	American Red Cross Blood Drive 2:00-7:00pm, Community Center South Atrium
Friday-Sunday, July 13-15	Cain Park Arts Festival
Tuesday, July 31	Water Show, 7:30pm, Cumberland Pool
Tuesday, August 7	Safety Forces Night Out, 7:00-9:00pm, Community Center
Sunday, August 12	Cedar Fairmount Summer Festival
Monday, September 3	Labor Day, City Hall and Community Center closed
Sunday, September 16	Heights Heritage Home & Garden Tour, 12:00 noon-6:00pm

~ 2018 ~



## memorial day ceremony

**Monday, May 28, 2018 – 10:30am**

The Annual Cleveland Heights Memorial Day Ceremony will take place at the Veterans Memorial in Cumberland Park (on Mayfield Road, across from the Community Center). As always, veterans are our special guests and will be recognized. Veterans groups, street clubs, Boy Scouts, Girl Scouts, youth sports teams and other community organizations are encouraged to take part. Call 216-291-2323 for more information.



### 5<sup>th</sup> Annual Safety Forces Night Out

The Fifth Annual Safety Forces Night Out with our Police & Fire departments will take place on Tuesday, August 7 from 7:00 to 9:00pm. It is held in conjunction with the Police National Night Out, which is designed to strengthen relationships in neighborhoods and raise crime prevention awareness. Participants will be able to meet the police, get a close-up view of police vehicles and learn how to protect themselves and their property from crime. Fire personnel will have fire trucks and ambulances on site. Children will learn about bike safety and maintenance; register their bikes; hear from Eddie Eagle about gun safety; and have their fingerprints taken.

The K-9 Unit will be in attendance: the dogs are trained to detect drugs, do building searches, and track for suspects or lost children and adults. There will also be demonstrations by the Police Swat Team and the Bomb Squad Robot.



### Our residents are our best ambassadors!

Recently, a longtime resident contacted the City to request a relocation packet for a prospective homebuyer relocating to the area from Chicago. The resident provided them with a packet and a personalized tour of our town and “sealed the deal.” Packets are also delivered to real estate offices and personnel offices in

the area. Relocation packets include – A brochure, “All Things Cleveland Heights,” the most recent *Focus on the Heights* magazine, information about the Access app, Cain Park materials, a CH magnet, CH-UH information and *Edible Magazine*. Welcome Home to Cleveland Heights! Contact Community Relations 216-291-2323 or [comrel@clvhts.com](mailto:comrel@clvhts.com) if you would like a packet for someone interested in our community.



Some of our best ambassadors are the Women Out Walking ladies

## Meet Your Police

Meet the Police is held every Thursday evening 6:00 to 8:00pm: the first Thursday of the month at the Police Academy (2595 Noble Road) and on subsequent Thursday on the lower level of City Hall (40 Severance Circle). This forum is designed to provide direct contact opportunities with a ranking member of the department. Residents may come with specific issues, neighborhood concerns or just to interact with an officer. Scout groups are also welcome to attend.

## If You See Something, Say Something!

Chief of Police Annette Mecklenburg reminds residents to be alert for any unusual activities. Call the police at 216-321-1234: they want to hear from you no matter how minor or insignificant you may think a situation is. Trust your gut instincts and report any suspicious activity. In case of an emergency, of course call 9-1-1.

**And please don't forget to remove valuables from your car and lock it before leaving it!**

Community Safety Tips are posted on [www.clevelandheights.com/safetytips](http://www.clevelandheights.com/safetytips) and are also available in the Community Relations office at City Hall.

For any questions or concerns, you can directly access Chief Mecklenburg at 216-291-4974 or [chief@clvhts.com](mailto:chief@clvhts.com).

## Away-From-Home Form

The Cleveland Heights Police Department can keep an eye out on your residence while you are away from home for a short period of time. Just go to [www.clevelandheights.com/away-from-home](http://www.clevelandheights.com/away-from-home), fill out the form and submit it to the CHPD OIC, 40 Severance Circle, Cleveland Heights, Ohio 44118. Or you can download the form and email it to [oic@clvhts.com](mailto:oic@clvhts.com).

With the submission of this form, the Cleveland Heights Police Department will conduct periodic security checks for those residents who have no one staying or checking on their home. This form is solely for occupied homes that will be unoccupied for a short time due to vacation or work travel.

## Our Police Win An Award

The Cleveland Heights Police Department was one of sixteen Northeast Ohio police departments honored with a Platinum Award for their outstanding efforts to make the roadways safer for motorists, bicyclists, and pedestrians. Platinum Awards, AAA's highest honor, were given to "Commendable Leaders" for their safety efforts and enforcement activities geared toward making communities safer. Sgt. Robert Butler accepted the award in November on behalf of the Cleveland Heights Police Department.



## Plan a Block Party

Summer is a great time to plan a block party for your street! Having a block party, whether it is highly organized or very casual, is a wonderful way to meet new neighbors and renew old friendships. The City will provide street barricades and a volleyball and net for use at your block party. We'll print your flyers and street newsletters free of charge. To reserve your barricades or get ideas for your block party or special street event, call Community Relations at 216-291-2323. Please note: streets are never blocked for single household, private parties. (i.e. birthdays, graduations, etc.)

# access

Cleveland Heights 



Your Connection to City Hall –  
the Cleveland Heights Mobile App!

- Free and easy to use 24/7!
- Submit and track service requests, such as potholes, tall grass, graffiti, etc.
- Include a photo of the issue if you wish!
- You'll be notified when it's completed.

Download the **access** Cleveland Heights App



*We Are Your Home*  
**City of Cleveland Heights**



Keep up to date on what is happening  
with the City's bi-weekly newsletter.

Visit [www.clevelandheights.com/newsletter](http://www.clevelandheights.com/newsletter) to sign up

## Zoning Code amendments

The City's Zoning Ordinance contains written regulations describing how property in specific geographic zones can be used ([www.clevelandheights.com/zoningmap](http://www.clevelandheights.com/zoningmap)). Zoning ordinances specify which areas of the city can be used for residential, commercial and park purposes and regulate lot size, building placement, size and height, parking and landscaping requirements, permitted and prohibited uses, and procedures for review.

In January, Council adopted changes to the City's Zoning Code, many of which were designed to streamline approval processes for both residents and business owners. These changes will eliminate routine minor variances (requests for exceptions to the rules) for setbacks, garages, driveways and projecting signs.

The Zoning Code was also updated to address Federal regulations, such as Fair Housing, Americans with Disabilities Act (ADA) and the Religious Land Use and Institutionalized Persons Act (RLUIPA). The complete zoning amendment can be accessed at [www.clevelandheights.com/zoning-amendments](http://www.clevelandheights.com/zoning-amendments).

New regulations will expedite review and approval by permitting the City's Zoning Administrator to approve reduced rear and side yard setbacks as long as they are not less than those of an existing or previously existing garage. The Zoning Administrator may also approve construction of a one-car garage on smaller lots or where there is an existing one-car garage.

If you have questions about the zoning requirements or approval processes for a planned addition, garage, porch or other home improvement, contact the Planning Department at 216-291-4878.

## Help With Home Repairs

Spring is just on the horizon and the City's Housing Preservation Office may have the program that you're looking for to help with home improvements & repairs!

### Get the Lead Out

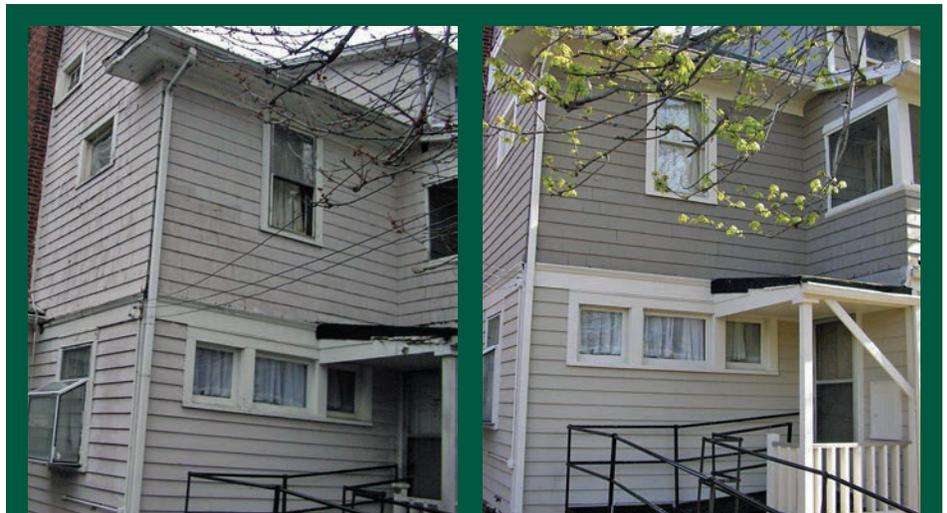
The City of Cleveland Heights, in partnership with the Cuyahoga County Board of Health and the Department of Development, wants to help make homes lead safe. Many homes built before 1978 contain lead-based paint. Grants up to \$9500 are available to those meeting household income limits for items such as new windows, doors, painting, and other repairs. Minimum homeowner contribution is 10% of the project cost and to qualify, you must have children ages 5 years or younger in the home.

### Exterior Paint & Exterior Violation Repair Program

Cleveland Heights homeowners age 62 and older or permanently disabled who meet certain criteria are eligible for grants that can really help keep their home looking and running well. These programs can provide improvements for items such as new roofs, windows (lead remediation), heating/cooling systems, plumbing, electrical, carpentry repairs, new kitchens, and baths. The maximum exterior paint grant is \$3500 to prepare/paint the house and garage; if paint costs exceed \$3500, the homeowner must pay the difference. The violation repair program provides assistance for correction of exterior violations; homeowners are eligible for a maximum benefit of \$1000 with a maximum lifetime benefit of \$3000.

The homeowner must be current on property taxes and have a total household income that does not exceed the 2017 federal income guidelines (1 person: \$38,050, 2 persons: \$43,450, 3 persons: \$48,900), which might change this spring for 2018.

All of these programs are federally funded and have application income & home equity requirements. For more information, call Lori Sanford of the Housing Preservation Office at: 216-291-4869.



*Before*

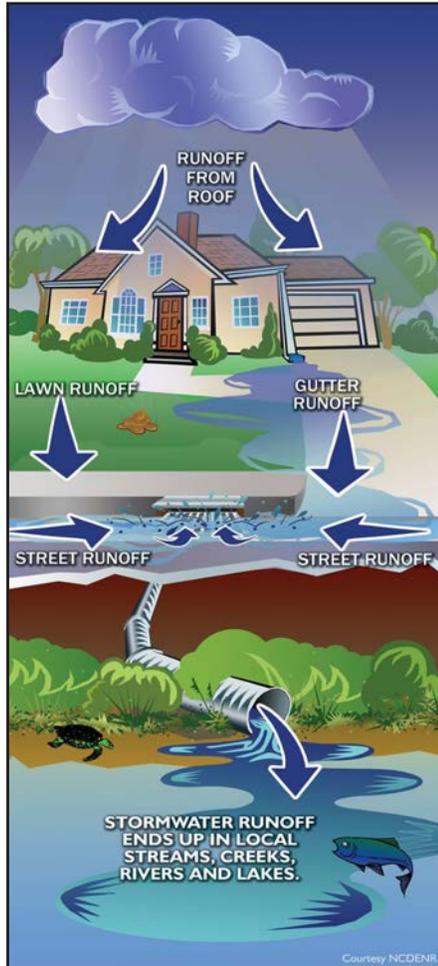
*After*

## Cleveland Heights Sewer Modernization

The Clean Water Act of 1972 requires systems like our sanitary system to operate without overflows that occur during rainy weather. When the Cleveland Heights sewer system was built 100 years ago, it was designed to prevent backups into homes by going into storm drains during heavy rain. This design was acceptable then, however, since that time the City has grown and regulations and practices have changed. These changes require the City to update its system to today's standards to further protect the environment. Last year, the City entered into a Partial Consent Decree with the Environmental Protection Agency (EPA) to meet certain requirements resulting from legal action against the City. EPA is requiring these same actions in cities throughout the country.

The City negotiated for two years with the EPA to address the requirements. Since the City's sewer infrastructure is somewhat unique, the EPA has agreed that the City is able to implement required changes in two phases, which is why we have a partial decree. Phase one requires a \$12 million dollar investment and is an evaluation phase that must be completed by 2021. Phase two is the capital improvement part of the consent decree and will not be determined until phase one is complete. The City is responsible for maintaining the local sewer system infrastructure while the Northeast Ohio Regional Sewer District (NEORS) is responsible for treating water that leaves your home before it goes to the lake and maintaining their underground storm sewer infrastructure.

The City will offer two affordability programs to some in our community who may not be able to afford the extra fees: the Homestead Program and a new Affordability Program. If you are currently on the Homestead Program, you will receive the homestead discount. The City has streamlined the application process. If you are currently qualified for the Homestead or Affordability program with NEORS, you will qualify for the City's program. You will have to fill out a City application and provide proof of participation. To learn more about application and eligibility requirements, please visit our website at [www.clevelandheights.com/seweraffordability](http://www.clevelandheights.com/seweraffordability) or visit the Utilities Division at City Hall.



Your actions on the land directly impact the quality of the rivers, streams and lakes.

### How so?

Rainwater from roofs, lawns, driveways, streets, roadside ditches and parking lots drains to small creeks that flow into streams before eventually entering Lake Erie. On its way, this "storm water" picks up oil and antifreeze that drips from our cars, excess fertilizer and pesticides from our lawns, litter, grass clippings, leaves, and pet waste.

## How can you help?

Install a rain barrel

Plant a rain garden

Pick up pet waste and dispose of it properly

Compost leaves instead of bagging them

Fertilize sparingly and carefully

Choose environmentally friendly household products

Check your vehicles for leaks and spills



## FOG Prevention

FOG stands for Fats, Oil and Grease produced from food preparation, packaged foods, and food scraps. FOG should NEVER be put down any drain and only disposed of in the trash. If it goes down the drain, it enters the sanitary sewer system, sticks to the inside of sewer pipes, builds up and hardens, causing blockages which result in Sanitary Sewer Overflows and sewage backups in your home. Sixty-five percent of all sewer spills are FOG-related.

Disposing of grease in the landfill is the best solution because FOG breaks down under landfill conditions over time:

- Never pour oil and grease down the sink, toilet or any drains.
- Put used oil and grease in covered containers and cans for proper disposal.
- Wipe down greasy pots and pans with a dry paper towel and dispose in the trash.
- Avoid using the garbage disposal. Scrape food scraps and discard in the trash.
- Do not run hot water over greasy pans or use hot water to wash grease down the drain. It will eventually cool and congeal in your pipes.

Here are other ways to tackle grease:

- Keep drains clean by pouring ½ cup baking soda down the drain followed by ½ cup vinegar. Wait 10-15 minutes and then rinse with hot water.
- Mix liquid vegetable oil with an absorbent material such as kitty litter or coffee grounds in a sealable container before throwing it in the trash.
- Start a compost pile at your home with non-meat scraps.
- Use environmentally safe cleaning products instead of harsh detergents or cleaners that can damage sewer lines.

## Charter Review Commission

In November 2017 the Cleveland Heights City Council announced the appointment of 15 residents from around the city to a Charter Review Commission. The Commission is responsible to review the City Charter that was established on August 9, 1921. The Charter itself specifies that the Charter should be reviewed every ten years if determined by City Council. The last Charter Review Commission was convened in 1982.

An initial meeting was held for the community and Commission members on November 16, 2017 at the Community Center. At this meeting the facilitator, Larry Keller, presented background on charters and the history of various forms of government. The Commission held their first meeting on December 7, 2017 to establish guidelines and procedures to follow as they review the City's current charter.

The City's website has an icon marked "Charter Review Commission" that leads to a page that chronicles the meetings held, the agendas, decisions and rationales of the Commission. All meetings are open to the public (with time allotted for resident comment) and are videotaped and accessible on the Charter website page. Meetings are held on Thursday nights in the Council Chambers at City Hall.

The Commission members represent all city neighborhoods and have made a commitment to dedicate their time and talent to the review of our City Charter. We thank these residents: **Patrycja Ajdukiewicz; Jessica Cohen; Craig Cobb; Michael Gaynier; C. Randolph Keller; Howard Maier; Chair John (Jack) Newman, Jr.; David Perelman; Carla Rautenberg; Vince Reddy; Maia Rucker; Vice Chair Allosious Snodgrass; Katherine Solender; James Vail; and Sarah West.**

Please be sure to check the City's website [www.clevelandheights.com](http://www.clevelandheights.com) for updates on progress as the Commission continues its important work for our community.

## Biking to Health in the Heights

The Heights Bicycle Coalition educates and encourages Heights community members to use bicycles as a sustainable form of transportation and recreation. The goal is simple – biking as one of the ways that people can become healthier in their daily lives.

The Coalition knows that the Heights communities are already leading bicycle communities nationally as measured by bicycle usage and infrastructure improvements but there is always room for improvement. As a result, one of their goals is better partnerships with local governments and funding organizations. Currently a map of bicycling routes throughout the Heights is being updated and will be available for access on the City's website when completed. For more information on the Heights Bicycle Coalition visit their website at [www.bikesintheheights.org](http://www.bikesintheheights.org).

Cleveland Heights has once again been recognized at the Bronze Level as a Bicycle Friendly Community by the League of American Bicyclists. In addition, our City has received \$690,550 in grants from the Ohio Department of Transportation Safe Routes to School Program. The program encourages students to walk and/or bike to school by improving infrastructure near the five schools that participated in the program. The improvements around the City are: the new speed feedback signs, thermoplastic ladder-style crosswalks with ADA ramps, new pedestrian crossings signage and bike racks.

It all adds up to encouraging a healthy community – whether working out at the Community Center, walking the park paths, biking for work or for recreation, and especially encouraging our young people to exercise, we should all make a commitment to continued health and wellness.



Neighborly **Artistic** **Thriving**  
green progressive <sup>vital</sup> **unique** Home  
**Friendly** **HOME** eclectic **Cultural**  
Home historic **Neighborly** fun  
**friendly** **diverse** Green **HOME**

# Cleveland Heights Ohio

**Eclectic** Neighborly **Friendly** vital  
<sup>thriving</sup>  
historic **unique** **Cultural** progressive  
Home vital **HOME** thriving  
**green** historic **Neighborly** fun  
**friendly** **diverse** Green **HOME**  
**Artistic** **HOME** historic **Diverse**  
**HOME** Creative **GREEN** Unique  
Vital eclectic progressive thriving  
fun **Eclectic** Green **Home**

These words selected by Cleveland Heights residents to describe their city.

[www.ClevelandHeights.com](http://www.ClevelandHeights.com)

# at your service



## Holiday Collection Schedule

The collection schedule for the holiday weeks is below. Please note that regardless of the conditions (bad weather, holidays, etc.), there is never a refuse collection on Sunday.

### Easter Sunday

**Sunday, April 1 is Easter.** Refuse and recycling collection will be on the regular schedule the week before and the week after Easter.

### Memorial Day & Labor Day

**Monday, May 28 is Memorial Day & Monday, September 3 is Labor Day:**

Monday collection will be on Tuesday, Tuesday collection will be on Wednesday, Wednesday collection will be on Thursday, Thursday collection will be on Friday, and Friday collection will be on Saturday.

### Independence Day

**Wednesday, July 4 is Independence**

**Day:** Collections on Monday, July 2 and Tuesday, July 3 will take place as regularly scheduled. Wednesday collection will be on Thursday, Thursday collection will be on Friday, Friday collection will be on Saturday.

## YARD WASTE RECYCLING

**Loose leaf collection will run from April 2 through April 27**

However, after April 27, the following methods of preparation **must** be followed to ensure collection:

-  Leaves, weeds, grass and small twigs must be placed in a Kraft paper yard bag **weighing less than 40 pounds** each. Kraft bags will be collected on your regular refuse collection day beginning April 2.
-  Branches and limbs should not exceed two inches in diameter, should be cut to three feet in length, bundled with string/twine and **weigh less than 40 pounds** per bundle.
-  Small logs must be cut in lengths of no more than 18 inches and no more than six inches in diameter. Please stack logs in a pile for collection. *Please note that weight limits are established in the interest of employees' safety and are strictly enforced.*



## Tree Lawn Planting

Each spring and fall, the Forestry Division plants trees on tree lawns for property owners who request it. Those interested in this service can call the Service Department at 216-691-7300.

## Fire Hydrant Flushing

The Fire Department will be flushing fire hydrants throughout the community beginning Monday, April 2. This activity, which is necessary to maintain our vital fire protection system, will last through April and into May. It will take place Mondays through Fridays throughout the day. Check your water daily for rust before drinking or washing clothes. Rust remover will be available at Fire Station #1, 3445 Mayfield Road.

## Building Department

### Don't Forget Your Permit!

Spring is the time many people think about home repair projects, including remodeling, new windows, siding, concrete, replacing roofs, etc. The Building Department would like to remind everyone to be sure their contractor is registered with the City of Cleveland Heights Building Department. The contractor is responsible to obtain a permit for whatever work is being done. Visit [www.clevelandheights.com/building-permits](http://www.clevelandheights.com/building-permits) for more information.



## Rx Drug Drop-off Program

A prescription drug drop box is located in the entranceway to the Cleveland Heights Police Department (at back of City Hall). Only pills should be dropped into this box (needles and liquids cannot be accepted). Preferably, empty the pills into a ziplock bag before dropping it in the box and then recycle the pill bottle.



## Technotrash

Safely recycle items that may contain personal information: old CDs, DVDs, diskettes, audio and videotapes, cell phones, pagers, PDAs, digital cameras, CPUs, monitors, keyboards, printers and rechargeable batteries. Residents wishing to recycle their unwanted items may bring them to the top of the ramp at the Transfer Station; the driveway is on Mayfield Rd. next to MotorCars. You may drop off items Monday through Friday 7:00am to 3:30pm.

We do offer an alternative method: picking up a reasonable amount of techno trash off a resident's porch on the scheduled trash day. To arrange a pickup, call Central Dispatch at 216-691-7300 at least 24 hours ahead of time. Using this recycling service guarantees complete security and keeps the material out of landfills. Televisions are not included in this recycling program. For more information, call the Cuyahoga County Solid Waste District at 216-443-3749.

## Styrofoam Recycling Container Information

**Location: Community Center parking lot (north end, Monticello)**

Please note the following materials that can and cannot be placed in the container.

Container **accepts only blocks of Styrofoam** used for packing large appliances, furniture and televisions.

**Materials that are NOT recyclable and should NOT be placed in this container include:** packing peanuts, Styrofoam takeout restaurant containers, meat/food trays from grocery stores, Styrofoam plates and cups, and egg cartons.

## Recycling

**Yes! Cartons are recyclable!**

The last drop of milk, juice or soup does not mark the end of a carton's useful life. Made mainly from high-quality paper, cartons are easily recyclable and in high demand by manufacturers of recycled products. Simply place empty cartons in the recycling along with their plastic, metal (food/beverage cans, metal lids, and clean aluminum foil or pie pans only) and glass containers.

After cartons are collected curbside, they are sorted and baled. The bales of recycled cartons are then shipped to paper mills, where cartons are mixed with water in a gigantic blender to extract all the paper fiber. These recycled carton paper fibers are a valuable resource for making products such as recycled paper products and even building materials.

For more information on how cartons are recycled, visit [www.cuyahogawd.org/en-US/community-recycling.aspx](http://www.cuyahogawd.org/en-US/community-recycling.aspx).

**How can I recycle plastic bags?**

Plastic bags can be recycled at many retail locations including Giant Eagle, Dave's Market, Kohl's, Lowe's Home Improvement, Sam's Club, Target and Walmart. A collection bin is usually located outside the entrance, in the store vestibule or near the customer service desk. All types of plastic bags and plastic film are accepted. You can also enter your zip code on the plastic film recycling website to find more recycling locations. Do not put plastic bags in curbside recycling.

**Where can I take large amounts of yard waste, dirt or wood?**

Local registered compost facilities that accept large amounts of yard waste include Boyas Excavating 216-524-3620, Kurtz Bros. 216-986-7031 and Tree Master Supply 216-241-6744.



## Proper Disposal of Yard Waste

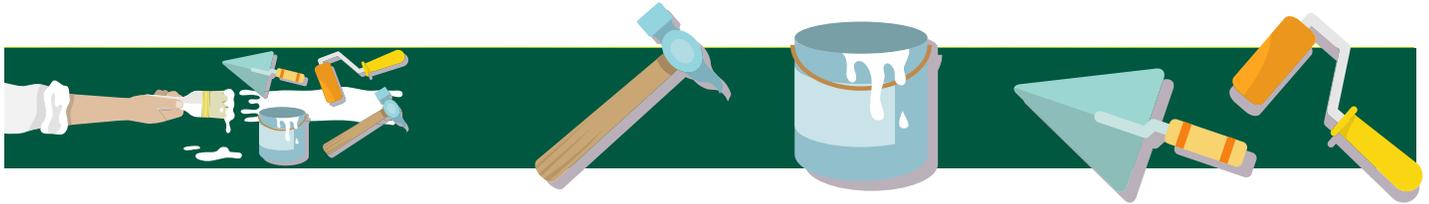
Grass clippings. Leaves. Sticks. Wood chips. These and other yard waste may not sound like they would be harmful to creeks or the animals that live in them. Homeowners and landscapers may even think that dumping these natural, organic materials on streambanks helps to slow erosion. But in reality, they cause major problems, especially when they are dumped in smaller backyard streams and roadside ditches.

As these materials decompose, they consume oxygen, depleting the oxygen supply for fish, frogs and salamanders. Additionally, streams with low levels of oxygen often have a foul odor. Wood chips and pine needles can increase the acidity of the water. As these materials pile up on the streambank, they smother and kill vital streamside vegetation, making streambanks more susceptible to erosion.

While logs and branches in the stream can provide beneficial habitat and channel stability, smaller sticks, leaves and grass clippings often float downstream and clog culverts or bridges, leading to localized flooding or new erosion. For this same reason, yard waste should never be dumped or blown into a storm drain or roadside ditch.

Besides participating in the City's recycling program, you can reduce the amount of yard waste you generate. Consider using a mulching mower so that grass clippings are chopped up small, making bagging or otherwise disposing of them unnecessary. This has the added benefit of adding organic material back into your lawn soil. Leaves can often be mulched and incorporated into your lawn using this technique as well.

Grass clippings, weeds, leaves and many other yard and garden wastes can be composted right in your own backyard, along with plant-based kitchen scraps. Techniques range from a simple backyard compost pile to bins or even digesters that can also handle pet waste. Finished compost can then be used to add fertility to lawn, garden and landscaped areas. Visit [cuyahogarecycles.org](http://cuyahogarecycles.org) for more information about backyard composting.



## 2018 Home Remodeling Fair

Are you looking for home repair advice or home remodeling ideas? Are you tired of being “sold” expensive solutions for problems you might not have? Who’s looking out for you in the world of “Home Improvement”? Home Repair Resource Center (HRRRC) has you covered! Join us for a free, fun, informative Home Remodeling Fair, presented by HRRRC in cooperation with the City of Cleveland Heights.

An annual event that ushers in the home improvement season, this year’s fair features “Ask an Expert” tables, where professionals from many repair specialties will answer questions and give advice. That’s right: they GIVE advice. No one is here to sell you anything—professionals participate to help educate and inform consumers about their options. In addition, representatives from local banks, community organizations and the City of Cleveland Heights will be available to discuss how they can help you complete projects around your house.

Fair attendees can also attend free home improvement workshops, enter to win prizes, and talk with HRRRC staff about programs.



The fair will be held on **Saturday, April 14** from 10:00am to 3:00pm at Cleveland Heights City Hall, 40 Severance Circle. The fair is free and parking is free—but the information you’ll take home is PRICELESS! For more information, visit [www.hrrc-ch.org](http://www.hrrc-ch.org), or call 216-381-6100 extension 22.

Bonded • Insured • OH LIC #24462



## Have Radiators? Want Central Air?

### HEIGHTS SPECIAL!

Pre-season discounts apply to all installations completed prior to 5/31/18. Project space is limited.

The **ONLY** Hann Family owned heating and cooling business in Cleveland.

**The Unico System**

was designed for homes like yours. This system provides exceptional comfort without any messy and expensive remodeling. Barely noticeable on your ceiling, the units blend right in!

216 | **932-9755**

**VEHbrothers.com**

Heating / Cooling / Plumbing / Specializing in Steam & Hot Water Boiler Systems

# theearlyyears

## FAMILY CONNECTIONS

Support us by attending our DadsDay Run,  
Father's Day, Sunday, June 17.  
A fun and healthy morning for the entire family.  
Call 216-321-0079 for more information.

Located in the former  
Coventry School Building  
2843 Washington Blvd.  
[www.familyconnections1.org](http://www.familyconnections1.org)  
216-321-0079



### Family Literacy Playroom

Heights Main Library  
2345 Lee Rd:

■ Little Heights is a free, early literacy program designed to support the development of school-readiness skills through interactive adult-child play.

**The School-Readiness Program is offered in families' homes or other community locations. The following programs are in all seven CH-UH elementary schools:**

- *Family Liaisons* are based in each elementary school in the district to connect with families, involve and engage parents in the school community, and support parents with information and resources to help promote their children's literacy development and school success.
- *Family Literacy Programs*: Various literacy events and programs are offered throughout the school year, in partnership with the CH-UH School District, PTA and other community partners.

Our programs are designed to offer parents a variety of opportunities to enhance their parenting experience, build their confidence as parents, play with their kids and provide resources for them to become the parents they strive to be. Play is the best way for kids to learn, grow and develop all of the important early skills.

Programs located in the former Coventry School Building at 2843 Washington Blvd:

- *Baby & Me*: Parents and caregivers of infants, 0-12 months, meets every Wednesday 9:30-11:30am.
- *Family Playroom*: Parents and caregivers play and learn with their young children and share with each other.
- *Large Muscle Room*: A great space for developing coordination and confidence, as well as burning off energy.
- *Parenting Classes*: An 8-week series of parent education sessions is offered twice a year.
- *Birthday Parties*: Call for details.



# weareproud...

## Dr. Martin Luther King, Jr. Celebration

As part of the 20th Annual MLK Celebration, the City sponsored essay, poetry and poster contests for Cleveland Heights students. This year's topic was "How did Dr. Martin Luther King, Jr. influence the world?" The entries were thoughtful, creative and impressive. Students read their essays and poems and proudly displayed and explained their posters during the celebration.



## Congratulations to all the winners:

Elementary School Essays – **Claire Bunce** (Roxboro, Grade 5), **Kiera Cicerchi** (Roxboro, Grade 5), **Taylor R. Davidson** (Roxboro, Grade 5), **Katherine Jaycox** (Roxboro, Grade 5), **Bridget Katholi** (Fairfax, Grade 5), **Andre Moore** (Roxboro, Grade 5), **Jane Mueller** (Fairfax, Grade 5), **Charlotte Nolan** (Roxboro, Grade 5), and **Nala Simmons** (Boulevard, Grade 4).

Middle School Essays (all from Monticello Middle School, Grade 8) – **Cassandra Steele**, **Marie Cottingham**, **Ashley Bandy**, **Desire Hayes**, and **Diamonique Roddy**.

Poetry (all from Monticello Middle School, Grade 8) – **Precious Hazzard**, **Cassie Sisson**, and **Synii Smith**.

Posters – **Lily Durant** (Oxford Elementary School, Grade 5), **Keanu Jackson** (Fairfax Elementary School, Grade 5), **Brookelyn Peacock** (Oxford Elementary School, Grade 5), **Van Terry** (Oxford Elementary School, Grade 5), **Ty'Nesha Stars** (Oxford Elementary School, Grade 5), **McKyla Todd** (Oxford Elementary School, Grade 5), and **Jahmir Williams** (Oxford Elementary School, Grade 5), Winning posters were hung in the City Hall Atrium (upper level) through February.



Congratulations to the 2018 contest winners, shown above, with Vice Mayor Melissa Yasinow (center) and Council Members Michael Ungar (left) and Mary Dunbar (right).



### The Heights Barbershoppers, Boys and Girls

Heights High music students have performed at every one of our Dr. King celebrations. This year's audience was entertained by both the Girls Barbershoppers as well as the Boys Barbershoppers, led by Director Jesse Lange. The Heights Barbershoppers, Boys and Girls, had just returned from the Barbershop Harmony Society International Festival in California where both groups received a rating of "Outstanding" from a panel of international vocal experts. More than 600 students from 18 schools attended the competition.



Members of Girls Barbershoppers are: **Marin Alcorn, Sydney Ball, Imani Bruce, Arianna Gonzales-Lowe, Laynie Gosselin, Jessica Gross, Caroline Imka, Isabella Johnson, Lily Kerr-Jung, Malana Lovett, Judea Lowe, Peyton Marshall, Clare Pepler, Charlotte Pizel, Azarah Robinson, Lila Shubert, Olivia Sormaz, Alyssa Smith and Mikaiah Truitt.**

Members of Boys Barbershoppers are: **Tedd Byers, Myles Byrd, William Davis, Remi Godard, Nathan Henninge, Christian Hall, Nareus Hardin, Grant Heineman, Jonah Kerr-Jung, Charlie King, Michael Lee, Jackson Marshall, Samuel Mitchell, Roberto Pastorelli, Andrew Pecaroro, Evan Pitts, Gerald Shazor, Rowan Trammell and Sukito Truitt.**

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# our schools

Registration for the CH-UH pre-kindergarten program will be open to new families on March 1. If you are planning to register your child for the next school year or would like to visit the building and learn more about the program, please call the Early Childhood Center at 216-371-7356.

CH-UH kindergarten registration begins on March 1, and takes place by appointment only at the Delisle Options Center, 14780 Superior Road. Registration materials will be made available on the district website under the “Families” tab. All materials must be completed and all documentation must be brought to Delisle at the time of your scheduled appointment. You can schedule an appointment by calling 216-371-7430.

All of the CH-UH elementary schools offer tours of the Kindergarten program and will be hosting Kindergarten Information Nights in the spring.

Please check [chuh.org](http://chuh.org) for additional information.



Heights Middle School eighth graders in the AVID (Advancement Via Individual Determination) program hosted a College Fair on December 20. Each student created a display board with information and photos from the school they'd like to attend. They prepared and delivered talking points for fair visitors about the admissions process, programs, and unique features about their school. Along with students and staff from the middle school, classrooms of fourth and fifth graders from across the district visited the fair.



## Intercultural Programs

When most kids in the USA are unpacking their bookbags at the end of the school year, foreign exchange students, are packing their bags and preparing for a whirlwind year at Cleveland Heights High School with the American Field Service (AFS) Intercultural program.

These students arrive in August prepared to experience a host family, a new school, the Heights communities and the USA. And this school year will be the 60th year that Heights High has been hosting AFS foreign exchange students.

The American Field Service (AFS) was a volunteer ambulance driver corps in WWI and WWII that helped transport wounded soldiers to safety from both sides of battle. When the wars ended, the corps decided that its new charge should be to prevent conflicts by promoting understanding among nations. They established AFS Intercultural Programs to help facilitate cross-cultural student exchanges that would enhance caring and build cultural awareness worldwide.

Currently at Heights High, there is a great mix of AFS students from Argentina, Ghana, Italy, Kenya, Malaysia, Paraguay, Philippines, South Africa, Tanzania and Thailand. "AFS students are a wonderful asset to our school," said Heights High guidance counselor Michael Murray. "In their classes they give the American students a personal 'real' lesson about life in another culture and that is something you cannot get in a book."

The annual local AFS fundraising gala takes place on April 21 in conjunction with the AFS National Volunteer Assembly that will be held in downtown Cleveland.

The AFS Cleveland Heights volunteers are looking for contact information for previous AFS returnees that went abroad and families from Heights High that hosted students in the 1950s, 1960s, 1970s or 1980s.

Please contact us at: [afs60years@gmail.com](mailto:afs60years@gmail.com).



## Summer Ruffing It!

Summer camps for ages 18 months - Grade 8

June 18- July 27, 2018

For more information or to register online please go to:  
[www.ruffingmontessori.net/camps](http://www.ruffingmontessori.net/camps)



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# at the library



## Spring Programs at the Library

Here's a sampling of library programs taking place in the spring. For a full listing of programs, visit the library's website at [www.heightslibrary.org](http://www.heightslibrary.org) or look for a copy of the library program guide, *Check Us Out* in your mailbox.

## Golden Age of the Silver Screen

If you love classic movies, head to the library this spring for film screenings, live movie music, and film talks by local experts.

### Lee Road Movie Night

Fridays, 6:30pm at the Lee Road branch, 2345 Lee Road

#### March 16: *It Happened One Night*

Frank Capra's romantic comedy stars Claudette Colbert as a spoiled heiress running away from her family and Clark Gable as a reporter in need of a story. This early talkie won five Best Oscars: film, actor, actress, director, and screenplay! 1934. 1 hour 45 minutes.

#### May 11: *The Maltese Falcon*

Based on a Dashiell Hammett novel, John Huston's film follows Detective Sam Spade (Humphrey Bogart) as he gets tangled up with murder cases, eccentric criminals, a beautiful dame and the search for a priceless statuette. Also stars Mary Astor and Peter Lorre. 1941. 1 hour 40 minutes.

### Classic Movie Night: *The Invisible Man*

Thursday, April 5, 7:00pm at the Noble Branch, 2800 Noble Road  
*The Invisible Man* is considered a classic horror film. An adaptation

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of the famous H.G. Wells novel of the same name, it was an early example of the magic that could be done on a silver screen. Come see this classic a week before the Johnny Depp reboot comes out in theaters!

### Race(ing) to the Movies

**Thursday, April 19, 7:00pm.** at the Lee Road branch, 2345 Lee Road Neal Hodges presents an excursion into films made for African Americans by African Americans during the Golden Age of Cinema (1919-1950).

### The Cinematic Glories of Silent Films

**Tuesday, April 24, 7:00pm** at the Lee Road branch, 2345 Lee Road John Ewing, Director of the Cleveland Institute of Art Cinematheque and Curator of Film at the Cleveland Museum of Art, discusses one of his favorite eras from film history. His talk will be supplemented by memorable clips from some great silent movies.

### Monsters Are Universal: Silver Screams in Hollywood's Golden Age

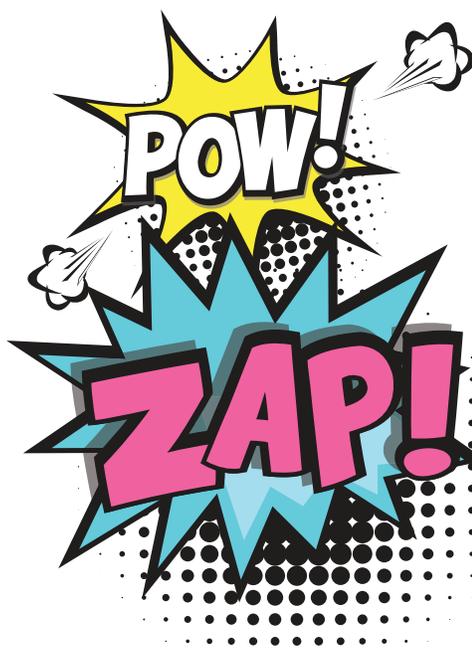
**Tuesday, May 15, 7:00pm** at the Lee Road branch, 2345 Lee Road Largely Literary Theater Co. co-founders Sara Showman and Mark Dawidziak use lighthearted sketches, props, and costume pieces to explore Hollywood's Golden Age of horror with a special emphasis on the Universal films starring Bela Lugosi and Boris Karloff, as well as the genre's literary origins.

### Music and the Movies

**Wednesday, May 30, 7:00pm** at the Noble Branch, 2800 Noble Road Vocalist Eileen Burns and her three-piece jazz combo present an entertaining and informative program featuring memorable songs and interesting stories from classic Hollywood films such as *Casablanca*, *Swing Time*, *Breakfast at Tiffany's*, *Brigadoon*, *Singin' in the Rain*, and more.

### For Kids Peeps Diorama Contest

**Monday, April 2, 1:00pm** at the University Heights Branch, 13866 Cedar Road Recreate a movie, book, or anything else you can imagine using the classic candy, Peeps! Deadline for submissions will be April 2 and winners will be announced one week later. Prizes will go to the top three creations. All dioramas will be displayed at the UH library. Get creative! Categories: K-5 and 6-12.



### Free Comic Book Day 2018

**Saturday, May 5, 2:00pm** at the Lee Road branch, 2345 Lee Road This year we will celebrate our 6th Annual Free Comic Book Day with a variety of games, activities, and crafts. Come in superhero gear, costume or t-shirt to be entered into a special raffle. And of course, be sure to get your FREE COMICS! For ages 3-12.

### NatureTracks: Forest Habitats

**Thursday, May 17, 6:30pm** at the University Heights Branch 13866 Cedar Road The Metro Parks' NatureTracks program will be visiting the University Heights branch to teach kids in grades K-5 all about forest habitats. Join us for this fun, informative, and interactive program.

### For Teens Teen Library Council

**Mondays, March 5 & 19, April 2 & 16, May 7 & 21, 3:30pm** at the Lee Road branch, 2345 Lee Road Are you a teen interested in making a difference? Start here at your library! Teen Library Council is a place where teens can share their thoughts and ideas about how to make our community a better place while earning volunteer hours. Meetings are the first and third Mondays of each month. Ages 13-18.



### Bike Maintenance for Teens

**Mondays, May 7, 14, and 21, 4:00pm** at the Lee Road branch, 2345 Lee Road Learn bike maintenance basics from Two One Fix! Participants will experience hands-on learning as they take apart and put together some of the bicycle's major mechanical systems. Bicycles and tools will be provided. Participants must attend all three classes. Registration begins April 23.

### Peeps Diorama Contest

**Monday, April 2, 1:00pm** at the University Heights Branch, 13866 Cedar Road Recreate a movie, book, or anything else you can imagine using the classic candy, Peeps! Deadline for submissions will be April 2 and winners will be announced one week later. Prizes will go to the top three creations. All dioramas will be displayed at the UH library. Get creative! Categories: K-5 and 6-12.

### Summer Reading at Heights Libraries

Our summer reading program helps kids and teens keep their reading skills sharp over the summer break while they have fun and win great prizes! For more information about summer reading and related programs, visit [www.heightslibrary.org](http://www.heightslibrary.org) starting in May. Details will also be available in the summer issue of our *Check Us Out* program guide. Watch your mailbox!

# home to the arts

## APOLLO'S FIRE BAROQUE ORCHESTRA

216-320-0012 • www.apollosfire.org  
Friday, March 16, 8:00pm • Cleveland Institute of Music (Kulas Hall), 11021 East Blvd, University Circle

### Carnegie Hall Send-Off Concert

J.S. Bach's *Brandenburg Concertos no. 4 and 5*, Telemann's *Don Quixote Suite*, Jeannette Sorrell's arrangement of Vivaldi's *La Folia* ("Madness") and more.

Friday, April 13 & Saturday, April 14, 8:00pm Cleveland Institute of Music (Kulas), 11021 East Blvd, University Circle  
Semi-staged opera production of Monteverdi's *L'Orfeo* (Orpheus in the Underworld)

## BURNING RIVER BAROQUE

917-754-5549  
www.burning-river-baroque.org/

### "Suppressed Voices:

#### Music of the Banished"

Wednesday, March 21, 7:00-9:00pm • The Wine Spot, 2271 Lee Road  
A pastiche of European wine and music pairings.

Saturday, March 24, 2:00pm  
St. Alban Episcopal Church, 2555 Euclid Heights Boulevard  
Saturday, March 24, 7:00-10:00pm  
"Banish Your Cares Away!" Intimate house concert + party in Cleveland Heights

Friday, May 18, 7:30pm • St. John's Episcopal Church, 2600 Church Avenue  
Saturday, May 19, 7:00pm  
Heights Arts, 2175 Lee Road  
"At a Crossroad: Will You Live, Love or Die?"

## CHORAL ARTS CLEVELAND

216-381-4608 • choralartscleveland.org  
Martin Kessler, music director  
Sunday, March 11, 7:30pm • Disciples Christian Church, 3663 Mayfield Rd.  
Selections from Carl Orff's *Carmina Burana* and Johannes Brahms' *Liebeslieder Waltzes*, Scottish folk songs arranged by Mack Wilberg, and Ring Out, Wild Bells by Ron Nelson

Wednesday, May 16, 8:00pm • Maltz Performing Arts Center, 1855 Ansel Rd.  
Leonard Bernstein centenary celebration with the Suburban Symphony Orchestra. Program includes *Chichester Psalms* and choruses from *Candide*.

## DOBAMA THEATER

2340 Lee Rd. • 216-932-3396  
www.dobama.org

### The Effect

By Lucy Prebble, March 2-25, directed by Laley Lippard *Midwest Premiere*  
A man and a woman are volunteers in a clinical drug trial but when they begin a sudden and illicit romance, they ask themselves whether there's a palpable chemistry or is it a side effect of the new antidepressant being tested?

### Appropriate

By Branden Jacobs-Jenkins, April 20-May 20, directed by Nathan Motta *Regional Premiere*  
When three adult children make a disturbing discovery among their late father's possessions, the reunion takes a turn for the volatile, forcing everyone to confront their family history and each other. 2014-15 Obie Award Best Play

### On the Grill

By Dror Keren,  
English translation by Omer Strass  
June 21-July 8, directed by Leighann Delorenzo *American Premiere*  
Tensions mount on the home front, as on the front, in this intimate look in to the hopes and heartbreak, feelings and fears of an Israeli family and the community that surrounds them. 2015 Israeli Academy Award Best Play

## ENSEMBLE THEATRE

2843 Washington Blvd. • 216-321-2930 • www.ensembletheatre.org

### 2018 Colombi New Plays Festival

#### Mama / Moon

By Tom Frattare March 9-25, directed by Ian Wolfgang Hinz  
MainStage Theater

#### Angels in America Part Two: Perestroika

By Tony Kushner, April 27-May 20  
directed by Celeste Cosentino  
In the second part of Kushner's drama set in America of the mid-1980s, the plague of AIDS worsens, relationships fall apart as new ones form, and unexpected friendships take form. MainStage Theater  
Check Ensemble Theatre's SPECIAL EVENTS tab on their website for information on additional programming surrounding *Angels in America* and the *Colombi New Plays Festival* in March.

## HEIGHTS ARTS

2175 Lee Rd. • www.heightsarts.org  
216-371-3457

### In the Gallery

#### Drawn Together March 9-April 22

Curated by Josh Werling, *Drawn Together: Emotional Intelligence and the Vernacular of the Heart* examines the fourth Buddhist virtues of loving-kindness, compassion, sympathetic joy, and equanimity through the drawings of John Carlson, Suzanne Head, Tony Ingrisano, and Dana Oldfather. Gallery talk on Thursday, April 5.

#### Members Show April 27-June 10

Heights Arts present its first Members Show, a non-juried exhibition of art in all media. The show is an outgrowth of the Heights Arts mission to support the community by providing a variety of opportunities for artists and art audiences to discover each other.

#### Sticks and Stones June 15-July 29

Seven diverse regional artists use the materials of wood and stone to create works of art in mediums ranging from photography to furniture making. Curated by Bill Schubert. Gallery talk on Thursday, July 11.



**At Ensemble Theater  
Haiku Death Match**

**Saturday, April 21, 7:00pm**  
The annual Haiku Death Match pits the region's best and bravest writers of the meditative, 17-syllable form against each other in a contest for the title of Death Match Master. It's poetry, theater, talent show, and a jousting match rolled into one. The audience votes for the poems they like best, contestants are eliminated, and the last poet standing is the winner! Ticket purchases benefit literary programming in the community.

**CLOSE ENCOUNTERS HOUSE  
CONCERT**

**Strangers on Earth, At Home with Bach**  
**Sunday, April 22, 3:00pm**  
Cleveland Orchestra cellist Dane Johansen presents their first all-Bach Close Encounters concert in a Shaker Heights parklands villa, featuring Assistant Concertmaster Jessica Lee and Omni Quartet violist Joanna Patterson. Advance tickets available at the gallery and online.

**HEIGHTS CHAMBER  
ORCHESTRA**

216-751-7816  
www.heightschamberorchestra.org  
**Sunday, April 8, 3:30pm**  
Church of the Gesu, 2470 Miramar Blvd. Bizet's *Marche and Danse bohémienne* from *La jolie fille de Perth*, Saint-Saëns' *Violin Concert No. 3 in B minor, Op. 61*, Debussy's *Sarabande*, and Stravinsky's *Pulcinella Suite*. Domenico Boyagian, music director and conductor, Celina Bethoux, violin.

**Sunday, May 13, 3:30pm** • St. Paul's Episcopal Church, 2747 Fairmount Blvd. Copland's *Fanfare for the Common Man*, Dvorak's *American Suite in A Major, Op. 98b*, and Copland's *Appalachian Spring Suite*. Domenico Boyagian, conductor.

**HEIGHTS YOUTH THEATRE**

216-923-1583 • Wiley Middle School, 2181 Miramar Blvd.  
www.heightsyouththeatre.com  
"The Journey Home" is the theme for the 2017-18 season. Each of the plays deals with excursions of self-discovery where characters set out to find themselves, or lose themselves, sometimes within the same journey. Ultimately, they gain insights that are more fulfilling than the happiest fairy tale.  
*Wizard of Oz* **March 9-18**  
Directed by Treva Offutt.  
Music Directed by Stacy Bolton.

**LAKE ERIE INK**

2843 Washington Boulevard  
www.lakeerieink.org • 216-320-4757  
**6th Annual Kids Comic Con!**  
**Saturday, March 17, 10:00am-3:00pm**  
Explore the art of comic book making with Lake Erie Ink for a full day of workshops featuring professional comic book writers and illustrators where youth of all ages can learn the ins and out of the comic book art form from the pros. \$10 at the door.

**Poetry Workshop, A Celebration of  
National Poetry Month**

**Saturday, April 21, 10:30am-12:30pm**  
Celebrate National Poetry month by exploring fun poetic forms at this weekend of poetry for youth of all ages.

**Teen Writers' Symposium**

**Saturday, May 5, 1:00-4:00pm**, at Loganberry Books  
So...you want to be a writer?  
Explore the art of writing in diverse genres and be inspired by local authors during a panel discussion and breakout sessions with guest writers. \$10 at the door.

**Creative Expression Summer Camps  
with Lake Erie Ink**

weekly camps, **June 18-August 13**, 1:00-5:00pm, grades 2-12  
Lake Erie Ink summer camps provide a fun, stimulating environment where youth explore their imaginations, develop writing skills, and collaborate with peers. Summer camps explore various literary genres, including creative nonfiction, bookmaking, comics and graphic storytelling, novel writing, zines, comedy for the stage, puppetry, and more.

**Summer Programs for Teens - Write,  
Read, Volunteer!**

Drop-in weekly writing workshops, open mic nights, summer camps, and volunteer opportunities are available. Visit [lakeerieink.org](http://lakeerieink.org) for details.

**Bring Lake Erie Ink to your school or  
organization for creative writing fun!**

Lake Erie Ink works with teachers and staff at schools and other youth-serving organizations on fun and motivating writing workshops that explore various genres, including poetry, puppetry, comics, fiction, nonfiction, writing across the curriculum, and more. For more information, contact Jill Levin at [jlevin@lakeerieink.org](mailto:jlevin@lakeerieink.org) or 216-320-4757.

**WESTERN RESERVE  
CHORALE**

216-791-0061 • [westernreservechorale.org](http://westernreservechorale.org)  
David Gilson, artistic director  
**Sunday, March 18, 3:30pm**  
Church of the Gesu, 2470 Miramar Blvd. Program includes John Rutter's *Mass of the Children* and Franz Schubert's *Mass in G* with orchestra and soloists Marian Vogel, Tim Culver and Brian Johnson.

**Sunday, June 3, 7:00pm** • Church of the Gesu, 2470 Miramar Blvd.

**An American Tapestry**

Program includes Copland's Old American Song Set, Thompson's Frostiana selections, Dixie arr. by Luboff, Two Colonial Songs by Dan Forrest, Shenandoah by James Erb and more.

# around town

## Dam Rehabilitation Begins Late Spring

Improvements to Upper Shaker (Horseshoe) Lake and Lower Shaker Lake Dams will begin late this spring to ensure that human life, health, and property are protected from failure of the dams. The dams were originally constructed on Doan Brook in the mid 1800's by the Shaker community to supply power for mills.

The total construction duration is anticipated to last 18-22 months. The walkway along Horseshoe Lake dam and the spillway will be closed during construction of the project; the walkway will be re-established upon project completion. Residents will have continuous access along the project route and will be notified at least 48 hours in advance should there be any traffic pattern changes.

This project is sponsored by the Northeast Ohio Regional Sewer District on behalf of the Cities of Cleveland Heights and Shaker Heights to help bring it into compliance with the Ohio Department of Natural Resources.

## "We Are Noble" 2018

The neighborhoods along Noble Road will buzz with activity **May 18-20** when Noble Neighbors' fourth annual showcase demonstrates how wonderful this quadrant of the city is. Look for yard sales, school events, real estate sales, business district specials, food, library events, school- and church-sponsored activities. Participants will be able to visit the Police Academy, Denison and Caledonia parks, and community gardens. View photos from last year's event on [www.NobleNeighbors.com](http://www.NobleNeighbors.com). Also check them out on [www.Facebook.com/NobleNeighborsClevelandHeights](https://www.facebook.com/NobleNeighborsClevelandHeights) and on Twitter @NobleNeighbors. See you in the Noble Neighborhood!

## Save the Date for the 41st Annual Heights Heritage Home & Garden Tour

An enthusiastic group of Heights Community Congress (HCC) volunteers has already started planning for this year's Heights Heritage Home & Garden Tour scheduled on **September 15 and 16**.

Fresh off the 40th Anniversary event in 2017 that saw over 1,000 guests enjoy that milestone, this year's Tour committee is busy working on home selection and Preview Party planning with final details to be announced in early summer.

HCC will also be sponsoring a number of community activities throughout 2018 in celebration of the 50th anniversary of the 1968 Fair Housing Act and in support of the wonderful diversity that makes Cleveland Heights such an outstanding community.

For a look back at the 2017 Tour or to follow the latest updates on this year's schedule of community events, visit [www.heightscongress.org](http://www.heightscongress.org).



## Cedar Fairmount Summer Festival

The 17th Annual Cedar Fairmount Summer Festival and Arts & Craft Show takes place Sunday, August 12 from 12:00 noon to 5:00pm. This free, family-friendly event is made possible through the support of the Cedar Fairmount Business District, their merchants and professionals, as well as a grant from Cuyahoga Arts and Culture.

The parking lot behind the Heights Medical Building will be closed for local non-profits organizations, musical acts, children's games, and exhibits from the Cleveland Museum of Art, Cleveland Metroparks, Cleveland Animal Protective League, Cleveland Water Department, and the Cleveland Heights Police and Fire departments.

Popular attractions such as the Euclid Beach Rocket Car, Whipples the Clown and Tiffany, and Super Heroes and Princesses will also return. The Arts and Craft sale will be take place at Lennox and Surrey roads.

Entertainers, musicians, and artists are still being sought. Contact Cedar Fairmount at 216 791-3172 or [info@cedarfairmount.org](mailto:info@cedarfairmount.org).

## FutureHeights offers Workshops, Mini-Grants, and Public Forums

FutureHeights, Cleveland Heights' nonprofit, community-building organization, is offering several tools to help residents leverage their neighborhoods' assets and enable creative projects to improve their quality of life through its Community Capacity-Building Program.

FutureHeights offers a series of workshops for neighborhood leaders, mini-grants to support neighborhood projects, and public forums to address areas of interest or concern. The group also offers one-on-one mentoring for community leaders.



Since the program's launch in 2015, FutureHeights has awarded approximately \$13,000 in small grants to support 18 projects in Cleveland Heights. Residents can apply for up to \$1,000 for citizen-led neighborhood projects, events and activities. In addition, 39 residents—from several neighborhoods, including Noble, Forest Hill, Cain Park, Boulevard, Severance, Cedar Fairmount, Coventry and East Fairfax—have completed the workshop series, which takes place over several months each spring.

The FutureHeights Community Capacity-Building Program takes an Assets-Based Community Development approach, which means that it seeks to build upon a neighborhood's strengths. The 2018 FutureHeights Community Builder Workshop Series will take place on Sunday afternoons from 3:00 to 6:00pm:

**March 11: Neighborhood Leadership**

**March 25: Asset-Based Community Development**

**April 8: Policy & Advocacy**

**April 22: Learn the History of Cleveland Heights, and your Neighborhood**

**May 6: Leveraging Community Resources**

**May 20: Building Community**

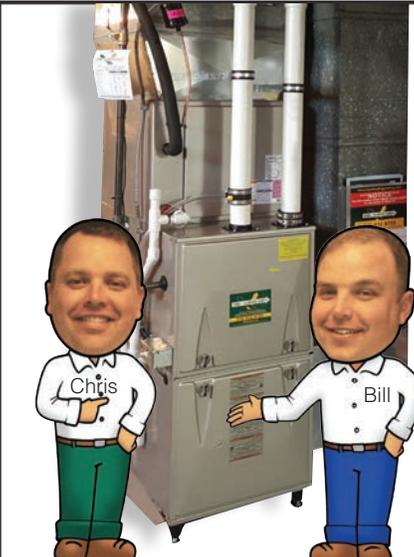
All Cleveland Heights residents are encouraged to complete a two-page application to participate in the workshop series. The application, available at [www.futureheights.org/programs/community-building-programs](http://www.futureheights.org/programs/community-building-programs), is due on February 28. Late applications will be accepted if space permits.

Applications for neighborhood mini-grants will be considered in the spring and fall.

This year's application deadlines are March 15 and September 15.

FutureHeights will also host a quarterly public forum series on a variety of community-building topics. The following forums are open to all interested residents: **April 17, Housing Issues**; **July 17, Creative Place-Making**; and **October 16, Economic Development Tools**.

For more information and to download applications for the workshop series and neighborhood mini-grants, visit [www.futureheights.org/programs/community-building-programs/](http://www.futureheights.org/programs/community-building-programs/), or contact Sruti Basu at [sbasu@futureheights.org](mailto:sbasu@futureheights.org) or 216-320-1423.



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Nominees may nominate themselves or someone they know. The nominee must live in the Heights area or its neighboring communities. Nominations will be considered based on a variety of criteria. These would include, but not limited to, physical disabilities, senior citizens, financial challenges, military service, etc. Maximum value \$3500. Nomination forms can be obtained by calling us or visiting [www.VEHbrothers.com/helping-hann/](http://www.VEHbrothers.com/helping-hann/). Entries due by 3/15/18.

**Receive a coupon for \$200 off the installation of a furnace, boiler or air conditioning system just for nominating someone in need. Coupon expires 6-30-18.**

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## Economic Development Toolbox

**With more than 500 small businesses, Cleveland Heights is an epicenter of small, locally owned businesses in Northeast Ohio.** In order to support the City's existing small businesses and remain a premier location for new entrepreneurs to locate, the City has developed an Economic Development Toolbox to meet the financing needs of this demographic.

The **Commercial Loan Program** provides gap financing on a project in conjunction with a bank loan and owner equity. A typical breakdown of a project would be: 50% bank loan, 35% City loaned funds and 15% owner equity. As a federally funded program, projects must create one low to moderate income job for every \$35,000. This program is ideal for financing real estate, equipment or other fixed assets.

The **Storefront Rehabilitation Program** is targeted towards transformative exterior improvements of buildings in commercial districts. It combines rebates of up to \$25,000 and no interest loans of up to \$100,000. Also included is free design services from consultants contracted by the City.

An underutilized program that the City is placing emphasis on is the **Microenterprise Loan Fund**. Microenterprises are defined as small businesses with five or fewer employees, one of which is the owner. The program is targeted towards entrepreneurs and startups who might not yet be bankable for traditional commercial bank financing. Loans are typically in the \$5,000 range up to a maximum of \$10,000.

The City recently added a new **SBA Grant Program** in partnership with funding from Cuyahoga County. This program provides a forgivable loan/grant (up to 15% or \$50,000) to a business as part of a project involving an SBA loan. The grant serves as an equity infusion to make the project more attractive to banks doing SBA loans and allows the business to keep more cash on hand for operating expenses. A typical deal structure for this program would be: 75% SBA loan, 15% equity grant, 10% owner equity.

For projects that don't easily fit into any of the above programs, the City also has an **Economic Development Fund**. This fund provides more flexibility than some of the other programs for high impact projects the City wants to support.

For more information about Cleveland Heights' business development programs, please contact Brian Anderson at 216-291-2617 or [banderson@clvhts.com](mailto:banderson@clvhts.com).



**Ribbon Cutting Opening of Daylight Donuts & Coffee**

## Eric Rogers' Fresh Fix focuses on healthy eating

Cedar Lee welcomed its newest restaurant when Eric Rogers' The Fresh Fix (2234 Lee Road) opened in late November to bring healthy eats, juices and smoothies to Cleveland Heights. "Cleveland Heights and the Cedar Lee District have been a great fit for the Fix brand," chef/owner Eric Rogers said. "It fits the type of district and neighborhood we want to be a part of and has a strong sense of community. We're looking forward to continuing to grow here on Lee Road."

## Boss Dog Brewing Co. Opens

After an eighteen-month renovation to the space formerly occupied by Lemon Grass at 2179 Lee Road, brothers Jason and Josh Sweet opened their brewery/restaurant in the city where they were raised and where Josh is raising his family. Boss Dog is a gastro pub with modern American food that goes well with beer brewed at the restaurant by Jason Sweet and guest beers from other local Ohio breweries. The restaurant's 5000-square-foot interior seats about 140 and when the warm weather arrives, the 1200-square-foot patio will seat an additional 70. Boss Dog is open for dinner 7 days a week and also serves weekend lunches on Saturdays and Sundays.

## Welcome Daylight Donuts & Coffee

Cleveland Heights' first (and only) drive-through coffee and donut shop is open for business 6:00am-8:00pm at 3077 Mayfield Road between Lee and Monticello near the Cleveland Heights Community Center. Daylight Donuts and Coffee is setting up shop in a portion of the building housing Motorcars Collision Center. And for those who want "Donuts for Grownups," Cedar Lee's CLE Urban Winery is teaming up with Daylight at the winery on 2180 Lee Road so customers can add one of the winery's fruit-infused wines into crafted glazed and crème-filled cake doughnut holes.



## Home Repair Resource Center (HRRC)

As longtime members of the Cleveland Heights community, HRRC continues to grow with their usual services and some new opportunities for homeowners. With over 100 repair classes and workshops throughout the year for men and women of all ages, backgrounds, and communities, HRRC has something for everyone. Their repair classes cover a wide variety of topics from plaster/drywall repair to leaky faucets to outlet installation to gardening and everything in between that deals with the home. These workshops include the especially popular women's Home How-To series — four distinct sets of six-week classes on plumbing, electrical repairs, carpentry, or exteriors. Additionally, their homebuyer education workshops give prospective homeowners a great head start when purchasing their first home. Last year alone, over 1200 people took one of their workshops.

In addition, HRRC's tool library is a great way to make those home repairs without spending a fortune with thousands of tools to borrow. Residents can also make use of their downpayment assistance program, senior programs, financial counseling, and brand new this year — a financial capabilities program including workshops, classes, and more. For more information, please visit [www.hrrc-ch.org](http://www.hrrc-ch.org) or contact David Brock at (216) 381-6100 extension 16.



Sara Kraber, owner of Wood Trader

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# historicheights

## Cleveland Heights Historical Society

The Cleveland Heights Historical Society is dedicated to discovering, preserving, and promoting the heritage of Cleveland Heights. The Society sponsors a Facebook page and membership information is on [www.chhistory.org](http://www.chhistory.org). The CHHS website includes stories connected with Cleveland Heights history, all the articles that have appeared in the Society's newsletter ("View from the Overlook") large numbers of photos from Cleveland Heights' past, a blog, and information regarding the annual Heights Heritage Tour. The Society sponsors its own events and shares sponsorship with others, such as the Cleveland Heights Landmark Commission and the Cleveland Heights-University Heights Public Library. The Society also welcomes questions or comments by emailing [heightshistory@gmail.com](mailto:heightshistory@gmail.com). Volunteers are also welcome from time to time to help with various projects.



## National Preservation Month

May is National Preservation Month and Cleveland Heights has a number of events and walking tours planned. Presented by the Cleveland Heights Historical Society, the Cleveland Heights Landmark Commission and the Heights Library, these events showcase the rich history of our community and help us learn how to protect and preserve the architecture and homes that make Cleveland Heights special. Space is limited for the tours and advance registration is required. Call 216-291-4878 after May 1.

## Cleveland Heights' "Emerald Necklace": Parks, Property, and Politics

**Tuesday, May 1, 7:00pm**  
Heights Main Library, 2345 Lee Road  
Speaker: Marian Morton  
For more than a century, our parks have been important players in the city's economic and political life. Initially intended to enhance the property values of an ambitious young suburb, our parks also sometimes enhanced the political reputations of its elected officials. Most often places that promoted political unity and harmony, our parks have sometimes done the opposite.

## From the Shakers to Shaker Heights Park: The Curious History of Why A Part of Cleveland Heights Once Called Itself 'The Real Shaker Heights'

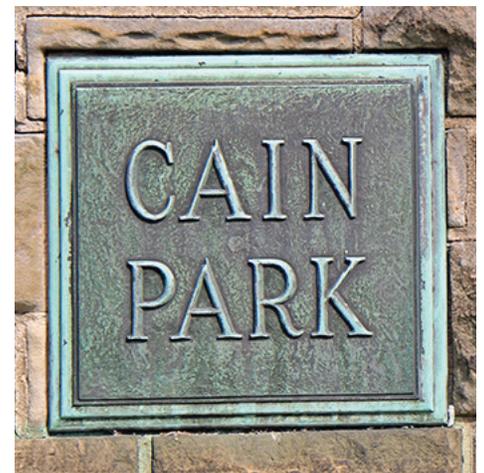
**Wednesday, May 9, 7:00pm**  
Heights Main Library, 2345 Lee Road  
Speaker: Virginia Dawson  
Learn about the history of North Union, the sale of the Shaker property, and the role of the Van Sweringen brothers in developing the old Shaker property located along both sides of Doan Brook.

## Cleveland Heights Rocks and Waters Tour 2018:

**Shaw Brook gulch**  
**Saturday, May 12,**  
10:00am-12:00 noon, rain or shine  
LIMITED AVAILABILITY:  
RESERVATIONS REQUIRED.  
CALL 216-291-4878 AFTER MAY 1  
Meet: Lutheran High East parking lot, 1400 Yellowstone Road  
Tour guides: Roy Larick, Korbi Roberts and Kara Hamley O'Donnell  
Do you know Shaw Brook, the city's secret stream? Explore its sandstone gulch, once the Glen Allen estate's landscape centerpiece, and learn about the long-gone home of Elisabeth Severance Allen, John L. Severance's sister. Beauty can be found where one least expects it.

## Why Preservation?

**Monday, May 21, 7:00pm**  
Heights Main Library, 2345 Lee Road  
Speaker: Margaret Lann, Cleveland Restoration Society  
What are the important architectural features in an older house? What should be repaired rather than replaced? This program looks at the importance of taking a preservation approach in our homes and neighborhoods. It also highlights some common preservation blunders.



## Cain Park Behind the Scenes Tour

**Saturday, June 2**  
10:00am- 12:00 noon, rain or shine  
LIMITED AVAILABILITY:  
RESERVATIONS REQUIRED.  
CALL 216-291-4878 AFTER MAY 1  
Meet: Top of the Cain Park sledding hill along Taylor Road near Superior Road  
Tour guides: Kara Hamley O'Donnell and Ksenia Roshchakovskiy, City of Cleveland Heights staff  
As we celebrate Cain Park's 80th anniversary, learn about Cain Park's rich history, its evolution and its importance as the heart of Cleveland Heights' arts community. You'll get to see areas of the park usually inaccessible to the public, including the scene and costume shops, Evans Amphitheater backstage, Evans dressing room, and the progress in preparing the set and lights for MEMPHIS THE MUSICAL in the Alma Theater, which previews June 14.

## Congratulations to All Anniversary Celebrants!

**Alcazar Hotel, 95th** - Entertainer Bob Hope kept a suite there, as did Olympic athlete and Hollywood actor Johnny Weismuller and composer Cole Porter, who reportedly wrote his hit, "Night and Day," while in residence at 2450 Derbyshire Road. Designated a Cleveland Heights Landmark, this architectural gem is also listed on the National Register of Historic Places.

**St. Paul's Episcopal Church, 90th** - The Gothic Parish Hall, of Indiana limestone with a prominent carved oak ceiling, was the first component of the St. Paul's Church Group at 2747 Fairmount Boulevard to be constructed and used for services before the sanctuary was completed in 1976 when it was designated a Cleveland Heights Landmark.

**Church of the Saviour, 90th** - Designated a Cleveland Heights landmark in 1975, the French Gothic Revival structure at 2537 Lee features a wide variety of building stone, ornament and plain Moravian tile floorings, a seven-sided pulpit, a four-manual organ with over 2,500 pipes and striking stained glass throughout.

**Forest Hill Park, 80th** - In 1938, John D. Rockefeller, Jr. donated approximately 235 acres of land to East Cleveland and Cleveland Heights for Forest Hill Park. Rockefeller hired noted Cleveland landscape architect A. D. Taylor to create a plan and the cities developed the estate into Forest Hill Park. Forest Hill Park was listed on the National Register of Historic Places in 1998.

**Cain Park, 80th** - At Cain Park's dedication in 1938, Mayor Frank Cain counseled: "Treat it well, keep it on a high plane, and above all, support and enjoy it." The brainchild of Heights High School drama teacher Dr. Dina Rees Evans and Cleveland Heights Mayor Frank C. Cain, Cain Park was designated a Cleveland Heights Landmark in 1977. See pages 26 and 28.

**AFS Foreign Exchange program at Heights High, 60th** See page 17.

**Mac's Backs Books, 40th (25th in Coventry location)** - A major part of Northeast Ohio's strong literary community is the wealth of independent bookstores, one of them being Mac's Backs Books at 1820 Coventry. Mac's Backs serves as a spontaneous and informal place in Cleveland Heights where people can discuss current events in addition to buying books.

**Heights Chamber Orchestra, 35th** - HCO's mission is to bring live classical music to different Cleveland communities, in an accessible and welcoming environment. All concerts are free and open to the public. One third of its current performers live in Cleveland Heights. For a schedule of upcoming performances, see page 21.

**Café Tandoor, 25th** - Owner Raj Singh cites "great support from the community" as the reason for his restaurant's longevity. Café Tandoor's loyal customers have delighted in the comfortable, inviting atmosphere at 2096 South Taylor as they savor authentic Indian cuisine by Chef Lal, a New Delhi native.

*If you know of an organization's anniversary, please write to us at [publicrelations@clvhts.com](mailto:publicrelations@clvhts.com).*

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# CAINPARK

**NEW! Online Residents Day sale on Ticketmaster.com.**  
Sale details and password access will be shared with residents who subscribe to Cain Park's or Cleveland Heights' email lists.

## ticket office opens june 2 for residents only!

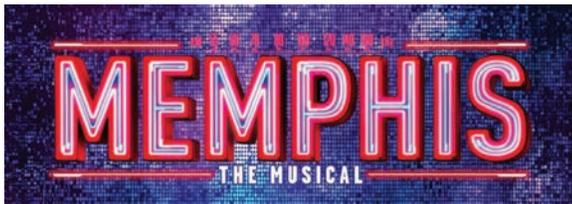
- 9:00am-5:00pm, **in person only at Cain Park Ticket Office**, (no phone or fax orders)
- Limited quantities and no guarantees that ticket requests will be filled from designated block of seats
- Bring photo ID and two proofs of current residency (e.g. mail, utility bill, current CH Recreation ID)
- Register with Cain Park staff on June 2 outside Main Ticket Office
- Credit card purchases require a photo ID that must match the name on the credit card.
- Name on credit card or check **MUST MATCH** the name of resident making purchase.
- After registering, get a number that represents your place in the ticket-buying queue

If you do not wish to take a number for the ticket-buying queue, you have the option of filling out a ticket order form with method of payment attached and current phone number where you can be reached, and then leaving it with a Cain Park staff member. Ticket forms will be processed at the end of the day in the order they were received.

Cain Park staff does not accept responsibility for ticket requests not able to be filled from the special block of seats due to high demand. Cain Park staff reserves the right to limit tickets per resident household for certain events.

The Cain Park Ticket Office will open to the general public on Tuesday, June 5 (in person, by phone, mail or fax). The special block of resident seats will not be available on June 5.

## MEMPHIS June 14-July 1



Directed by Joanna May Hunkins with musical direction by Jordan Cooper  
From the underground dance clubs of 1950's Memphis, Tennessee, comes the Tony and Olivier Award-winning musical that bursts off the stage with explosive dancing, irresistible songs and a thrilling tale of fame and forbidden love. Inspired by actual events, MEMPHIS is about a white radio DJ who wants to change the world and a black club singer who is ready for her big break. Audiences will be taken on an incredible journey to the ends of the airwaves – filled with laughter, soaring emotion and roof-raising rock 'n

roll. Winner of four 2010 Tony Awards including Best Musical and two 2015 Olivier Awards, MEMPHIS features a Tony-winning book by Joe DiPietro and a Tony-winning original score with music by Bon Jovi founding member David Bryan.

Discounted opening weekend tickets (\$25 for Friday, June 15, Saturday, June 16 and Sunday, June 17) **WILL BE SOLD ONLY** on Residents Day on June 2: regularly priced tickets are \$32 advance and \$34 day of show. Discounts are applied to full-price tickets only. Preview on June 14 is \$25; no additional discounts will be applied.

**Below is a list of the 2018 Cain Park events that have been confirmed as of this publication date. Booking the season has only begun so please check for calendar updates on [www.cainpark.com](http://www.cainpark.com)!**

**THE MONKEES with Micky Dolenz and Michael Nesmith June 16**

**FREE CHAMBER MUSIC SERIES June 19, July 17, 31, August 7, 14**

**THE MUSICAL THEATER PROJECT: "FOR GOOD: THE NEW GENERATION OF MUSICALS, Vol. 3" June 20**

**WORKMEN'S CIRCLE YIDDISH CONCERT June 24**

**VERB BALLETS June 29**

**HEIGHTS YOUTH THEATRE CAMP Performance June 30**

**CAIN PARK ARTS FESTIVAL July 13-15**

**GROUNDWORKS DANCETHEATER July 20-22**

**FREE SUNDAYS IN THE PARK July 29, August 5, 12, 15**

**INLET DANCE THEATRE July 25 (Kids Matinee) and July 26**

**THE SINGING ANGELS July 29**

**HEIGHTS PERFORMING ARTS CAMP productions August 4**

**DANCECLEVELAND CONCERT August 4**

**LIVINGSTON TAYLOR August 5**

**Wine Tastings (in partnership with *The Wine Spot*): June 15, 29, July 13, August 4 plus two more dates**



# COMMUNITY CENTER

Cleveland Heights Community Center, 1 Monticello Boulevard 44118  
[www.clevelandheights.com](http://www.clevelandheights.com) Follow us on Facebook

## Important Phone Numbers

Community Center: 216-691-7373  
Office on Aging: 216-691-7377  
Recreation Sports Hotline: 216-691-7385  
Cain Park: 216-371-3000 (April-August)  
Ice Rinks: 216-691-7434  
Cumberland Pool: 216-691-7390  
Summer Camp by Jump Start Sports: 330-656-0090

## Registration Information

All Dates Are Subject to Change  
Registration is on a first-come, first-served basis.  
All fees are due at the time of registration.  
All Cleveland Heights residents must first purchase a \$5 Recreation ID card and provide proof of residency, such as a utility bill (or other piece of mail), in addition to a driver's license or photo ID in order to register.  
All classes have a minimum enrollment and will be cancelled if they have not met minimum enrollment before the first class. Participants will be notified by phone and/or email in the event of a class cancellation due to insufficient enrollment.  
Families with more than one person enrolled in the same general recreation class will be eligible for the family discount. The first person in the same class will pay full price and a \$10.00 discount for each additional family member in the same class. A family is defined as adult head of household and his/her spouse or partner and dependent children occupying same household age 18 and under.  
Please note that sometimes excellent courses are canceled when too many people wait until the last minute to register. To avoid disappointment, try to register as soon as possible or at least one week before the course begins.

## Registration Hours

M-F 9:00am-7:00pm  
Sat. 9:00am-4:00pm  
Sun. 11:00am-4:00pm

Closed: Sunday, April 1  
Monday, May 28  
Wednesday, July 4  
Monday, Sept 3

Spring Program Registration begins March 5  
Summer Program Registration begins May 1

## Benefits of a Recreation ID Card

Use of the Community Center track, fitness center and basketball courts.\*  
Free use of the lighted tennis courts, outdoor basketball courts and skate park.  
Use of six outdoor picnic shelters (permit required at a fee of only \$25).  
Free use of the Cain Park Splash Pad and Cumberland Wading Pool.  
Reduced rates for all Community Center programs.  
Reduced rates for public ice skating sessions and other skating programs.  
Reduced rates for daily swimming admission and aquatics programs.  
Reduced rates for youth/adult sports programs.

**\*Note: Residents must first purchase a Recreation ID Card in order to purchase a Community Center Field House Pass or to pay daily Field House usage fee.**

## For Your convenience, There are Four Ways to Register:

### Online (24/7)

Registration available at [www.clevelandheights.com](http://www.clevelandheights.com)

### In Person

Register in person at the Community Center during the office hours listed above. In-person registration is an option for most programs with the exception of Jazzercise and Jump Start Sports.

### Phone

Registration by phone is only an option for some senior programs and general recreation classes if the participant has a current Rec. ID Card.

### Mail

Mail completed registration form(s) to City of Cleveland Heights  
Department of Parks and Recreation – 40 Severance Circle – Cleveland Heights, OH 44118 – Attn: Registration, with check made payable to **City of Cleveland Heights.**



# parks & facilities

## Payment Options

Included are cash, VISA, MasterCard, debit cards, money orders or personal checks. (Do not mail cash). Checks should be made payable to **City of Cleveland Heights** and should include your phone number.

**There is a returned check service fee of \$25.**

## Refund Policy

Because the decisions to maintain classes are based on the enrollment at the first class, no refunds are granted after the first class. Participants assume the risk of changes in personal affairs or health. Special programs are exempt from this policy and are dealt with on a case-by-case basis. Those entitled to a refund will have a \$5 processing fee deducted. There is no refund for materials purchased.

## Disability Policy

The Cleveland Heights Department of Parks and Recreation is sensitive to the needs of the physically challenged and encourages participation of all individuals. All of our facilities meet ADA requirements.

## Non-Endorsement Policy

The City of Cleveland Heights does not necessarily endorse the opinions or philosophy of the instructors who teach its classes and programs.

## Weather Cancellation Policy

When the Cleveland Heights-University Heights City Schools are closed, all Senior Center activities and activities held in school facilities will be cancelled. The Community Center will remain open and activities will be handled on a case-by-case basis.

## Youth Recreation Fund

The Youth Recreation Fund provides financial assistance to those Cleveland Heights children who might otherwise be unable to participate in recreation programs and activities. The Youth Recreation Fund offers reduced rates for those residents who qualify. Applications are available at the Community Center.

## Volunteer Opportunities

Volunteer coaches are needed and welcome for youth sports programs such as basketball, baseball, flag football, soccer, softball, T-ball, programs and special events. Please contact Mike Discenzo at [mdiscenzo@clvhts.com](mailto:mdiscenzo@clvhts.com) to become a volunteer coach or contact Dee Marsky at [dmarsky@clvhts.com](mailto:dmarsky@clvhts.com) for program and special event opportunities.

### 1 CALEDONIA PARK

- Ravine Road (near Noble)
- Playground
- Picnic Shelter
- Multi-purpose Field
- Ball Field

### 2 DENISON PARK

- Bluestone and Quarry (Monticello Blvd)
- Ball Field
- Multi-purpose Field
- Tennis Courts
- Basketball Courts
- Playground
- Picnic Shelter
- All-purpose Pathway
- Patio/Grass Recreation Area

### 3 CITY HALL

- 40 Severance Circle

### 4 FOREST HILL PARK

- Lee and Monticello
- Softball & Baseball Fields
- Tennis Courts
- All-purpose Pathway
- Picnic Shelters
- Playground
- Multi-purpose Field
- Nature Trail

### 5 COMMUNITY CENTER

- Mayfield and Monticello
- Fitness Center
- Ice Rinks
- Track
- Senior Center
- Basketball Courts/Gym
- General Rec Programs
- Meeting Rooms
- Seasonal Camps
- All-purpose Pathway
- Grass Recreation Area

### 6 CUMBERLAND PARK

- Cumberland and Mayfield
- Swimming Pool
- Wading Pool
- Basketball Courts
- Playground
- Grass Recreation Area
- All-purpose Pathway
- Veterans Memorial
- Historical Center
- \* Picnic Shelter

### 7 CAIN PARK

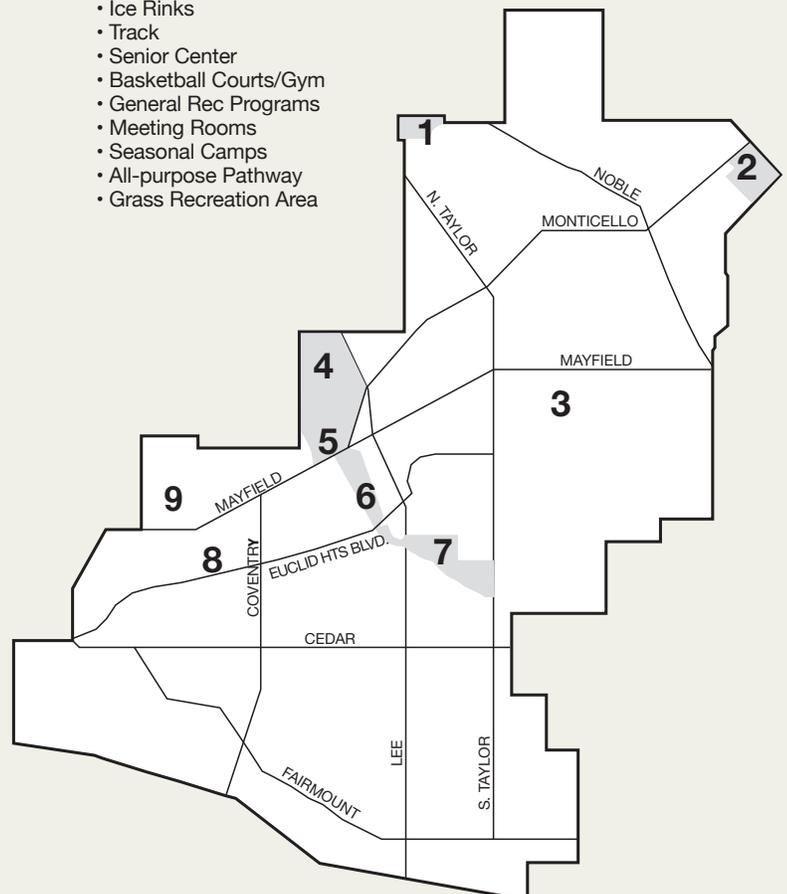
- Lee and Superior
- Tennis Courts
- Basketball Court
- Skate Park
- Playground
- Summer Performing Arts Center
- All-purpose Pathway
- Grass Recreation Area
- Sledding Hill
- Splash Pad

### 8 EUCLID HEIGHTS TOT LOT

- Euclid Heights Blvd and Hampshire
- Tots Playground

### 9 KENILWORTH PARK

- Kenilworth and Overlook
- Playground



## Room Rentals

Are you planning a party or hosting a business event/seminar for an organization? If so, then the Community Center is just the place to service your needs. The Community Center has several rooms to accommodate your event no matter how big or small, including a large activity room with a warming kitchen. Tables and chairs are also available for your specific function. Please feel free to visit the Community Center and view our rooms. If interested in reserving a room, please contact 216-691-7373 and let the Community Center make your event one to remember!

### Small Activity Room

Maximum capacity: 25

Cost: \$25.00/hour CH RES or CH nonprofit\*

\$50.00/hour NON RES or NON RES nonprofit

\*(Note: No fee, meetings only up to two times per year.)

### South Atrium

Maximum capacity: 50

Cost: \$35.00/hour CH RES or CH nonprofit

\$70.00/hour NON RES or NON RES nonprofit

### Activity Room 1A & 1B

Maximum capacity: 50

Cost: \$55.00/hour CH RES or CH nonprofit

\$110.00/hour NON RES or NON RES nonprofit

Security Deposit: \$110.00

### Activity Room 7 (Kitchen Availability)

Maximum capacity: 100

Cost: \$110.00/hour CH RES or CH nonprofit

\$220.00 hour NON RES or NON RES nonprofit

Security Deposit: \$220.00

### Senior Activity Center Multi-Purpose Room

Maximum capacity: 150

Cost: \$150.00/hour CH RES or CH nonprofit

\$300.00/hour NON RES or NON RES nonprofit

Security Deposit: \$300.00

### Summer Field House (South Rink)

Trade Show: \$250.00/hour or \$1,000.00/day

## Guidelines:

- Room reservations with a deposit need to be made 30 days before your event.
- The individual who signs the contract needs to be present during the entire event.
- Any resident signing on behalf of a non-resident agency will be charged the non-resident rate.
- Resident who signs must give the check in his/her name.
- Availability of rental space is subject to other events and programming being held in the facility and is subject to change or cancellation.
- The Community Center must be vacated by the close of regular business hours.
- Rooms cannot be rented for religious activities.
- Rooms can only be scheduled for a group one month at a time.
- Smoking or alcoholic beverages are not permitted in the facility.
- Cancellations must be received 30 days prior to your event in order to receive a refund.
- Live animals are not permitted in the facility.
- The Community Center is unable to accommodate rentals for any teen parties (ages 13-19).

## Athletic Field Reservation

Recreation ID card holders can also reserve baseball/softball and other athletic fields for a fee. The Department of Parks and Recreation limits availability of its athletic fields. Please contact Mike Disenzo at 216-691-7383 to inquire about field availability.

## Picnic Shelter Reservation

Cleveland Heights has six covered picnic shelters available for use by Cleveland Heights residents with a current Recreation ID Card only. The Caledonia Park picnic shelter is also available to East Cleveland residents with proper proof of residency. Picnic shelters are located in the following parks:

**Caledonia Park:** one single shelter

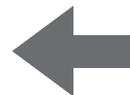
**Cumberland Park:** one single shelter

**Denison Park:** one single shelter

**Forest Hill Park:** one single and one double shelter

All are available to holders of a current Recreation ID Card for a cost of only \$25.00 on a first-come, first-served basis (+\$50 Security Deposit). An application needs to be completed in order for a permit to be issued. Non-permit use is allowed, however, permit holders will have priority for picnic shelter use. Permits are enforced by the Cleveland Heights Police Department. Applications for 2018 can be submitted beginning Tuesday, January 2, 2018.

The Department of Parks and Recreation handles all reservations for picnic shelters. Please call the Community Center at 216-691-7373 to request a picnic shelter reservation packet which includes all pertinent information and forms.



Cleveland Heights has six covered picnic shelters available for use by Cleveland Heights residents with a current Recreation ID Card only.



# FITNESS CENTER

## information



### Annual Fitness Center Passes/30-Day Passes/Daily Admission

Use of the Fitness Center, Track and Gym is available to Cleveland Heights resident adults and students (through high school) who live within the boundaries of the Cleveland Heights-University Heights City School District, or are employed within the boundaries of Cleveland Heights, including their families (must present recent pay stub). Cleveland Heights residents need to purchase a Recreation ID Card for \$5.00. Residents with a current Recreation ID Card then have the following three options: **1)** pay \$6.00 per day to use the Fitness Center, **2)** purchase an annual Fitness Center pass (see below), good for one year from the date of purchase for unlimited usage of the Field House, or **3)** purchase a 30-day unlimited Fitness Center pass. **Note: management reserves the right to confiscate membership cards and revoke all privileges for misbehavior or misuse, including, but not limited to, sharing membership cards, inappropriate language, etc. (minimum 30-day suspension).** See page 43 for classes offered for free with your fitness center membership.

### Resident Field House/Fitness Center Pass Rates:

Category	30-Day Pass	Annual Pass
Youth (K-age 11)	\$10.00	\$84.00
Student (age 12-HS or equiv)	\$18.00	\$110.00
Young Adult (19-24)	\$27.00	\$180.00
Adult (25-59)	\$33.00	\$220.00
Senior (60+)	\$17.00	\$115.00
Family	\$55.00	\$345.00

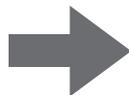
### Annual Non-Resident Fitness Center Passes / 30-Day Passes Available

Adult non-residents age 18+ who:  
 Live in University Heights, or  
 Live within the boundaries of the Cleveland Heights-University Heights City School District, or  
 Have children participating in Community Center programs.

### Non-Resident Field House/Fitness Center Pass Rates:

Category	30-Day Pass	Annual Pass
Youth (K-age 11)	\$15.00	\$126.00
Student (age 12-HS or equiv)	\$27.00	\$165.00
Young Adult (19-24)	\$39.00	\$248.00
Adult (25-59)	\$45.00	\$299.00
Senior (60+)	\$25.00	\$165.00
Family	\$79.00	\$499.00

Community Swimming returned this past fall in the newly renovated Cleveland Heights High School. Please check the website and follow us on Facebook for program updates and announcements.



### Fitness Center Guest Policy

Field House pass holders may bring a non-resident guest (maximum two) at a cost of \$8.00 per guest. Guest books of 3 for \$16.00 are available for purchase.

### Fitness Center/Track Policy

You need to be age 16 or older to use the Fitness Center and Track. Youth ages 12-15 may use the Fitness Center and Track accompanied by a paying adult/guardian. Infants and toddlers are permitted in strollers or in infant front/back pack carriers on the inside lane of the Track only. Infants and toddlers are not permitted in the Fitness Center.

### Fitness Center Hours

Closed: Sunday, April 1  
 Monday, May 28  
 Wednesday, July 4  
 Monday, Sept 3  
 Closed: Monday, August 27-Monday, Sept 3  
 For Annual Maintenance

### Through May 20

Monday-Friday: 6:00am-9:00pm  
 Saturday: 7:00am-6:00pm  
 Sunday: 9:00am-6:00pm

### May 21-September 16

Monday-Friday: 6:00am-8:00pm  
 Saturday: 7:00am-5:00pm  
 Sunday: 9:00am-5:00pm

### Gym

Open gym times for youth and adults have been scheduled. Please call 216-691-7373 for information. For sports leagues, exercise programs and other general recreation programs, please refer to the specific activity sections of this magazine for program times and other information.



# PERSONAL TRAINING

at the Fitness Center



*"I have been working with Ty Richardson since having my baby only one year ago and in that time, I have lost 55 pounds and I have awesome muscle tone and flexibility. She makes every session different to prevent boredom and she gives me modifications to accommodate my bum knee which is weak from surgery. Ty makes weight training fun!" - Nichole*

Our expert certified personal training staff will develop a program to fit your specific fitness goals. Our programs incorporate strength, cardiovascular, mobility and flexibility training as well as injury prevention and wellness education. We will work around any injuries or limitations you have to help make your goals a reality. Working with one of our professional exercise specialists is one of the best investments you could make for your personal health and wellness.

- All our personal trainers are college educated and certified fitness professionals.
- All our personal trainers have years of experience working in this field.
- We have morning, afternoon, evening and weekend appointments available.
- Our facility has a large variety of training equipment including a private training room with specialized equipment.
- We offer affordable payment options to fit your budget and a results-oriented exercise plan regardless of your budget.
- Discounted rates are available for those who train as couples or in small groups.
- Free consultation to discuss your health and fitness goals in greater detail.

**Ty Richardson - Head Trainer**  
 Weight loss education and fitness training for special populations (intellectually/developmentally disabled) **Availability: Monday through Friday (7:00am-7:00pm) & Saturdays (9:00am-11:00am)**

### Personal Training Services

Individualized personal training programs adapted to fit your goals and needs by certified experts. All ages and fitness levels welcome. One-on-one, Couples and Small Group training sessions available. 60-minute and 30-minute sessions available.

Head Trainer: Ty Richardson  
 Time: Available by appt.  
 Location: Activity Room 6  
 Cost: Trainers set their own rates within an affordable range  
 Contact: Ty Richardson  
 216-694-8414  
 rapidresultsworks@gmail.com

# AQUATICS POOLS

## spring swimming Indoor pool

**Cleveland Heights High School**  
13263 Cedar Road

**2018 Spring Indoor Season Schedule**  
Monday, March 5 – Friday, May 25

### **Monday-Friday**

Adult Lap Swim | 6:00-7:30am

### **Monday-Thursday**

Adult Lap Swim | 5:30-8:00pm

### **Friday**

Adult Lap Swim & Family Swim | 5:00-8:00pm

### **Saturday**

Adult Lap Swim | 8:00-10:00am

Adult Lap Swim & Family Swim | 12:30-2:00pm

### **Sunday**

Pool Closed

The pool will be closed Friday, March 30 through Saturday, April 7.

Proper swimwear is required to swim at Cleveland Heights High School. Schedule subject to change.

### **Spring Season Passes**

Went on sale Monday, February 5.

Available to those residing in the CHUH City School District.

Family: \$70.00

Adult (19-59) \$32.00

Senior (60+) \$25.00

Punch Card: \$20.00 (good for 10 general admissions)

### **American Red Cross Swimming Lessons**

Swimming lessons are taught by American Red Cross certified lifeguards. The pool staff reserves the right to test the swimming ability of any swimmer to ensure proper skill placement and to limit class size or to combine classes when necessary. Participants must register at least one week before each session for all group lessons.

### **Parent/Child Group Lessons**

Ages 6-36 months. Builds basic water safety skills for parents and helps children become more comfortable in the water. Adults are in the water with their child.

Day: Saturday

Dates: March 10-May 12

(no class 3/31 & 4/7)

Time: 11:20-11:50am

Location: Cleveland Heights High School

Cost: \$30.00

Class Size: 10

### **Preschool/Level 1-Introduction to Water Skills**

Ages 3-5

Day & Time: Sat | 11:20-11:50am

Day & Time: Sat | 12:00-12:30pm

Dates: March 10-May 12

(no class 3/31 & 4/7)

Location: Cleveland Heights High School

Cost: \$30.00

Class Size: 6

### **Level 2-Fundamental Water Skills**

Ages 5+

Day & Time: Sat | 11:20-11:50am

Dates: March 10-May 12

(no class 3/31 & 4/7)

Location: Cleveland Heights High School

Cost: \$30.00

Class Size: 6

### **Level 3-Stroke Development**

Ages 5+

Day & Time: Sat | 11:20-11:50am

Dates: March 10-May 12

(no class 3/31 & 4/7)

Location: Cleveland Heights High School

Cost: \$30.00

Class Size: 6

### **Level 4-Stroke Improvement**

Ages 5+

Day & Time: Sat | 11:20-11:50am

Dates: March 10-May 12

(no class 3/31 & 4/7)

Location: Cleveland Heights High School

Cost: \$30.00

Class Size: 6

### **Level 5/6-Stroke Refinement & Proficiency**

Ages 5+

Day & Time: Sat | 10:45-11:15am

Dates: March 10-May 12

(no class 3/31 & 4/7)

Location: Cleveland Heights High School

Cost: \$30.00

Class Size: 6

### **Water Aerobics**

Ages 18+. A vigorous 40-minute workout done in the water incorporating cardio along with calisthenics. Participants need to be comfortable in the water.

Instructor: Margaret Hall

Day: Mon & Wed

Date: March 5-May 2

(No class 4/2, 4/4)

Time: 7:00-7:45pm

Location: Cleveland Heights High School

Cost: \$59.00

Class Size: 20

### **Tigersharks Swim Team**

Ages 5-18. Pre-requisite: must have completed level 4.

Head Coach: Dan Budin

Day/Time: Tue & Thu 4:00-5:30pm / Sat 10:00-11:15am

Dates: March 6-May 24

(no practice 4/3, 4/5, 4/7)

Location: Cleveland Heights High School

Cost: \$35.00 (spring session only)

\$55.00 CH RES (spring & summer)

\$70.00 Others Eligible in CHUH

School District (spring & summer)

# cumberland pool

CELEBRATING 91 YEARS!

1740 Cumberland Road 44118  
216-691-7390

**2018 Regular Season Schedule\***  
Saturday, June 2 – Monday, Sept 3

## Monday-Friday

Early Bird Adult Lap Swim / 6:45-10:00am  
Adult Lap Swim / 10:00am-8:00pm  
Parent/Tot Swim / 9:00am-5:00pm  
Open Swim / 1:00-5:00pm  
Family Swim / 5:00-8:00pm  
Wading Pool / 10:00am-8:00pm

## Saturday

Adult Lap Swim / 9:00am-6:00pm  
Open Swim / 11:00am-6:00pm  
Wading Pool / 12:00 Noon-6:00pm

## Sunday

Adult Lap Swim / 11:00am-6:00pm  
Open Swim / 1:00-6:00pm  
Wading Pool / 12:00 Noon-6:00pm

\* Proper swimwear is required to swim at Cumberland Pool. Management reserves the right to make adjustments in daily operating hours, close due to cold or inclement weather or when the air temperature falls below 65° F. Cumberland Pool will go to a reduced schedule Monday, August 20-Friday, August 31.

## Holiday Schedule

Date /Time:

Wednesday, July 4 / 12-6:00pm  
Saturday, Sept 1 / 12-6:00pm  
Sunday, Sept 2 / 12-6:00pm  
Monday, Sept 3 / 12-6:00pm

## Special Events

### Family Fun Nights

Friday, June 22 & 29 / 5:00-8:00pm

### Women Only Swim Night

Sunday, June 24 / 6:30-8:00pm

### Family Fun Nights

Friday, July 6, 13 & 27 / 5:00-8:00pm

### Women Only Swim Night

Sunday, July 15 / 6:30-8:00pm

### Carnival Night

Friday, July 20 / 5:00-8:00pm

### Water Show

Tuesday, July 31 / 8:30pm

### Family Fun Nights

Friday, Aug 3, 10 & 17 / 5:00-8:00pm

### Men Only Swim Night

Sunday, August 5 / 6:30-8:00pm

### Women Only Swim Night

Sunday, August 19 / 6:30-8:00pm

## General Admissions

A current Recreation ID Card is required for use of Cumberland Pool.

<b>Daily Rates:</b>	Preschooler - FREE
	w / Adult Recreation ID Card holder
Student (K-12)	\$3.00
Adult (18-59)	\$4.00
Senior (60+)	\$3.00
Guest	\$7.00 w/ Adult Recreation ID Card holder
Guest Book*	\$25.00 (book of 5)

\* Purchased by Adult ID Card holder

## Season Passes

On sale beginning Tuesday, May 1.  
A current Recreation ID Card is required to purchase resident season passes.

### Purchased on/before June 1:

Family	\$115.00 CH RES
	\$172.00 NON RES
Adult (19-59)	\$49.00 CH RES
	\$75.00 NON RES
Senior (60+)	\$39.00 CH RES
	\$75.00 NON RES
Student (K-18)	\$35.00 CH RES
	\$52.00 NON RES

### Purchased after June 1:

Family	\$135.00 CH RES
	\$172.00 NON RES
Adult (19-59)	\$59.00 CH RES
	\$75.00 NON RES
Senior (60+)	\$49.00 CH RES
	\$75.00 NON RES
Student (K-18)	\$45.00 CH RES
	\$52.00 NON RES

## Pool Rentals

Cumberland Pool is available for rental on select Saturday & Sunday evenings throughout the summer. Groups that wish to rent the pool need to consist of no less than 60% CH residents and need to be sponsored by an adult with a current Recreation ID Card. Rental applications will be available at the Community Center beginning Friday, June 1. Full payment is due with the completed application. Only ONE rental per group per season. Refunds will only be granted in the event of inclement weather.

Day:	Saturday
Dates:	June 23; July 14; Aug 4 & 18
Day:	Sundays
Dates:	June 10, 17; July 1, 8, 22 & 29; Aug 12 & 26; Sept 2
Time:	6:30-8:30pm
Location:	Cumberland Pool
Cost:	\$350.00
Group Size:	75+

# swimming lessons

## American Red Cross Swimming Lessons

The Cumberland Pool learn-to-swim program is taught by Cumberland Pool American Red Cross certified lifeguards. The pool staff reserves the right to test the swimming ability of any swimmer to ensure proper skill placement and to limit class size or to combine classes when necessary. Participants must register at least one week before each session for all group lessons. No class July 4.

## Adult Group Lessons

Ages 18+ with little or no swimming experience.  
Instructor: Cumberland Pool Lifeguards  
Day: Saturday  
Dates: June 9-July 28  
Time: 12:00 Noon-1:00pm  
Location: Cumberland Pool  
Cost: \$35.00  
Class Size: 12  
Registration begins 5/1

## Parent/Child Group Lessons

Ages 6-36 months. Builds basic water safety skills for parents and helps children become more comfortable in the water. Adults are in the water with their child.  
Instructor: Cumberland Pool Lifeguards  
Day, Date & Time: Monday, June 4-July 23 | 5:15-5:45pm  
Day, Date & Time: Wednesday, (Skip 7/4) June 6-Aug 1 | 5:15-5:45pm  
Day, Date & Time: Saturday, June 9-July 28 | 11:15-11:45am  
Day, Date & Time: Saturday, June 9-July 28 | 12:00 Noon-12:30pm  
Location: Cumberland Pool  
Cost: \$30.00  
Class Size: 10  
Registration begins 5/1

## Preschool, Youth, Teens & 'Tweens Group Lessons

Session 1: June 4-14 | registration begins 5/1  
Session 2: June 18-28 | registration begins 6/14  
Session 3: July 2-12 | registration begins 6/28  
Session 4: July 16-26 | registration begins 7/12  
Evening Session: June 4-July 18 |  
Registration begins 5/1  
(No class July 4)

**Cain Park Splash Pad** Preschoolers and children under 48 inches in height are permitted when accompanied by a parent/guardian/adult (18 & older) with a Recreation ID Card. Adults need to present their Recreation ID Card to staff. **Free at Cain Park!**  
**Closed July 13-15.**

Day, Date, Time: M-F, June 11-Aug 24 | 10:00am-12:00 Noon & 2:00-6:00pm

Day, Date, Time: Sat, June 9-Aug 25 | 12:00 Noon-6:00pm

Day, Date, Time: Sun, June 10-Aug 26 | 12:00 Noon-6:00pm

### Preschool

Ages 3-5. Skills are age appropriate and emphasize water safety, survival and foundational swimming concepts.

Instructor: Cumberland Pool Lifeguards

Day & Time: M-TH | 10:00-10:30am

Day & Time: M-TH | 10:35-11:05am

Day & Time: M-TH | 11:10-11:40am

Day & Time: M-TH | 11:45-12:15pm

Day & Time: M-TH | 12:15-12:45pm

Location: Cumberland Pool

Cost: \$30.00

Class Size: 8

### Level 1-Introduction to Water Skills

Ages 5+. Basic water skills including blowing bubbles, bobbing, front and back glides, and water safety skills are taught.

Instructor: Cumberland Pool Lifeguards

Day & Time: M-TH | 10:00-10:30am

Day & Time: M-TH | 10:35-11:05am

Day & Time: M-TH | 11:10-11:40am

Day & Time: M-TH | 11:45-12:15pm

Day & Time: M-TH | 12:15-12:45pm

Day & Time: M/W | 5:15-5:45pm

Day & Time: M/W | 5:50-6:30pm

Location: Cumberland Pool

Cost: \$30.00

Class Size: 8

### Level 2-Fundamental Water Skills

Ages 5+. Children learn to float and swim independently, to roll over, change direction while swimming and begin treading water with a continued emphasis on water safety.

Instructor: Cumberland Pool Lifeguards

Day & Time: M-TH | 10:00-10:30am

Day & Time: M-TH | 10:35-11:05am

Day & Time: M-TH | 11:10-11:40am

Day & Time: M-TH | 11:45-12:15pm

Day & Time: M-TH | 12:15-12:45pm

Day & Time: M/W | 5:15-5:45pm

Day & Time: M/W | 5:50-6:30pm

Location: Cumberland Pool

Cost: \$30.00

Class Size: 8

### Level 3-Stroke Development

Ages 5+. Children learn front crawl with rotary breathing and elementary backstroke, dolphin & scissors kick and diving with continued work on water safety.

Instructor: Cumberland Pool Lifeguards

Day & Time: M-TH | 10:00-10:30am

Day & Time: M-TH | 10:35-11:05am

Day & Time: M-TH | 11:10-11:40am

Day & Time: M-TH | 11:45-12:15pm

Day & Time: M-TH | 12:15-12:45pm

Day & Time: M/W | 5:15-5:45pm

Day & Time: M/W | 5:50-6:30pm

Location: Cumberland Pool

Cost: \$30.00

Class Size: 8

### Level 4-Stroke Improvement

Ages 5+. Children learn front and back crawl, elementary backstroke, sidestroke, breaststroke and butterfly. Diving and underwater swimming are taught. Treading water and water-safety skills continue.

Day & Time: M-TH | 10:00-10:45am

Day & Time: M-TH | 10:50-11:35am

Day & Time: M/W | 6:30-7:15pm

Location: Cumberland Pool

Cost: \$35.00

Class Size: 8

### Level 5-Stroke Refinement

Ages 5+. Children learn shallow angle dives, tuck & pick surface dives and back flip turns are taught with an emphasis on water safety skills for the swimmer and others.

Day & Time: M-TH | 9:00-9:45am

Day & Time: M/W | 6:30-7:15pm

Location: Cumberland Pool

Cost: \$35.00

Class Size: 8

### Level 6-Stroke Proficiency

Ages 5+. Work on stroke refinement to increase endurance, culminating in a 500-yard swim. Focus is on preparing swimmers for a life of fitness and safety.

Day & Time: M-TH | 9:00-9:45am

Day & Time: M/W | 6:30-7:15pm

Cost: \$35.00

Class Size: 8

### Teens and 'Tweens

For older swimmers with little or no swimming experience. Class will be divided into groups of six to maximize learning.

Instructor: Cumberland Pool Lifeguards

Day & Time: M-TH | 12:15-1:00pm

Location: Cumberland Pool

Cost: \$35.00

Class Size: 12

## special programs

### Water Aerobics

Ages 18+. A vigorous 40-minute workout done in the water incorporating cardio along with calisthenics. Participants need to be comfortable in the water.

Instructor: Margaret Hall

Days: Tuesday & Thursday

Date: June 12-Aug 16

(No class 6/14, 6/28, 7/12 & 7/31)

Time: 6:30-7:15pm

Location: Cumberland Pool

Cost: \$59.00

### Deep Water Aerobics

Age 18+. For experienced swimmers.

This program is challenging, intense—an alternative workout for lap swimmers.

Participants need their own deep water belts.

Instructor: Joyce Braverman

Day: Saturday

Date: June 16-Aug 18

Time: 12:15-1:15pm

Location: Cumberland Pool

Cost: \$39.00

### Diving Team

Prerequisite: must successfully pass the deep water test. No practice July 4.

Instructor: Cumberland Pool Lifeguards

Day, Date & Time: Advanced,

M-F | June 4-July 31 | 10:00-10:45am

Day, Date & Time: Intermediate,

M-F | June 4-July 31 | 11:00-11:45am

Day, Date & Time: Beginner,

M-F | June 4-July 31 | 12:00 Noon-12:45pm

Location: Cumberland Pool

Cost: \$49.00 CH RES

### Synchronized Swim Team\*

Prerequisite: must successfully pass the deep water test. No practice July 4.

Instructor: Cumberland Pool Lifeguards

Date & Time: Advanced, M-F

June 4-July 31

8:00-8:45am

Date & Time: Beginner, M-F

June 4-July 31

9:00-9:45am

Location: Cumberland Pool

Cost: \$49.00 CH RES

\* Three weeks into the season, swimmers will be evaluated and split into three groups based on skill level in order to enhance learning. The advanced group will practice 8:00-8:30am, the intermediate group 8:45-9:15am and the beginner group 9:30-10:00am.

### Summer Swim Team Heights Tiger Sharks\*

Ages 5-16. Prerequisite: must have completed level 4. No practice July 4.

Head Coach: Cumberland Pool Staff

Day, Date & Time Group 1:

M-F, June 4-July 28 | 7:00-8:15am

Day, Date & Time Group 2:

M-F, June 4-July 28 | 8:15-9:15am

Day, Date & Time Group 3:

M-F, June 4-July 28 | 9:15-10:00am

Location: Cumberland Pool

Cost: \$55.00 CH RES / \$70.00 Others Eligible in CH-UH School District

\* Groups based on age and/or swimming ability

# PRESCHOOL PROGRAMS

## special interest

### Imagination Station

A movement potpourri! Children will enjoy costumes and props in a fun and loving environment. Listening and attention span skills along with a sense of spatial awareness will be developed through music, puppet shows, and large muscle activities. Not your typical gym class, this emphasizes imaginative play and movement. Adults do not stay with children during class.

Instructor: Helen Berman

Ages: 3-5  
Day: Tuesday  
Dates: April 10-May 1  
Time: 10:00-11:00am  
Location: Activity Room  
Cost: \$26.00 CH RES  
\$30.00 NON RES

### Creation Station

Splatter that paint and dabble in art supplies to create fascinating take-home projects. Explore unique paints, techniques and materials through crafts that change every week. Children are able to creatively express themselves while having fun in this preschool art class. Adults do not stay with children in class.

Instructor: Helen Berman

Ages: 3-5  
Day: Tuesday  
Dates: May 15-May 29  
Time: 10:00-11:00am  
Location: Activity Room  
Cost: \$20.00 CH RES  
\$23.00 NON RES

### Preschool open gym

Parent and little ones ages 1-5. Parents/guardians must stay with their children.

Days: Monday, Wednesday & Friday  
Ends: Friday, March 23  
Time: 10:00-11:00am  
Location: Gymnasium  
Cost: \$5.00 per family each time or \$20.00 for a 6-class pass

### Spring Egg Hunt

For children ages 1-9, Saturday, March 24, at 10:00am (SHARP!) in the Forest Hill Park Meadow (near the playground). The event is FREE! Children should wear old clothes and boots and must bring their own bags or egg baskets. Registration deadline is March 23. Call 216-691-7373. **Please bring a nonperishable food item to be donated to the Heights Emergency Food Center. (Please note: if the weather is severe the day of the hunt, the program may be moved to the Forest Hill Tennis Courts or inside the Community Center. Call 216-691-7373 the day of the event for information).**

### Safety Town

Safety Town traffic safety program is open to children who will be attending kindergarten in the fall and who live in Cleveland Heights or within the CH-UH School District boundaries. Sessions run Monday-Thursday, are limited to 20 children and are held at the Cleveland Heights Community Center at One Monticello Boulevard. **Mass registration will take place at Cleveland Heights City Hall, 40 Severance Circle (lower level) on Wednesday, May 23, 6:00-7:30pm. No early registration will be accepted. The cost is \$25.00. (Cash or check – sorry no credit cards).** Call 216-291-2323 for class information and dates.  
Session 1: June 11-14 (1-3pm)  
Session 2: June 18-21 (10:00am-Noon)  
Session 3: June 25-28 (1-3pm)  
Session 4: July 9-12 (10:00am-Noon)

### SAFETY TOWN VOLUNTEERS NEEDED!

The City of Cleveland Heights program is looking for responsible teens (grades 8-12) to assist with its annual Safety Town program. Participants will be entering Kindergarten in the fall. The program consists of four one-week sessions. Volunteers can choose to volunteer for one session or all four. Safety Town meets Monday-Thursday at 10:00 am-Noon or 1:00-3:00pm, depending on the session. This is a perfect opportunity to earn your community service hours. To volunteer please contact Dee Marsky at 216-691-7372 or dmarsky@clvhts.com

### Evening Preschool Dance

Children will explore the basics of movement and ballet. Children must be potty-trained, wear comfortable clothes and non-skip footwear or bare feet. Observation day is the last class.

Instructor: Beth Szpak  
Ages: 3-5 (Must be 3 & potty-trained!)  
Day: Wednesday  
Dates: April 11-May 16 (Spring) (no class 5/9)  
Dates: May 23-June 20 (Summer)  
Time: 5:15-6:00pm  
Location: Aerobic Room  
Cost: \$32.00 CH RES  
\$37.00 NON RES

### Preschool Ballet Level 1

An introduction to the basics of ballet. Children should wear plain leotards, tights and ballet shoes. Observation day is the last class of the session.

Instructor: Pia Alesci  
Ages: 3-4 (Must be 3 & potty-trained!)  
Day: Monday  
Dates: Mar 12-April 23 (Spring) (no class 4/2)  
Dates: May 7-June 18 (Summer) (no class 5/28)  
Time: 1:15-2:00pm  
Location: Aerobic Room  
Cost: \$38.00 CH RES  
\$44.00 NON RES

### Preschool Ballet Level 2

Skills developed with a focus on fine motor skills and alignment. Observation day is the last class of the session.

Instructor: Pia Alesci  
Ages: 3-4 (Must be 3 & potty-trained!)  
Day: Monday  
Dates: Mar 12-April 23 (Spring) (no class 4/2)  
Dates: May 7-June 18 (Summer) (no class 5/28)  
Time: 12:45-1:00pm  
Location: Aerobic Room  
Cost: \$38.00 CH RES  
\$44.00 NON RES

# YOUTH PROGRAMS

## sports

### Jump Start Sports T-Birds T-Ball

Players learn the basics then apply skills in fun, non-competitive games. Jump Start Sports Staff conducts the program.

Ages: 3-4, Boys and Girls  
Day: Wednesday  
Dates: June 13-July 25 (no class 7/4)  
Time: 5:30-6:30pm  
Location: Denison Park Turf Field  
Cost: \$75.00  
Register: [www.jumpstartsports.com](http://www.jumpstartsports.com)

### Tiger Cubs Soccer

Instructor: Sean Sullivan, 216-849-4505,  
[www.heightsunitedsoccer.com](http://www.heightsunitedsoccer.com)

Ages: 3-4  
Day: Saturday  
Dates: April 7-May 12  
Time: 10:00-11:00am  
Location: Denison Park Turf Field  
Cost: \$75.00

### USTA Group Tennis Lessons

Ages: 4-6  
Level: Beginner  
Days: M/W 10:00-11:00am  
or 11:00am-Noon  
Dates: June 4-July 11 (no class 7/4)  
Days: T/TH 10:00-11:00am  
or 11:00am-12:00 Noon  
Dates: June 5-July 12  
Location: Cain Park Tennis Courts  
Cost: \$35.00 CH RES  
\$50.00 NON RES

## special interest

### School-Age Evening Dance

Develop coordination and confidence. Wear comfortable dance clothing and ballet shoes or bare feet. Observation day is the last class of session.

### Spring Egg Hunt See page 38

### Youth-Beginners Self-Defense/Tai Shin Doh

Children are taught control, discipline, awareness, and consideration in a martial arts environment.

Instructor: David Jones  
5<sup>th</sup> Degree Black Belt  
Ages: 6 & up  
Day: Saturday  
Dates: April 14-June 23 (Spring)  
(no class 5/26)  
Time: 10:30am-12:00 Noon  
Location: Activity Rm 7  
Cost: \$65.00 CH RES  
\$75.00 NON RES

### Youth-Advanced Self-Defense/Tai Shin Doh

For students who have achieved a green belt in Tai Shin Doh and above. Students will learn to master the art of Tai Shin Doh.

Instructor: David Jones  
5<sup>th</sup> Degree Black Belt  
Day: Saturday  
Dates: April 14-June 23 (Spring)  
(no class 5/26)  
Time: 9:00-10:30am  
Location: Activity Rm 7  
Cost: \$65.00 CH RES  
\$75.00 NON RES

### Youth & Adult Tai Shin Doh Summer Workout

For adults already in our TSD program and the youth who have achieved a yellow belt or above. Continuation of the Tai Shin Doh curriculum will be taught.

Day: Friday  
Date: July 6-July 27 (Summer)  
Time: 7:00-8:30pm  
Location: Activity Rm 7  
Cost: \$44.00 CH RES  
\$48.00 NON RES

### Mini Kids Kuk Sool Won™

Class includes: Etiquette, Rolling & Acrobatics, Safety Falls, Meditation Practice, Hand/Foot Striking & Blocking, and Self-Defense Techniques.

Instructor: David Pritts  
2<sup>nd</sup> Degree Black Belt  
Ages: 5-6  
Days: Tuesday and Thursday  
Time: 6:00-6:30pm  
Dates: March 13-April 19 (Spring)  
(no class 4/3 & 4/5)  
Dates: May 1-June 14 (Spring II)  
(no class 5/15, 5/17, 5/22 & 5/24)  
Dates: June 26-Aug 2 (Summer)  
(no class 7/3 & 7/5)  
Dates: Aug 14-Sept 25 (Summer II)  
(no class 8/28, 8/30 & 9/18)  
Location: Tue Rm 7/Thu Senior Center  
Cost: \$34.00 CH RES  
\$39.00 NON RES

### Youth Kuk Sool Won™

Class includes: Etiquette, Rolling & Acrobatics, Safety Falls, Meditation Practice, Hand/Foot Striking & Blocking, and Self-Defense Techniques.

Instructor: David Pritts  
2<sup>nd</sup> Degree Black Belt  
Ages: 7-13  
Days: Tuesday and Thursday  
Time: 6:30-7:30pm  
Dates: March 13-April 19 (Spring)  
(no class 4/3 & 4/5)  
Dates: May 1-June 14 (Spring II)  
(no class 5/15, 5/17, 5/22 & 5/24)  
Dates: June 26-Aug 2 (Summer)  
(no class 7/3 & 7/5)  
Dates: Aug 14-Sept 25 (Summer II)  
(no class 8/28, 8/30 & 9/18)  
Location: Tue Rm 7/Thu Senior Center  
Cost: \$58.00 CH RES  
\$68.00 NON RES

Dates: May 23-June 20 (Summer)  
Time: 6:00-7:00pm  
Location: Aerobic Room  
Cost: \$32.00 CH RES  
\$37.00 NON RES

Instructor: Beth Szpak  
Ages: 6-8  
Day: Wednesday  
Dates: April 11-May 16 (Spring)  
(no class 5/9)

# summer camps

## Jump Start Sports Cleveland Heights Summer Fun Camp

The Cleveland Heights Summer Fun Camps provide children with fun and worthwhile activities for the whole summer while providing parents with flexible options that can accommodate any schedule! Campers can choose to participate in a daily theme sport, a weekly crafts project, swimming and many other camp games and activities.

Ages: Children entering grades K-6  
Days: Monday-Friday  
Dates: June 4-Aug 17  
Time: 9:00am-3:00pm

Location: Community Center  
For complete camp information and to register please go to [www.jumpstartsports.com](http://www.jumpstartsports.com)

## HYTeens Broadway at the Park Summer Camp

*(A Partnership between Heights Youth Theatre and Cain Park)*

In a year when Heights Youth Theatre returns to its space of 65 years, we are absolutely thrilled to make a summer return to the place of our origin, Cain Park! In an exciting, new collaboration, HYT will partner with Cain Park to offer a summer camp for teens that are passionate about musical theater. From audition techniques, scene work, character development, choreography and music intensives to interaction with professional actors, directors, tech people and stage managers, we will build a musical review in this professional setting, and culminate with a performance on the Alma stage! If this all sounds like what you've been waiting for, then please join us for HYTeens Broadway at the Park! No audition necessary!

Ages: Grades 6-12  
Days: Monday – Friday  
Dates: June 11-29 *(Please note: camp will culminate with a community performance on June 30 in the Alma Theater)*  
Time: 9:00am-3:00pm  
Location: Cain Park, 14591 Superior Rd, Cleveland Heights, OH 44118  
Cost: \$550

# sports

## Jump Start Sports Rookie League Baseball

Basic instruction of the sport. Kids begin playing T-Ball and are slowly introduced to Coach Pitch. Games are non-competitive. Jump Start Sports Staff conducts the program.

Ages: 5-6 Boys and Girls  
Day: Wednesday  
Dates: June 13-July 25 (no class 7/4)  
Time: 6:30-7:30pm  
Location: Denison Park Turf Field  
Cost: \$75.00  
Registration: [www.jumpstartsports.com](http://www.jumpstartsports.com)

## Jump Start Sports Major League Baseball

Basic instruction of the sport. Kids are introduced to Coach Pitch. Games are non-competitive. Jump Start Sports Staff conducts the program.

Ages: 7-8 (ages as of 04/30/2018)  
Day: Monday  
Dates: June 11-July 16  
Time: 6:30-7:30pm  
Location: Forest Hill Meadow  
Cost: \$75.00  
Registration: [www.jumpstartsports.com](http://www.jumpstartsports.com)

## Heights Girls' Softball

Practices will begin in late April at Cleveland Heights Parks and Recreation Fields. Games are held in late May, June and July.

(age levels as of 04/30/18)

### Coach Pitch

Ages: 7-8 teams will participate in South Euclid Pixie League  
Cost: \$55.00 CH RES  
\$80.00 NON RES

### Fast Pitch

Ages: 9-10 fast pitch travel teams  
Ages: 11-12 fast pitch travel teams  
Ages: 13-14 fast pitch travel teams  
Cost: \$75.00 CH RES  
\$85.00 NON RES

Scholarships are available for eligible Cleveland Heights residents.

## Heights Youth Baseball

### Recreation League

Practices will be held in early May. Both practices and games are held in late May, June and July at Cleveland Heights Parks and Recreation Fields.

\*8-year-olds may try out for 9-10 division at player assessments

Ages: 9-10\* Player Pitch  
(age levels as of 04/30/2018)  
Cost: \$85.00 CH RES  
\$115.00 NON RES

### Local Recreation Travel Leagues

Ages: 11-12 & 13-14  
Player Pitch (age levels as of 04/30/2018)

Practices will be held in early May. Both practices and games are held in late May, June and July at Cleveland Heights Parks and Recreation Fields. Games are also held in neighboring communities of South Euclid, Lyndhurst and Mayfield Heights.

Cost: \$85.00 CH RES  
\$115.00 NON RES

Player Assessments at Forest Hill Park or if bad weather, indoors at the Community Center.

Ages: 9-10\* includes 8-year-olds trying out for 9-10

Date: Saturday, April 21  
Time: 10:00am-12:00 Noon

Ages: 11-12  
Time: 12:15-2:00pm

Registration begins Monday, March 5 at The Cleveland Heights Community Center. Call 216-691-7373 for information and a registration packet. Registration deadline is Friday, April 20.

## Challenger Baseball

Ages: 5-22 for those physically/mentally challenged.

Cost: \$30.00  
Call 216-691-7373 for information and a registration packet.

## Summer Youth Basketball

### Boys Program:

Basketball Camp

Grades: 3-12

Days: Monday-Friday

Dates: June 4-8

Time: 9:00am-4:00pm

Location: Cleveland Heights  
Community Center

Cost: \$135.00 CH RES  
\$165.00 NON RES

All participants in Basketball Camp receive Basketball League registration at no cost.

### Basketball League

Grades: K-12

Days: Monday-Thursday

Dates: June 11-July 20 (skip 7/4)

Time: TBA

Location: Cleveland Heights  
Community Center

Cost: \$50.00 CH RES  
\$70.00 NON RES

### Girls Program:

Basketball Camp

Grades: K-8

Days: Monday-Friday

Dates: TBA

Time: 9:00am-12:00 Noon

Location: TBA

Cost: TBA

### Basketball League

Grades: K-8

Days: Monday-Thursday

Dates: TBA

Time: TBA

Location: TBA

Cost: TBA

### Teen Outdoor Basketball Program

Supervised outdoor basketball courts at Denison Park, Cumberland Park and Cain Park.

Days: Monday-Friday

Dates: June 4-August 3

Time: 6:00-9:00pm

Location: Denison Park, Cumberland  
Park and Cain Park

Cost: FREE

### Independent Youth Sports Programs

Several independent youth sports programs use Cleveland Heights facilities. Such use does not constitute sponsorship or endorsement of such programs by the City of Cleveland Heights.

## Spring Youth Soccer Academy

Day: Saturday

Dates: April 7-May 12

Time: Coed Grades K-1

11:30am-1:00pm

Coed Grades 2-3

1:00-2:30pm

Coed Grades 4-6

1:00-2:30pm

Location: Denison Park Turf Field

Cost: \$40.00 CH RES

\$60.00 NON RES

Registration begins Monday, March 5 at The Cleveland Heights Community Center. Call 216-691-7373 for information and a registration packet. Registration deadline is Friday, April 6.

## Heights United Soccer Academy

Independent, Full-Day Soccer Camp directed by Sean Sullivan, former Cleveland Heights High School soccer coach and skills instructor for the Cleveland Heights Parks and Recreation soccer programs.

Instructor: Sean Sullivan, 216-849-4505

Dates: TBA

Time: 9:00am-3:00pm

Location: TBA

Cost: [www.heightsunitedsoccer.com](http://www.heightsunitedsoccer.com)

## Eastside Kickers Premier Travel Soccer Club

Travel Soccer Program for ages 8-13 at

Denison Park and school fields

Contact: [eastsidekickers.org](http://eastsidekickers.org), Dan Powell

216-213-6752, [dapowell78@gmail.com](mailto:dapowell78@gmail.com).

## Heights United Soccer Academy

### Summer Soccer Camp

Contact: Sean Sullivan 216-849-4505

[www.heightsunitedsoccer.com](http://www.heightsunitedsoccer.com).

## Heights Tigers Tackle Football & Cheerleading

Ages: 6-11\* (No weight limit) Football

Ages: 5-13 Cheerleading

Dates: Practices begin in June

Contact: Coach Mike Payne at

216-906-4168 or at

[mcpayne74@gmail.com](mailto:mcpayne74@gmail.com)

\*age of 08/01/2018

[www.heightstigersyouthsports.org](http://www.heightstigersyouthsports.org)

## Heights Tigers Youth Track & Field (AAU)

Ages: 4-14

Dates: Practices begin March 4

Cost: TBA Competitive Level

(will run in meets)

TBA Non-Competitive Level

(does not run in meets)

Contact: Alana Williams at 216-659-1224  
or Derrick Fair at 216-773-6075

[www.heightstigersyouthsports.org](http://www.heightstigersyouthsports.org)

## USTA Group Tennis Lessons

Ages: 7-17

Level: Beginner

Days: M/W 10:00-11:00am or

11:00am-12:00 Noon

Dates: June 4-July 11 (Skip 7/4)

Days: T/TH 10:00-11:00am or

11:00am-12:00 Noon or

Tuesday 6:00-7:30pm

Dates: June 5-July 12

Level: Intermediate

Days: M/W 12:00 Noon-1:00pm

Dates: June 4-July 11 (Skip 7/4)

Days: T/TH 12:00 Noon-1:00pm

Dates: June 5-July 12

Location: Cain Park Tennis Courts

Cost: \$45.00 CH RES

\$60.00 NON RES

### Junior Competitive Skills Clinic

This program offers high level instruction and supervised match play in order to introduce and develop the skills you need to compete on your school's team or in tournaments.

Ages: 12-18, Middle School and  
High School

Days: M/W/F or T/TH/F

Dates: June 4-July 13 (Skip 7/4)

Time: 1:00-3:00pm

Cost: \$80.00 CH RES

\$110.00 NON RES

### Private Lessons

Call 216-691-7373 for assistance in contacting an instructor and setting up private lessons.

## Youth Developmental Tennis Camp

Camp activities include drill stations, team play, tournament matches and individual evaluations. Camp T-shirt will be provided.

Ages: 9-18

Days: Monday-Friday

Dates: July 16-20

Time: 9:00am-4:00pm

Location: Cain Park Tennis Courts

Cost: \$150.00 CH RES

\$180.00 NON RES

(\$25.00 discount for multiple children)

# ICERINKS

216-691-7434 [www.clevelandheights.com](http://www.clevelandheights.com)



The Cleveland Heights Community Center will close both ice rinks from **April to September 2018** for a comprehensive upgrade of the ice refrigeration system. These extensive upgrades are part of a \$6 million sustainable energy conservation project which allows the City to finance infrastructure improvements at 13 city facilities with the realized energy savings from the approved projects.

We sincerely apologize for the temporary inconvenience and look forward to better serving the needs of the ice community in a more efficient and effective way this September. Thank you for patience and understanding.

# THREE FREE CLASSES

Choose and use as often as you like.  
Go once or go often.  
All you need is an active membership to the Cleveland Heights Fitness Center.



## 1 Evening Barre Body Total Workout

Elements of dance with the principles of strength and safety in Pilates. This is a barefoot workout. Wear comfortable workout clothes and bring an exercise mat, towel, and spill proof water bottle.

Instructed by: Pia Alesci

Day: Monday

Time: 6:00-7:00pm

Location: Aerobic Room

## 2 Thursday AM Boot Camp

Challenge yourself differently in every class! Workouts are designed to improve your overall fitness – strength, cardio, flexibility, agility and endurance! Have fun – work hard!

Instructed by: Pia Alesci

Day: Thursday

Time: 6:30-7:30am

Location: Aerobic Room

## 3 Saturday Indoor Cycling

45 minutes of cycling, a warm-up and cool down. Join us and start your Saturday strong. Be sure to bring your own water bottle and mat.

Instructed by: Michelle Sills

Day: Saturday

Time: 10:00-10:45am

Location: Aerobic Room



# ATMA CENTER

Yoga for *EVERY* Body



2319 Lee Road

Cleveland Heights

216-371-9760

www.atmacenter.com

# ADULT PROGRAMS

Registration: mail, in person at the Community Center, phone & online with MasterCard or Visa

*Note: All Dates Are Subject to Change Families with more than one person enrolled in the same general recreation class will be eligible for the family discount. The first person in the same class will pay full price and a \$10.00 discount for each additional family member in the same class. (Family definition – Adult head of household and his/her spouse or partner and dependent children occupying same household age 18 and under.)*

Sometimes excellent courses are canceled when too many people wait until the last minute to register. Please avoid disappointment and try to register as soon as possible or at least one week before the course begins.

## special interest

### 10th Annual Earth Day Run

City of Cleveland Heights will sponsor a 5K (3.1 mile) Run/Walk on Wednesday, April 25, 7:00pm. Rain or Shine. The event is a fundraiser for the Youth Scholarship Fund. The route is on the Forest Hill Park pathway in Cleveland Heights and East Cleveland. Cost: \$18 Pre-Registration, \$22 Day of the Race (cash and checks only). Mail-in registration deadline: Monday, April 23. Checks made out to HMA Promotions. Mail to City of Cleveland Heights Earth Day Run, 40 Severance Circle, Cleveland Heights, OH 44118 or register online at [www.hmapromotions.net](http://www.hmapromotions.net).

Dates: **May 14,**  
**July 9**  
**Sept 10**

Time: **2:00-7:00pm**  
At The Community Center

**HAPPY 5K/10K RUN & WALK  
SUNDAY, OCTOBER 7  
MARK YOUR CALENDAR AND  
GET YOUR TEAMS READY.  
4TH YEAR - BIGGER & BETTER**

### Forest Hill Park Nature Walk

Come and explore the park on a guided tour with a naturalist from North Chagrin Metro Park. Come dressed to hike with sturdy shoes or boots.  
Dates/Times: Sun. May 6 | 9:30-11:30am  
Thurs. Aug. 23 | 6:30-8:00pm

### WOW - Women Out Walking

WOW kicks off its third season at the Cleveland Heights Community Center on Sunday, April 22 at 2:00pm.  
More details to follow!

Call 1-800-GIVELIFE to  
schedule an appointment.  
Walk-ins will be taken  
as schedule permits.



**AMERICAN  
RED CROSS  
BLOOD DRIVES**

**Rapid Results** and the Parks and Recreation Department are partners providing exciting new offerings this spring and summer. All classes will be held at the Community Center.

Rapid Results Class Registration Options  
\$60 resident/ \$70 non-resident per month

1. Register in person at the start of any Rapid Results class
2. Register via email by sending an email entitled "registration" to [RapidResultsWorks@gmail.com](mailto:RapidResultsWorks@gmail.com)
3. Monthly Registration fee provides 30 days of access to any or all Rapid Results Classes
4. Website: [www.yesrapidresultsworks.com](http://www.yesrapidresultsworks.com)

For a flat monthly fee of \$60 per resident or \$70 per non-resident, you get ongoing access to all the Rapid Results classes.

### Rapid Results 90-Minute Marathon

Get ready to get your New Year fitness goals jump-started! Join us for this 90-minute class with back-to-back weight, cardio and pilates training all-in-one!  
Instructor: Ty Richardson, Rapid Results  
Day: Monday & Wednesday  
Starts: Ongoing  
Time: 7:05-8:30pm  
Location: Aerobic Room  
Cost: \$10.00 drop in (for up to 90-min)  
\$40.00 per month CH RES  
\$50.00 per month NON RES

Participants **do not** have to do the full 90 minute class. Attend any portion of the class. You pay \$10 for 90 minutes or any portion your choose!



### Personal Training Services

Individualized personal training programs adapted to fit your goals and needs by certified experts. All of our expert trainers design your individual program to make your goals a reality. All ages and fitness levels welcome. One-on-one, couples and small group training sessions available. 60-minute and 30-minute sessions available.

Head Trainer: Ty Richardson  
Time: Available by appt.  
Location: Activity Room 6  
Cost: Trainers set their own rates within an affordable range  
Contact: Ty Richardson  
216-694-8414  
[rapidresultsworks@gmail.com](mailto:rapidresultsworks@gmail.com)

See More Personal Training  
Information on [page 34](#)

## Argentine Tango

Class will teach the basics of the dance and culture. Wear comfortable clothes and leather-soled shoes or heavy socks that will slide. No partner necessary.

Ages: 18 and up  
Day: Wednesday  
Time: 6:30-8:00pm  
Location: Senior Center  
Dates: Spring, April 11-May 30  
Dates: Summer, June 13-August 8  
(no class 7/4)  
Cost: \$48.00 CH RES  
\$64.00 NON RES

## NEW! Argentine Tango Lessons & Practica

This drop-in class will emphasize the fundamentals of the Tango, the dance of Buenos Aires, and will focus on quality of movement, elegance, musicality, and connection. *Lessons 1:00-2:30pm and Practica 2:30-4:30pm.*

A dance session (practica) will follow the class. No partner necessary.

Day: Sunday  
Starts: Ongoing  
Time: 1:00-4:30pm  
Location: Aerobic Room  
Cost: \$5.00 drop-in fee  
(covers both sessions)

## Dance Mixx Cardio & Strength

NEW THIS YEAR: Girls 12-18 workout for 1/2 price with a paid adult.

If machines or boot camps aren't your jam, maybe we are! New music, new moves every week, incorporating dance cardio, pilates, yoga, kickboxing and strength. All programs pretty much sound the same, so the only way to explain how we are different is to come in and see for yourself. Try a class for 50% off a one-time drop-in fee with this ad.

(weekday mornings also available for a total of 9 weekly classes!)

Call Mary Beth or email at 440-655-5394  
marybethmccnn@gmail.com

M/T/W/Th 6:30pm  
Saturday 8:45am  
Sunday 9:30am

Unlimited workouts starting at just \$45.00/month!

## Men's and Women's Tai Shin Doh Karate

This class will focus on the use of Tai Shin Doh and its real-life applications from the perspective of men and women.

Instructed by: David Jones,  
*5th Degree Black Belt*  
Day: Friday  
Dates: April 13-June 22 (no class 5/25)  
Time: 7:00-8:30pm  
Location: Activity Rm 7  
Cost: \$65.00 CH RES  
\$75.00 NON RES

## Youth & Adult Tai Shin Doh Summer Workout

For adults already in our TSD program and youth with a yellow belt or above.

Day: Friday  
Dates: July 6-July 27  
Time: 7:00-8:30pm  
Location: Activity Rm 7  
Cost: \$44.00 CH RES  
\$48.00 NON RES

## Adults Kuk Sool Won™ (WKSA)

Class includes: Rolling & Acrobatics, Meditation, Hand/Foot Striking & Blocking, Forms Training, and Self Defense.

Instructed by: David Pritts,  
*2nd Degree Black Belt and School Owner*  
Ages: 14-75  
Days: Tuesday and Thursday  
Time: 7:30-8:30pm  
Dates: Spring I, March 13-April 19  
(no class 4/3 & 4/5)  
Dates: Spring II, May 1-June 14  
(no class 5/15, 5/17, 5/22 & 5/24)  
Dates: Summer I, June 26-August 2  
(no class 7/3 & 7/5)  
Dates: Summer II, Aug 14-Sept 25  
(no class 8/28, 8/30 & 9/18)  
Location: Tue Rm 7 / Thu Senior Center  
Cost: \$58.00 CH RES  
\$68.00 NON RES

## Thursday AM Boot Camp

Workouts are designed to improve your agility, cardio, endurance, flexibility and strength.

Day: Thursday  
Dates: Spring, April 26-May 31  
Dates: Summer I, June 14-July 26  
(no class 7/5)  
Dates: Summer II, Aug 9-Sept 20  
(no class 8/30)  
Time: 7:00-8:00am  
Location: Aerobic Room  
Cost: \$38.00 CH RES  
\$44.00 NON RES

## Saturday Indoor Cycling

45 minutes of cycling, a warm-up & cool down. Be sure to bring your own water bottle and exercise mat.

Instructor: Michelle Sills  
Day: Saturday  
Dates: Spring, April 7-May 12  
Dates: Summer, June 2-July 7  
Dates: Mini Summer, July 21-Aug 18  
(5 wks - \$32 CH RES / \$37 NON RES)  
Time: 10:00-10:45am  
Location: Aerobic Room  
Cost: \$38.00 CH RES  
\$44.00 NON RES

## Evening Barre Body Total Workout

Please see description above.

Instructor: Pia Alesci  
Day: Monday  
Dates: Spring, May 7-June 18  
(no class 5/28)  
Dates: Summer 1, July 2-Aug 6  
Dates: Summer 2, Aug 20-Oct. 15  
(no class 8/27, 9/3 & 9/10)  
Time: 6:30-7:30pm  
Location: Aerobic Room  
Cost: \$38.00 CH RES  
\$44.00 NON RES

## NEW!! Zumba is back!!

Who says fitness has to be boring? Come and dance the week's frustrations away with moves inspired by Latin, Pop, Soul and Rock music. "Come on and get happy" as we burn calories and get fit. You are guaranteed to have fun! Wear comfortable workout clothes that you can move in and bring a spill-proof water bottle.

Instructed by: DeBorah M. Hamilton  
Days: Friday  
Dates: Spring - March 16 - May 4  
(no class 3/30 & 4/6)  
Dates: Summer I, May 18 - June 29  
(no class 5/25)  
Dates: Summer II, July 13 - August 17  
Time: 6:30 - 7:30 pm  
Location: Aerobic Room  
Cost: \$38.00 CH RES  
\$44.00 NON RES

## Tai Chi for Mind Body & Spirit

Adults join our Tai Chi class for all fitness levels, experience whole body awareness for a healthy daily lifestyle! Tai Chi offers slow moving exercises as the class incorporates gentle stretching, emphasis on balance, and Qi Gong breathing for relaxation. The forms can be practiced seated or standing.

**Please bring a spill-proof water bottle; comfortable clothing and shoes advised, please no clogs, crocs or flip flops.**

Instructor: Lucky Caswell-Harris, Relaxation Strategist, Certified Arthritis Foundation Land & Tai Chi Instructor, Reiki Master, Whoga® Immersion Instructor, Healing Touch®

Day: Monday  
Dates: Spring, March 19-April 30  
no class 4/2  
Dates: Summer, May 14-July 2  
(no class 5/21 & 5/28)  
Time: 5:00-6:00pm  
Location: Room 7  
Cost: \$38.00 CH RES  
\$44.00 NON RES

## Tuesday AM Body Toning

This total body workout uses various equipment to help you strengthen and tone and will conclude with abdominal work and stretching. Bring your own exercise mat. All levels welcome.

Instructor: Lori Blum  
Day: Tuesday  
Dates: Spring, April 24-May 29  
Dates: Summer I, June 12-July 24  
(no class 7/3)  
Dates: Mini-Summer II, Aug 7-Aug 21  
Time: 9:30-10:30am  
Location: Aerobic Room  
Cost: \$38.00 CH RES  
\$44.00 NON RES  
Cost Mini: \$21.00 CH RES  
\$24.00 NON RES

## Thursday AM Body Toning

This total body workout uses various equipment to help you strengthen and tone and will conclude with abdominal work and stretching. Bring your own exercise mat. All levels welcome.

Instructor: Michelle Sills  
Day: Thursday  
Dates: Spring, April 26-May 31  
Dates: Summer I, June 14-July 26  
(no class 7/5)  
Dates: Mini-Summer II, Aug 9-Aug 23  
Time: 9:30-10:30am  
Location: Aerobic Room  
Cost: \$38.00 CH RES  
\$44.00 NON RES  
Cost Mini: \$21.00 CH RES  
\$24.00 NON RES

## Hatha Yoga Flow

Connect your body, mind & spirit in this vinyasa yoga class. Open to all levels. It does get quite vigorous as the weeks go on.

Instructor: Jessica Nobile  
Day: Wednesday  
Dates: Spring I, Feb 28-April 11  
(no class 4/4)  
Dates: Spring II, April 25-May 30  
Dates: Summer, June 13-July 25  
(no class 7/4)  
Time: 6:30-8:00pm  
Location: Room 1A & 1B  
Cost: \$44.00 CH RES  
\$50.00 NON RES

## Monday Morning Cycling

45 minutes of cycling, a warm-up, cool down, abdominal work and stretching. Be sure to bring your own water bottle and mat.

Instructor: Michelle Sills  
Day: Monday  
Dates: Spring, March 12-April 23  
(no class 4/2)  
Dates: Summer I, May 7-June 18  
(no class 5/28)  
Dates: Summer II, July 2-Aug 6  
Time: 9:30-10:30am  
Location: Aerobic Room  
Cost: \$38.00 CH RES  
\$44.00 NON RES

## Mat Pilates

Balances both stretching and strengthening. Wear comfortable clothing and bring a mat, towel and water bottle.

Instructor: Hope Schultz  
Days: Tuesday and Thursday  
Dates: Spring, May 8-June 14  
Dates: Summer I, June 26-Aug 9  
(no class 7/3 & 7/5)  
Dates: Summer II, Aug 21-Oct 9  
(no class 8/28, 8/30 & 9/18)  
Time: 6:30-7:30pm  
Location: Aerobic Room  
Cost: \$63.00 CH RES  
\$75.00 NON RES

# sports

## Indoor Pickleball

Pickleball is a combination of tennis, badminton and table tennis and is designed to be played by all ages.

Ages: 18+  
Days: Tuesday & Thursday  
Dates: October-April  
Time: 9:00am-1:00pm  
Location: Community Center  
Gym Court 2  
Cost: \$3.00 CH RES per session  
\$25.00 CH RES 10 sessions  
\$6.00 NON RES per session  
\$50.00 NON RES 10 sessions

## Outdoor Pickleball

Ages: 18+  
Days: Tuesday & Thursday  
Dates: May-September  
Time: 9:00am-1:00pm  
Location: Denison Park  
Tennis Courts  
Cost: \$25.00 CH RES 10 sessions  
\$50.00 NON RES 10 sessions

## Coed Softball

Ages: 18+  
Day: Monday  
Dates: Beginning April 23  
Location: Larry Shaw Softball Complex  
Forest Hill Park  
Cost: \$400.00 CH RES Team  
\$475.00 NON RES Team

## Men's Slow Pitch Softball League

Ages: 18+  
Days: W/F  
Dates: Beginning April 25  
Location: Larry Shaw Softball Complex  
Forest Hill Park  
Cost: \$650.00 CH RES Team  
\$800.00 NON RES Team

Contact Chris Kendel at  
ckendel@clvhts.com for more info.

## USTA Group Tennis Lessons

Ages: 18-59  
Instructor: Staff  
Location: Cain Park Tennis Courts  
Cost: \$60.00 CH RES  
\$80.00 NON RES  
Level: Advanced Beginner  
Days: M/W  
Dates: June 4-July 18 (No class 7/4)  
Time: 9:00-10:00am  
Level: Advanced Beginner  
Day: Wednesday  
Dates: June 6-July 18 (no class 7/4)  
Time: 7:30-9:00pm  
Level: Intermediate  
Day: Tuesday  
Dates: June 5-July 10  
Time: 7:30-9:00pm

## Raquettes

Doubles action for experienced female players. Round Robin tournaments and fun days are planned.

Days: T/TH  
Dates: Beginning June 5  
Time: 9:00am  
Location: Cain Park Tennis Courts  
Cost: \$45.00 CH RES  
\$60.00 NON RES

## Private Lessons

Call 216-691-7373 for information.

# SENIOR CENTER

**Office on Aging**  
1 Monticello Boulevard 44118  
8:30am-5:00pm Monday- Friday

health  
& fitness

Participation for CH residents age 60+. Senior Activity Center ID cards, cost \$5, can be purchased at the Community Center. Photo ID and proof of residency are required. Senior Programs are offered through the CH Office on Aging.

**To register for classes or for medical van & SAC van rides or social services, call the Office on Aging at 216-691-7377.**

## art classes

### Arts & Crafts Wednesdays

Creating simple, elegant projects.

Instructors: Susan Roberts & Leonie Lee

Day: 2<sup>nd</sup> & 4<sup>th</sup> Wednesdays

Dates: ongoing

Time: 1:00-3:00pm

Cost: Free, but nominal materials fee may apply - registration is required

### Basic Drawing

Build drawing skills, design and composition with a variety of materials.

Instructor: Susan Morse

Day: Tuesdays

Dates: April 10-May 29

Time: 11:00am-1:00pm

Cost: \$35.00

### Drawing & Painting

Explore techniques in a variety of media. Materials discussed at first class.

Instructor: Susan Morse

Day: Tuesdays

Dates: April 10-May 29

Time: 1:00-3:00pm

Cost: \$35.00

### Mixed Media and Drawing

Explore different art media/techniques. Materials discussed at the first class.

Instructor: Susan Morse

Day: Thursdays

Date: April 12-May 31

Time: 1:00-3:00pm

Cost: \$35.00

### Argentine Tango

Teaches the basics of the dance and its history. No partner necessary.

Instructor: Ann Dobyns

Day: Fridays

Date: April 13-June 29

Time: 9:30-10:30am

Cost: \$40.00

### Arthritis Exercise Program

Gentle, joint-safe exercises, developed specifically for people with arthritis. Class can be taken either standing or sitting.

Instructor: Rita Aber, P.T., Arthritis

Foundation certified instructor

Day/Dates: Mondays: April 2-June 4

Fridays: April 6-June 8  
(no class 4/30, 5/4, 5/28,)

Time: 11:15-12:15pm

Cost: \$25.00 each

### Breathe Flow Yoga

This style of yoga links movement and breath, creating an opportunity to increase flexibility and balance.

Instructor: Deb Smith

Day: Fridays

Dates: April 6-June 8

Time: 2:00-3:00pm

Cost: \$30.00

### Core Fusion

Strengthen core muscles using bands and weights, standing or sitting.

Instructor: Volunteer led

Day: Wednesday

Dates: Ongoing

Time: 10:00-11:00am

Cost: Free

### Dance 101

So you think you can't dance? You can! Enjoy dance movement to improve strength, balance and flexibility. Wear comfortable clothing.

Instructor: Leslie Keller

Day: Fridays

Dates: May 4-June 22

Time: 11:15-12:15pm

Cost: \$25.00

### Delay the Disease

Exercise for those living with Parkinson's.

Instructor: Amalie Foundation

Day: 2<sup>nd</sup>, 3<sup>rd</sup> & 4<sup>th</sup> Wednesdays

Time: 2:00-3:00pm

Cost: Free

### English Country Dance

Traditional English Country Dancing.

No partner necessary.

Instructor: Wesley Senseman

Day: Wednesdays

Dates: Ongoing

Time: 10:00-11:00am

Cost: Free

### Gentle Yoga

Exercise program can improve flexibility, strengthen muscles and circulation.

Instructor: Dympna Ferrante

Day: Mondays

Dates: TBA

Time: 11:00am-12:00 Noon

Day: Wednesdays

Dates: TBA

Time: 11:15am-12:15pm

Cost: \$55.00 each 11 week session or \$100.00 for both

### Line Dancing

Promotes physical fitness through dance exercise. No partner required.

Instructor: Gladys McGlothlin

Day: Mondays

Dates: April 9-June 4 (no class 5/28)

Time: 9:30-10:30am

Cost: \$25.00

### Senior Strength Training

Exercising with weights increases muscle mass and strength.

Instructor: Community Center Trainers

Days: Tuesdays & Thursdays

Dates: March 20-May 10

Time: 3:00-4:00pm

Cost: \$40.00

### Tai Chi Chuan

A series of slow-moving exercises, awareness coupled with meditation.

Instructor: Jeannie Koran

Day: Thursdays

Dates: Session 1 March 15-May 3

Session 2 May 17-July 5

Time: 10:00-11:15am

Cost: \$40.00 per session

## language classes

### Tai Chi 2.0

Previous Tai Chi training recommended.

Instructor: Jeannie Koran

Day: Tuesdays

Dates: March 20-May 8

Time: 12:15-1:00pm

Cost: \$40.00

### Walking Club

Join other active seniors for walking on the Field House track.

Days: Monday-Friday

Time: 1:00-2:00pm

Cost: Free

### Wii Bowling

Fun, non-competitive and healthy.

Give Wii Bowling a try!

Instructor: Group led

Days: 1<sup>st</sup> Thursdays and

2<sup>nd</sup>, 3<sup>rd</sup> & 4<sup>th</sup> Wednesdays

Date: Ongoing

Time: 1:00-3:00pm

Cost: Free

### Workout with Ms. Duck

A gentle workout with weights, bands, balls and more.

Instructor: Ms. Duck

Days: Wednesdays & Thursdays

Time: 12:15-12:45pm

Cost: Free

### Spanish 2

Instruction in conversational Spanish.

Beginning Spanish a prerequisite.

Instructor: Cristina Sempé

Day: Wednesdays

Dates: March 14-May 2

Time: 10:00-11:00am

Cost: \$25.00

### Spanish 3

Increase your skills in conversational Spanish. Basic Spanish or equivalent a prerequisite.

Instructor: Cristina Sempé

Day: Wednesdays

Dates: March 14-May 2

Time: 11:00am-12:00 Noon

Cost: \$25.00

## music classes

### Hum & Strum

Bring a guitar or ukulele and learn the fundamentals of playing music in a group.

Instructor: Harry Spicknall

Day: Mondays

Dates: Ongoing

Time: 10:00am

Cost: Free

### Piano Lessons

Come learn to play the piano or increase your skills. Individual half-hour lessons by appointment. Call to arrange a lesson time.

Instructor: Joseph Bolek

Day: Thursdays

Dates: Session 1 March 15-May 3

Session 2 May 17-July 5

Time: 8-week sessions of arranged lesson times

Cost: \$100.00

## special interest

### AARP

(American Association of Retired Persons, Cleveland Heights Chapter 5018)

Cleveland Heights residents age 50+

are welcome to join. Refreshments.

Call 216-691-7377 for information.

Day: Last Thursday of the month

Time: 1:00-3:00pm

Cost: AARP Chapter Dues \$5 paid annually

### Bid Whist

Players meet every week to enjoy cards and good company.

Day: Mondays

Time: 1:00-4:00pm

Cost: Free



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### Blood Pressure Checks

In cooperation with Case Western Reserve University & Walgreens.  
2<sup>nd</sup> Tuesday of the month | 3:00-4:00pm  
3<sup>rd</sup> Thursday of the month | 2:00-3:00pm  
Cost: Free

### Book Discussion Group

Read preselected books (Heights Library) and discuss in a group setting.  
Instructor: CH-UH Library Staff  
Day: 1<sup>st</sup> Thursday of each month (unless otherwise noted)  
Time: 11:00-12:00 Noon  
Cost: Free

### Chess with Leo

Come and learn to play chess or improve your game playing with friends.  
Day: Mondays  
Time: 11:00am-1:00pm  
Cost: Free

### Computer Center & Tutors

Open for practice when the Center is open. Free. Tutors are available to help on the following days:  
Wednesdays: 11:00am-12:00 Noon  
Thursdays: 2:00-3:00pm  
Fridays: 12:00 Noon-1:00pm

### Genealogy Group

Meet with other genealogy enthusiasts.  
Instructor: Jean Hoffman  
Day: 2<sup>nd</sup> Wednesday  
Time: 2:00-4:00pm  
Cost: Free

### Mah Jong

Come play Mah Jong with this ongoing group.  
Day: Tuesdays  
Time: 1:00-3:00pm  
Cost: Free

### Matinee Movie

Each week enjoy a current movie on our big screen. Call 216-691-7377 for the feature of the week.  
Day: Fridays  
Time: 1:00pm  
Cost: Free

### Meet, Greet & Eat

Lunch with friends at an area restaurant every other month. Call 216-691-7377.  
Day: Thursdays  
Dates: April 12, June 14, August 9  
Time: 11:30am  
Cost: Your own individual lunch  
Registration required

### Newcomers Orientation

Passes to the SAC are free and may be obtained with a photo ID and a piece of mail showing your address. For more information call 216-691-7377.  
Day: Thursdays  
Time: 10:30am  
Cost: Free

### Parkinson's Support Group

Group is for Parkinson's patients and their families Call 216-691-7377.  
Instructor: David Brandt  
Day: 1<sup>st</sup> Wednesday of the month  
Time: 2:00pm  
Cost: Free

### Party Bridge

Play bridge twice a week.  
Days: Tuesdays & Fridays  
Time: 12:45-3:45pm  
Cost: Free

### Pinochle

Meet for a game of Bridge or Pinochle each week. Open to all participants.  
Day: Fridays  
Time: 12:45-3:45pm  
Cost: Free

# Fairmount Massage

[www.fairmountmassagecleveland.net](http://www.fairmountmassagecleveland.net)

2460 Fairmount Boulevard, Suite 180,  
Cleveland Heights Ohio 44106  
Phone – 216-371-3940

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To schedule please call (216) 371-3940

### Potluck

Please bring an entree, salad or dessert for 8 or more to share.

Day: 1<sup>st</sup> Thursday of each month  
Time: 12:00 Noon  
Cost: Free if you bring a dish to share, \$5.00 if you don't

### Quilting

Learn the basics of quilting. Materials supplied by instructor but bring fabric scissors and a mechanical pencil if you have them.

Instructor: Martha Young  
Day: 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> Thursdays  
Time: 2:00-3:00pm  
Cost: Free but registration required

### Relaxation & Meditation

Let go of stress and learn to relax by participating in this meditation group.

Instructor: Christine Valadon  
Day: Fridays  
Time: 10:00-11:00am  
Cost: Free

### Rummikub

Players meet to enjoy the game.

Day: Tuesdays  
Time: 2:00-4:00pm  
Cost: Free

### Scrabble Club

Meet to play for competitive scrabble each week. Bring a scrabble board if you have one.

Day: Fridays  
Time: 1:00-3:00pm  
Cost: Free

### Stitch Together

Needle workers of all interests meet together to work on individual projects.

Day: Fridays  
Time: 1:30-4:30pm  
Cost: Free

## sports

### Pickle Ball

A combination of tennis, badminton and table tennis.

Days: Tuesdays & Thursdays  
Dates: October-April  
(indoor at the Community Center)  
May-September  
(outdoor at Denison Park)  
Time: 9:00am-12:00 Noon  
Cost: \$3.00 drop-in fee or \$25.00 for ten sessions

### Table Tennis

For recreation and fun. Open to all levels of play. Bring your own paddle and ball.

Days: Mondays & Fridays  
Time: 12:00 Noon-2:00pm (Mon)  
10:00am-12:00 Noon (Fri)  
Cost: Free

### USTA Group Tennis Lessons

Ages: 60+  
Instructor: Staff  
Level: Beginner  
Days: Tuesdays & Thursdays  
Dates: June 5-July 12  
Time: 9:00-10:00am  
Location: Cain Park Tennis Courts  
Cost: \$35.00 CH RES  
\$45.00 NON RES

### Racquettes

For experienced women players focusing on doubles action. Round Robin planned.

Days: Tuesdays & Thursdays  
Dates: Beginning June 5  
Time: 9:00am  
Location: Cain Park Tennis Courts  
Cost: \$25.00 CH RES  
\$30.00 NON RES

### Private Lessons

Call 216-691-7373 for information.

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## INSIDE:

City News  
At Your Service  
Dates to Remember  
Recreation Class Schedule  
Fitness Center

### CLEVELAND HEIGHTS CITY COUNCIL

Carol Roe, Mayor  
Melissa Yasinow, Vice Mayor  
Mary Dunbar  
Kahlil Seren  
Jason S. Stein  
Cheryl L. Stephens  
Michael Ungar  
Tanisha R. Briley, City Manager

### COUNCIL MEETINGS

Cleveland Heights City Council usually meets on the first and third Mondays of each month in City Hall Council Chambers, 40 Severance Circle. For the latest information on Council and other City meetings, visit [www.clevelandheights.com](http://www.clevelandheights.com).

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